



ALUMNI NEWS 88

The Center of Alcohol Studies

May 1988

Rutgers, The State University of New Jersey, New Brunswick, New Jersey



Photo from The Star Ledger

SSAS students from the Soviet Union in 1987: from the left, Konstantin Voronin, M.D., Ekaterina Menshikova, Ph.D., Andrey Vrublevsky, M.D., and Alexey Kampov-Polevoy, M.D.

FIRST SOVIETS STUDY AT SSAS

In the first of a series of exchange study groups, four Soviet doctors attended the 1987 Summer School of Alcohol Studies. Drs. Konstantin Voronin, Ekaterina Menshikova, Andrey Vrublevsky and Alexey Kampov-Polevoy are associates of the All-Union Research Center for Medico-Biological Problems of Narcology, which is administered by the Ministry of Public Health. (Narcology is a medical subspecialty in alcoholism, for which psychiatrists and general practitioners study for an additional year following their medical training — treatment of alcoholism in the Soviet Union is mostly in the domain of physicians.)

All the doctors were enthusiastic about how much they learned during the program, and one said he would wish to have a similar school in the Soviet Union. The doctors' attendance at SSAS was underwritten by the Christopher D. Smithers Foundation, well-known for its support of education and research in the alcohol field.

The Ministry of Public Health of the U.S.S.R. is planning to send eight narcologists to the 1988 Summer School, from Moscow, Leningrad and Kiev and other major cities.

1988 SSAS PROGRAMS

Advanced School: June 5–June 10, 1988

SSAS: June 19–July 8, 1988

New Jersey School: July 24–July 29, 1988

The offerings of the **Advanced Summer School of Alcohol and Drugs** are described on page 2. The cost of \$425.00 includes tuition, room and meals. Rutgers University has granted 3.5 Continuing Education Units, equivalent to 35 hours toward certification or recertification in most states.

1988 will be the 46th annual session of the **Summer School of Alcohol Studies**. Fifty courses are offered this year. Rutgers University grants 10 Continuing Education Units for the program, or 100 contact hours for certification/recertification in most states. The cost for tuition, room and meals is \$1,275.00.

The **New Jersey Summer School of Alcohol and Drug Studies** is offering 52 courses this year. The program is approved for 3.5 Continuing Education Units or 35 contact hours toward certification/recertification in most states. The cost for this one-week school is \$425.00, which includes tuition, room and meals.

Catalogs for the Schools are available from the Education and Training Division office, (201) 932-2190.

ALUMNI DUES

Please remember to send in your Alumni dues.

The 1988 Alumni Association Scholarships depend on your support.

1987 NUMBERS

A total of 482 students attended SSAS in 1987, from 39 states and Puerto Rico and 10 foreign countries. Seven Canadian provinces were represented, as well as Bermuda, the Netherland Antilles, West Germany, the Soviet Union, England, Ireland, Japan, Israel and South Africa.

Thirty-seven states, Puerto Rico, the U.S. Virgin Islands and four countries (Canada, Brazil, Bermuda and England) were represented at the New Jersey Summer School of Alcohol and Drug Studies. Five hundred sixty-five students attended the one-week school.



Geraldine O. Delaney (center), recipient of the 1987 SSAS Distinguished Service Award. With Mrs. Delaney are Dr. Peter E. Nathan, Director of the Center of Alcohol Studies, who presented the award, and Dr. Gail G. Milgram, Executive Director of the Summer School of Alcohol Studies.

GERALDINE DELANEY RECEIVES 1987 SSAS AWARD

The 1987 Distinguished Service Award of the Rutgers Summer School of Alcohol Studies was presented to Geraldine O. Delaney at the School's closing banquet. Dr. Peter E. Nathan, Director of the Center of Alcohol Studies, presented the award to Mrs. Delaney in recognition of her significant contribution to and leadership in the alcohol field. Mrs. Delaney is trustee and chief executive officer of the Little Hill Foundation, which operates Little Hill-Alina Lodge, a long-term rehabilitation facility in Blairstown, N.J. Among the special programs Mrs. Delaney has initiated are: "Acceptance of the Poly-Addicted Patient," and programs for parents of alcoholics, couples, families, and young alcoholics.

Mrs. Delaney attended Knox College, the University of Illinois and Columbia University. An alumnus of the Summer School of Alcohol Studies, she later returned as lecturer and also has served on the SSAS Scholarship Committee. She is a member of the New Jersey State Advisory Council on Alcohol Problems, and has served on the advisory board of the U.S. Alcohol, Drug Abuse and Mental Health Administration. She is a member of the Board of Trustees of the New Jersey Welfare Council, the National Association of Half-Way Houses, and the Center for Addictive Illnesses.

Among her many awards, Mrs. Delaney has received the Honorary Degree of Doctor of Humane Letters from Seton Hall University.



IN MEMORIAM

MILTON MAXWELL
1907-1988

Milton Maxwell, executive director of the Rutgers Summer School of Alcohol Studies from 1965 to 1974, devoted his professional life to the alcohol studies field. His doctoral research at the University of Texas focused on the social factors in Alcoholics Anonymous (1947-49). Over the years, Dr. Maxwell conducted research into the nature of alcoholism, studying hospitalized alcoholics, Skid Row alcoholics and alcoholism in diverse groups of employees, in addition to his special interest in the dynamics of recovery in Alcoholics Anonymous. Among his many publications is an analytical history of "The Washingtonian Movement," a nineteenth-century rehabilitation movement similar to the contemporary Alcoholics Anonymous.

Dr. Maxwell was professor of sociology at the University of Washington, Pullman, and served on the state's advisory committee for alcoholism programs for 12 years. In 1960 he became director of programming for the Alcoholism Foundation of Alberta, Canada.

Dr. Maxwell first joined the faculty of the Summer School of Alcohol Studies (then at Yale University) in 1957. He became a professor of sociology at Rutgers University in 1965 when he joined the Center of Alcohol Studies as the executive director of the

Summer School of Alcohol Studies. At both the graduate and undergraduate levels, Dr. Maxwell taught courses on alcoholism, group dynamics, and on personality, culture and social change. (He was coauthor of an introductory text in sociology which went through at least six editions.) Upon his retirement in 1975, Dr. Maxwell was appointed professor emeritus by Rutgers University. A research grant from NIAAA enabled Dr. Maxwell to continue his study of Alcoholics Anonymous. *The AA Experience*, published by McGraw Hill in 1984, is a description and analysis of AA operations and the dynamics of local group life for the professional community.

Milton Maxwell received the Rutgers Summer School of Alcohol Studies' Outstanding Achievement Award in 1985.

(Reprinted from the *Journal of Studies on Alcohol* 50: 3, 1989.)

David Cook, C.S.W.

David Benton Cook, 43, passed away September 1988. He had been an instructor at the Summer School of Alcohol Studies since 1983. Mr. Cook received his Masters in Social Work from Rutgers University and a Certificate in Psychoanalysis and Psychotherapy from the Institute for Contemporary Psychotherapy. He maintained an analytic psychotherapy practice in New York City and was a therapist at the Institute for Contemporary Psychotherapy. He also served as a supervisor at the Institute for Human Identity and at the Postgraduate Center for Mental Health Alcoholism Treatment Program. He was an active member of the National Association of Social Workers and the New York City Chapter's Alcoholism Committee. Mr. Cook was co-editor of *Social Work Treatment of Alcohol Problems*, published in 1984 by the Center of Alcohol Studies, and authored a number of scholarly articles on alcoholism treatment issues.



RUSSIAN SCIENTISTS
ATTENDED 1988 NJSSADS

Among those who attended the New Jersey Summer School on Alcohol and Drug Studies in 1988 were seven scientists from the Soviet Union. The delegation of specialists in the research and treatment of alcoholism was headed by Valentina D. Moskalenko, M.D., Chief of the Division of Genetics at the All-Union Scientific Center of Medico-Biological Problems of Addiction, USSR Ministry of Public Health, Moscow. Other members of the delegation were: Aleksander Ya. Grinenko, M.D., Chief of the Leningrad Regional Department of Public Health; Mikhail Zharikov, Assistant, Chair of Psychiatry at the Central Refresher Institute, Moscow; Nazim J. Hasan-Zade, M.D., Chair of Psychiatry, Azerbaijan State Doctors Postdiploma Training Institute, Baku; Aleksandr A. Glasov, M.D., Deputy Chief of the Department of Narcology of the USSR Ministry of Health, Moscow; Konstantin Bogdanov, Scientific Collaborator, Institute of Psychiatry, Tbilisi; and Aleksandr V. Kotov, M.D., Ph.D., Chief, Laboratory of Motivation, P.K. Anokhin Institute of Normal Physiology, USSR Academy of Medical Sciences.

Scholarship support from the Christopher D. Smithers Foundation has enabled these distinguished scientists to attend the schools.

"We have had the rare privilege to expand our knowledge of alcoholism," said Dr. Moskalenko, "the days at Rutgers University are really unforgettable for us and extraordinarily useful to our work."

Education and Training Division
Center of Alcohol Studies
Rutgers, The State University of New Jersey
New Brunswick, New Jersey 08903

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- Please send next year's catalog (1990):
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 - _____ New Jersey School of Alcohol and Drug Studies
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 - _____ Center of Alcohol Studies' Publications Catalog

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J&J INITIATES SCHOOL NURSE PROGRAM

As part of the Live for Life® wellness program, Johnson & Johnson inaugurated a Fellowship Program for School Nurses at the 1988 NJSSADS. In 1989, selected school districts sent two school nurses (responsible for grade 7 and up) to NJSSADS, and the respective school principal also attended for one day and an evening. In addition to attending the school, the nurses worked together in special course sessions to concentrate on specific issues relating to their school and professional responsibilities.

SOVIET PHYSICIANS ATTENDED SSAS

As part of an on-going educational program, seven distinguished Russian physicians and scientists participated in the 1989 Summer School of Alcohol Studies: Georgi Roudenko, M.D., Chief of the Department of Psychiatry at the Central Medical Refresher Institute, Moscow; Yuri Zaitzev, M.D., Senior Researcher at the Laboratory of Molecular Biology, Institute of Experimental Medicine of the Academy of Medical Sciences, Leningrad; Aleksandr Lomachenkov, M.D., Scientific Secretary of the Leninrad Scientific Research Psychoneurological Institute; Lazar Mizrahki, M.D., Chief, Laboratory of Molecular Mechanisms of Drug Addiction and Alcoholism at the Scientific Research Institute of Psychiatry, Georgia; Sergei Pirozhkov, Ph.D., Senior Researcher, Laboratory of Biochemistry, All-Union Research Center on Medico-Biological Problems of Narcology, Moscow; Lamara Kelesheva, Ph.D., Chief of the Division of Theoretical Basis of Alcohol Motivation, Scientific Research Institute of Normal Physiology, Academy of Medical Sciences, Moscow; and Sergei Dvoryak, M.D., Assistant Professor, Department of Narcology, Odessa Medical Institute.

Scholarship support for the doctors and scientists was provided by the Christopher D. Smithers Foundation.

Live for Life® School Nurses Fellowship Summer 1989

A fellowship from Johnson & Johnson excitement at Rutgers. Friends we never knew we had — bonding, sharing, learning, fun.

Always on the run. Classes, lectures, dining hall — we had a ball, and I think we all would agree time well spent, knowledge gained, ideas to bring home, you see!

Teachers, coordinators, facilitators — caring, sharing of their great wealth of knowledge. They let us know by their words and deeds In doing so they met our needs, showed us a goal, sent us on our way. With tears, and cheers we left...but we brought with us memories...people, places, walks, talks...ideas...that we, too, might be aware of the starfish along the way, and as school nurses reach out. And so we say... Thanks with love

Merryl Garley, R.N., B.S.N.
Albuquerque, New Mexico



FACULTY MEMBER WRITES PAMPHLET

Ceola Loan, NJSSADS faculty member, is author, with Bettina M. Scott and Sandie Johnson, of the latest addition to the Center of Alcohol Studies Pamphlet Series. "Alcoholism Treatment Issues Affecting African-American Youth" discusses some of the special problems facing African-American teenagers in the inner cities of America, and the treatment and aftercare issues which must be considered in effective programming for this population.

Ms. Loan teaches the course, "Alcohol and Other Drug Counseling: A Cultural Perspective" at the New Jersey School and she will be teaching also at the Advanced School in 1990. The pamphlet can be ordered from the Center of Alcohol Studies Publications Division.

NEW DIRECTOR SOUGHT FOR THE CENTER OF ALCOHOL STUDIES

Rutgers, The State University of New Jersey, invites applications and nominations for the position of Director of the Center of Alcohol Studies in New Brunswick, New Jersey. The Director provides scientific and educational leadership to the Center, which is a major research, clinical and educational unit within the University.

Applicants must have a doctorate, an outstanding scholarly record, a demonstrated capacity for leadership, administrative experience, and a readiness to work cooperatively with a distinguished faculty.

PAMPHLET ON THE FAMILY

Joan K. Jackson, Ph.D., has written a special introduction to her classic report "The Adjustment of the Family to the Crisis of Alcoholism" for the Center of Alcohol Studies Pamphlet Series. This thoughtful essay reviews the important research on family treatment of alcoholism since her initial study, which is still being reprinted in basic textbooks on family therapy and by Al-Anon.

"The Adjustment of the Family to the Crisis of Alcoholism: A Reprint with a New Introduction by the Author" is available from the Center of Alcohol Studies Publications Division.

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