



ALUMNI NEWS

OF THE SUMMER SCHOOL OF ALCOHOL STUDIES
RUTGERS UNIVERSITY, THE STATE UNIVERSITY OF NEW JERSEY, NEW BRUNSWICK, NEW JERSEY

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Committee Plans Center's Future

The pioneering role of the Center in the field of alcohol problems is being examined in new perspective. In order to determine the proper and feasible university role for the future, Rutgers president Edward J. Bloustein has established a committee and given it the charge of ascertaining what the Center should be doing during the next ten years. The work of the committee is of the greatest importance, recognizing the massive expansion of training, information, and treatment in the field. Never before has a problem area pioneered by a university program become the object of such federal concern.

The committee, chaired by Dr. Henry Winkler, Senior Vice-President for Academic Affairs, Rutgers University, includes Dr. Henry David of the National Academy of Sciences; George Dimas, Executive Director of the National Council on Alcoholism; Kenneth Eaton, Deputy Director of NIAAA; David Archibald of the Ontario Alcoholism and Drug Addiction Research Foundation; R. Brinkley Smithers, President of the Christopher D. Smithers Foundation; Augustus Hewlett, Executive Director of the Alcohol and Drug Problems Association of North America; I. Robert Kriendler, a Rutgers trustee and president of Club "21"; and from Rutgers, Dr. Selden Bacon, Dr. John A. Carpenter, Dr. David Pramer,

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PEER GROUP WORKSHOPS HELD ON WEEKENDS

An RCAS training team, led by Ronald Lester, is currently conducting weekend workshops on alcohol use and misuse for New York City high school students. The workshops are one phase of training for students involved in the Peer Group Leadership Program, directed by Earl Jung, which is now operating in seventeen New York City high schools.

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NEW SUMMER SCHOOL DIRECTOR APPOINTED

Ronald L. Lester, M.A., M.P.H., has been appointed Executive Director of the Summer School of Alcohol Studies. Ron Lester '63 assumed his new post in September 1973 after serving as Assistant Director for the '73 School. He will be responsible for planning and administering the Summer School and will continue



Ronald Lester

to serve on the project staff of the Alcoholism Personnel Training Program (NIAAA) for which he was the Training Director for three years.

In addition to Ron's experience as a teacher and counselor, his background includes positions as program director of a county alcoholism program in Ohio, executive director of a psychiatric outpatient clinic for alcoholics in New York City, and executive producer of a continuing education program for public health workers in the southeastern states. Ron is a native of West Virginia and received his master's degrees from Marshall University and Columbia University.

New Jersey Project Progresses

The New Jersey Project of the Center is well into its first year of implementation. Funded by the Alcohol Control Program of the New Jersey Department of Health (William J. Chamberlain '71, Director), the project includes several studies.

The first project undertaken was a study of the alcohol problem-related activities of state governmental agencies and of methods of interdepartment communication and collaboration. The study involved interviews with forty executives representing twenty-six government units.

The second study, being conducted under contract with the Alcohol and Drug Problems Association of North American (ADPA), is an assessment of antipoverty alcoholism programs in New Jersey. The Center staff assisted the survey team recruited by ADPA. A preliminary report based on the team's findings has been drafted.

Other activities of the New Jersey Project that are in progress include: the development of a uniform reporting system for agencies serving alcoholics in New Jersey; evaluation of state-supported programs; the development of licensing standards for alcoholism treatment facilities; and the provision of planning and evaluation assistance for training and education activities of the state program.

The core staff of the Center's New Jersey Project include Jay Cross '63, Gwen Besson, Carolyn Mieding '67, Dr. Gail Milgram, and Dr. Robert J. Pandina.

1974 SSAS DATES SET

The 1974 Summer School dates will be June 23 to July 12; and the total fee for tuition, room, and meals (except week-end meals) will be \$475.00. Alumni may receive the 1974 brochure by writing to the School.

ALUMNI NEWS

of the Summer School of Alcohol Studies

Rutgers University, New Brunswick, N.J. 08903

CENTER OF ALCOHOL STUDIES

Director: Selden D. Bacon

SUMMER SCHOOL OF ALCOHOL STUDIES

Executive Director Ronald L. Lester*Assistant Director* L. J. Boudreaux, Jr.*University Coordinator* Jack Faron*Summer School Secretary* Anne M. Schack

ALUMNI OFFICERS

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86 Mitchell Avenue, Piscataway, New Jersey
Wayne W. Womer '43, *Recording Secretary*
512 Seneca Road, Richmond, Virginia
Ralph W. Daniel '52, *Member-at-large*
2530 East Cinnebar Avenue, Phoenix, Arizona

EDUCATION MATERIAL
ANNOTATED

The Documentation Division of the Center of Alcohol Studies has completed an Annotated Bibliography of (Printed) Alcohol Education Material (publication date: Spring 1974). The 884 items included in the bibliography were collected by Dr. Gail Milgram, assisted by graduate students and in consultation with the Rutgers Graduate School of Education.

To be published by the Center in book form, each annotation contains standard bibliographic reference notes, an audience guide, and the major subject content. The summary section of about 300 words also includes an evaluation statement. Research on the bibliography was supported by a grant from NIMH-NIAAA with Mark Keller as principal investigator.

**"MINI" SSAS
HELD IN VERMONT**

Six Center staff members traveled to Rutland, Vermont, last September for a four-day conference on alcohol problems. Billed as "Rutgers in Vermont," the meeting was co-sponsored by Vermont Alcohol Councils and the State of Vermont Alcohol and Drug Abuse Division (ADAD).

Some 100 Vermonters attended the session, which included general lectures, workshops, and special interest groups. William Butynski, Director of ADAD, presented certificates to participants at the close of the conference. Center staff members who participated in the conference were Dr. Selden Bacon, Jim Boudreaux, Jay Cross, Dr. Leon Greenberg, Ronald Lester, and Polly Williams. Donald McGee '73, Director of Serenity House, Wallingford, Vermont, served as chairman of the conference.

Leon Greenberg's
Retirement Announced

The Center of Alcohol Studies has announced the retirement of Dr. Leon A. Greenberg as director of laboratory research. Doctor Greenberg was the man in the Center with the most seniority. After taking his Ph.D. in physiology at Yale, he joined the staff of the Laboratory of Applied Physiology there as first assistant to its director, Dr. Howard W. Haggard. In the early 1930s, he participated with Haggard in the famous experiments on the metabolism and effects of alcohol that laid the ghost of many old myths. He next invented the Alcometer, the first portable automatic laboratory that could determine the alcohol content of blood by means of a breath test. He came with the Center to Rutgers in 1962. Summer School alumni have heard him since the first year of the School—1943—and few will have forgotten the way of Professor Greenberg with Rat No. 1 through Rat No. 4. He keeps a space at the Center and is writing a book while he continues as Professor Emeritus of Physiology.

PEER GROUP WORKSHOP

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The Peer Group Program was established to enable high-school students to exercise leadership and peer pressure in order to prevent the abuse of addictive substances and to cope with related school and social problems. Teenagers comprise a core group in their school to develop a student generated educational program and peer assistance service available to the entire student body. The Peer Group members are trained in leadership, communication and organizational skills,

COMMITTEE *(continued from page 1)*

and Mr. John Cooney. Dr. James Watson, Professor of Political Science and former Rutgers vice-president, is Project Director.

Several important issues, as suggested by President Bloustein, are being examined by the committee. The scope of Center activities is to be carefully considered as to whether the Center should continue to deal exclusively with problems related to alcohol, or should be expanded to include other drugs. Current programs and future policy in research, education and training, information, documentation, publication, and the library need review. The committee is studying the Center's responsibility for providing these services for both professional and public groups. The careful study of a potential treatment clinic for research and training purposes is also being done. The committee is also examining relationships that should exist with all official, professional, and community groups, both domestic and international.

The internal structure of the Center will be scrutinized, and plans outlined for effective University-wide collaboration and support for work in the field. Finally, an effort will be made to suggest feasible answers for financial stability.

group dynamics, and techniques to develop helping relationships in order to aid them to reach out to their peers.

To date, ten workshops have been conducted, with a total of over 900 students and school personnel participating. The workshops are held at Goodard-Riverside Camp, a year-round facility near Rifton, New York. Training team members include: T. J. Anderson '73, Nick Armenti, Ann Baxter '73, Jim Boudreaux '72, Bruce Carruth, and Polly Williams '72.

Awards Given

The Alumni Association's three "Named Fellowships" to attend the 1973 School were awarded as follows: the *Ralph M. Henderson Fellowship* to Mrs. Mary F. Stoker, Alcohol Therapist and Nurse Coordinator, Kalamazoo Alcoholism and Addiction Council, Borgess Hospital, Kalamazoo, Michigan; the *E. M. Jellinek Fellowship* to Oliver B. Perry, Assistant Director, Baton Rouge Area Council on Alcoholism and Drug Abuse; and the *Raymond G. McCarthy Fellowship* to Mrs. Jane L. Homes, Program Coordinator, RAJA, Inc. (Alcoholism Recovery Homes), Concord, California.

Alumni scholarships were also awarded to: Sister Mary Jo Fox, Alcoholism Counselor, Manteno State Hospital, Manteno, Illinois; Mrs. Daniel C. McDonnell, Counselor, Livengrin Foundation, Havertown, Pennsylvania; Mrs. Grace Straw Robinson, Graduate Student (Community Health Education), Hunter College, New York; Raymond H. Seiler, Alcoholism Counselor, Mississippi River Mental Health Center, Independence, Wisconsin; Mrs. Evelyn Schee Zimmerman, Counselor Trainee, Connecticut Valley Hospital, Middletown, Connecticut.

The Association's current Scholarship Committee is composed of Donald E. Kribbs '69, Mrs. Gladys L. Augustus '65, and Damon R. Elder '70.

Other fellowships

While the Summer School has no scholarship fund of its own, it does administer the *James S. Kemper Foundation Fellowships* for "teachers of nursing in the United States and Canada," and the *Christopher D. Smithers Foundation Fellowships* for "attorneys and law students." Additionally, the *A. E. Bennett Foundation* offers several fellowships for physicians through the American Medical Society on Alcoholism.

Center Publications

T. G. Coffey

Managing Editor, *Quarterly Journal of Studies on Alcohol*

In the Spring of 1974 the Center will publish four new books in its Monograph series. Monograph No. 7 is *Problem Drinking among American Men*, by Don Cahalan and Robin Room. Based on two national surveys, this is a description of the drinking patterns of men aged 21 to 59, the problems they experience as a result of drinking, and the childhood and adult characteristics of the problem drinkers. No. 8, *Problem Drinkers Seeking Treatment*, is a report by Eileen M. Corrigan of what happened to over 300 problem drinkers who telephoned an alcoholism information bureau for help—the first systematic investigation of the effectiveness of an information bureau and of the treatment agencies to which the problem drinkers were referred. No. 9, *Drinking, Community and Civilization*, by Harold Fallding and Carol Miles, is an account of an interview study conducted in two New Jersey communities. Four types of drinking are formulated, from the most beneficial to the dysfunctional, and the incidence and consequences of the types of drinking are explored. No. 10, *The African Beer Gardens of Bulawayo; Integrated Drinking in a Segregated Society*, by Harry F. Wolcott, is a description (with illustrations) of a unique institution, the beer gardens provided by white municipal governments in Rhodesia for the Africans. The prices of the monographs are as follows: No. 7, \$12.50; No. 8, \$6.00; No. 9, \$6.00; No. 10, \$12.50.

Major changes planned for journal

For the past two years we have been planning and designing a major change in the *Quarterly Journal of Studies on Alcohol*. Beginning with the March 1974 issue, Part B of the *Journal* will be produced by computer—the bibliographies, abstracts, and indexes are prepared by the documentation staff at the Center, put on tape, and then a computer in Massachusetts produces the pages which are printed by our printers in New Haven. At the end of a year, all the information contained in Part B of the *Journal* will be stored in a computer for subsequent retrieval.

Since we can expect that the literature to be documented and the number of articles submitted for publication will continue to increase, we are planning another major change in 1975: the *Journal* will become a monthly periodical, with alternate issues containing (1) original articles and (2) abstracts, bibliography, and indexes. An annual subscription to the *Journal* is still \$20 (for both Parts A and B, over 1500 pages of essential information), but we shall have to raise this when we become a monthly (a two-year subscription is now \$36).

For over ten years the Manager of Publications was Mrs. Rhoda B. Jackson, an alumna of the 1959 Summer School, and for several years the Secretary Treasurer of the Alumni Association. In June 1973 Rhoda retired, and her job has been taken over by Mrs. Jeanne Taylor, who is now the person to write to if you want a subscription to the *Journal*, or if it does not arrive, or to order our books, pamphlets or reprints.

Milton Maxwell Retires as Director

Milton A. "Milt" Maxwell, Ph.D., Executive Director of the SSAS since 1965, retired from that position following the 1973 session. An alumnus of the Class of '50, Milt joined the faculty of the Yale School in 1958, a position he held for three summers. He was also on the Rutgers faculty for the '63 and '64 sessions before becoming Executive Director in 1965, succeeding the late Raymond G. McCarthy.

His long association with the SSAS is

continuing. He will be instructing a new course in 1974, titled "Understanding and Working with A.A." In addition, a research grant from NIAAA makes it possible for him to concentrate on a study of Alcoholics Anonymous, the purpose of which is to up-date, primarily for the professional community, the perceptions of A.A., providing a description and analysis of A.A. dynamics, particularly as seen in the local groups and in the individual participation patterns.

When you move

Please remember to send your new address to the Summer School of Alcohol Studies, Rutgers University, New Brunswick, New Jersey 08903

DECEASED 1973-1974

Milton J. Aitken '47, *Burlington, Ontario*
Rev. Robert B. Alexander '46, *Wellsville, Kansas*
Edward Anderson '49, *New Market, Alabama*
Evelyn L. Archer '47, *Austin, Texas*
Stewart E. Armstrong '51, *Brantford, Ontario*
Henry Franklin Barnes '66, *Bel Air, Maryland*
Dr. Ben J. Baumle '57, *Milwaukee, Wisconsin*
Nettie Bulland '44, *Canyonville, Oregon*
Herbert P. Carstens '50, *Altadena, California*
Dr. Maas V. Darling '68, *Tappan, New York*
Sanford A. Farrand '68, *New Market, Maryland*
John T. Galla '56, *Shelton, Connecticut*
Judge Ray Harrison '45, *Des Moines, Iowa*
George S. Knight '57, *Westbrook, Maine*
Jeremiah B. Krick '62, *Corning, New York*

Floyd O. P. Major '57, *Tiffin, Ohio*
Henry L. Mauer '72, *Grosse Pointe Park, Michigan*
Dr. Edward McDonald '49, *Atlanta, Georgia*
John Earl McKelvey '67, *Louisville, Kentucky*
Mary A. McNally '57, *Savannah, Georgia*
Rev. H. Richard Rasmusson '46, *Port Charlotte, Florida*
Harold E. Samuelson '59, *Grand Rapids, Michigan*
Richard J. Schmoeyer '48, *Swampscott, Massachusetts*
Stephen A. Seymour '53, *Huntington Park, California*
Fred D. L. Squires '44, *Evanston, Illinois*
Thomas R. Symington '46, *New York, New York*
Richard W. Tobias '65, *Los Angeles, California*
Halley J. Trevillion '54, *Ellisville, Mississippi*
Judge G. Randell Whitmeyer '57, *Shreveport, Louisiana*
Betty C. Williams '60, *Laguna Beach, Florida*

New Courses Offered

Two new courses will be offered for the 1974 SSAS. One of these courses is concerned with Alcoholics Anonymous, while the second explores alcohol use and related problems among older persons.

Dr. Milton Maxwell is the instructor for the course titled "Understanding and Working with Alcoholics Anonymous," a comprehensive view of A.A. as it functions today.

The second new course, "The Older Person and Alcohol Use," will be instructed by Erma Polly Williams '72, and will cover alcohol use and related problems as they appear among older persons.

LABORATORY RESEARCH CONTINUES

Studies in the development of an animal model of alcoholism are being conducted at the Center. If animals could be made to be alcoholic, laboratory studies would provide an opportunity to try various "cures" under controlled conditions.

The difficulties in developing an animal model of alcoholism are many. Several studies now underway are aimed at developing such a model. One such study is concerned with the relationship of genetic, prenatal, and postnatal factors to alcohol preference and aversion in rats, while another is looking into the effects of alcohol intoxication among different strains of animals, rather than their preference for alcohol. A number of physiological studies related to physical dependence are also underway. Dr. David Lester, Carrie Randall '73, and Harold

Friedman are conducting the various studies.

Other laboratory work continues in the biochemistry of alcohol dehydrogenases (ADH), the liver enzymes that provide the first step in the breakdown of alcohol. Several different ADH enzymes have been found in human liver. Studies are being conducted to see if addicted individuals have a different complex of these enzymes as compared to nonaddicted people. It is hoped that such differences, if they exist, might in some way be therapeutically useful or possibly yield a clue to the prevention of alcoholism. The ADH study, along with several other studies of alcohol metabolism of a basic biochemical nature now under way, is being conducted by Dr. Regina Pietruszko, Casimir Ryzewski, and John Hempil.

SUMMER SCHOOL OF ALCOHOL STUDIES

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