



**A Bibliography
on
ALCOHOL
PROBLEMS**

by

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Quarterly Journal of Studies on Alcohol

*A Selected Annotated English-Language
Reference List*

ESPECIALLY FOR PHYSICIANS

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FOREWORD

This bibliography of selected references on alcohol problems is published by the Pennsylvania Department of Health, Commonwealth of Pennsylvania to provide members of the medical profession, especially the general practitioner, with sources of information on various facets of alcoholism. The listings are extensive, however, not all encompassing.

The Department of Health is grateful to Mark Keller, Managing Editor, and Vera Efron, Assistant Editor, Quarterly Journal of Studies on Alcohol for their permission to publish this bibliography which they so carefully compiled.



Berwyn F. Mattison, M.D.
Secretary of Health

INTRODUCTORY NOTE

Mark Keller and Vera Efron

The scientific literature on alcohol problems of just the present century contains over 25,000 titles. The Abstract Archive of the Alcohol Literature, maintained at the Yale Center of Alcohol Studies, includes over 5,000 titles. About 400 are added each year. With these resources, the preparation of a special bibliography is not a problem of finding references but rather of screening and selecting.

The present bibliography was designed to be useful in a practical sense to the busy American physician. The following principles were therefore adopted: (a) organization within a few main categories; (b) limitation to works in English likely to be found in many medical libraries; (c) preference for recent comprehensive reviews. Yet enough titles have been incorporated to enable the reader to find a source of information on almost any aspect of alcohol problems. This includes not only the direct medical problems of alcoholism, its concomitant diseases, and their treatment, but also the relevant social and legal aspects. The comprehensiveness of the topics evidences that the physician in our culture is not only a practitioner of the healing arts but a scientific investigator, an expert witness and a public educator.

The annotations are intended to help the reader select pertinent literature, not to outline the contents of the works listed. They have therefore been kept to a minimum. The several section headings themselves will serve as primary topical guides; and under these, in many instances the titles alone are entirely adequate. For example, under the heading "Psychological Effects" no explanation is required on the contents of an article titled "The interrelationship of sex and alcohol."

The arrangement of titles within each topical section is essentially by convenient organization of subject matter. The titles are numbered to allow cross reference in the annotations. Each reference is identified by an arabic numeral hyphenated to a roman numeral; the roman numerals refer to the topical section, the arabic ones to the individual title within that section. To avoid excessive cross reference and annotation, some titles have been repeated under different topical headings.

This bibliography itself is evidence of the extent to which alcohol problems touch on all fields of human concern, hence the nonexistence of any one book which would "cover the field." On the other hand, the large number of existing books and articles imposes the difficult task of eliminating many excellent works from a bibliography which seeks to be as small as possible, consistent with its defined scope. Many titles were considered that had to be omitted by hair-line choice. Thus it must be emphasized that inclusion here is not necessarily a badge of merit; and that a number of superior works were excluded only because they were deemed less probably accessible than those

selected in their place.

The category "For Patients and Their Families," because it includes popular rather than professional and technical works, calls for special comment. "Why don't you read a book?" is not bibliotherapy, any more than "Why don't you pick up a hobby?" is psychotherapy. The judgment of the bibliographer cannot be substituted for the psychological insight of the therapist as to what sort of reading will benefit a patient or his relatives. Thus the list "For Patients..." is intended only to suggest to the physician some of the reading matter which might be worth while investigating before he considers prescribing it.

January 19, 1955

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