

ALUMNI NEWS

Summer School of Alcohol Studies
Advanced School of Alcohol and Drug Studies
New Jersey Summer School of Alcohol and Drug Studies

February 1993

Center of Alcohol Studies, Rutgers, The State University of New Jersey



Robert J. Pandina, Ph.D., Adele Smithers and Francis L. Lawrence, Ph.D., at the dedication of Brinkley and Adele Smithers Hall.

BRINKLEY AND ADELE SMITHERS HALL DEDICATION

On October 13, 1992, Francis L. Lawrence, Ph.D., President of Rutgers, The State University of New Jersey, Robert J. Pandina, Ph.D., Director of the Center of Alcohol Studies and a host of dignitaries joined Adele Smithers to dedicate the Brinkley and Adele Smithers Hall which, in addition to the Christopher D. Smithers Hall, comprises the Center of Alcohol Studies complex.

The vision and generosity of R. Brinkley Smithers enabled the Center of Alcohol Studies to relocate from Yale University to its present home at Rutgers, The State University of New Jersey in 1962. Christopher D. Smithers Hall provides offices, conference space and laboratories for biological and psychological research.

THE BRIDGE BETWEEN THESE TWO BUILDINGS REPRESENTS A PASSAGE INTO THE FUTURE.

Francis L. Lawrence, Ph.D.
President, Rutgers, The State University of New Jersey

Brinkley and Adele Smithers Hall nearly doubles the size of the original Center of Alcohol Studies, and includes expanded office space, laboratory space for the neurosciences, and a new library. Brinkley and Adele Smithers Hall has enabled the consolidation of the Center divisions; the clinical division, *Journal of Alcohol Studies* offices, and the Health and Human Services Development project are housed in the expanded quarters. "Brinkley and Adele Smithers Hall will be celebrated each day by those who call this facility their intellectual home," said Robert J. Pandina at the dedication.

R. Brinkley Smithers was unable to attend the dedication of Brinkley and Adele Smithers Hall, and he was missed; however, his absence permitted Adele Smithers to provide those attending with anecdotes and stories that spoke to Brink's achievements and generosity. Mrs. Smithers also listed some of the many accomplishments and successes of the Center of Alcohol Studies, and commented that the Education and Training Division's three summer schools and training programs have sent forth hundreds of better educated and aware professionals.

ROBERT J. PANDINA DIRECTOR OF CENTER OF ALCOHOL STUDIES

The Board of Regents of Rutgers, The State University of New Jersey has announced the appointment of Robert J. Pandina, Ph.D., as the Director of the Center of Alcohol Studies.

Dr. Pandina joined the Center of Alcohol Studies in 1973 after receiving his Ph.D. in Psychology from the University of Vermont. He is currently Professor of Psychology at the Center and Professor of Clinical Psychology in the Graduate School of Applied and Professional Psychology at the University. He teaches and lectures both in the Summer School of Alcohol Studies and the New Jersey Summer School of Alcohol and Drug Studies and is a member of the Graduate Faculty in Clinical Psychology and Neuroscience.

Dr. Pandina has been the Director of the Health and Human Development Project since 1981, and is conducting a longitudinal study of alcohol and drug-using behavior, its etiology and consequences. Numerous papers and articles have been presented and published on his research in several areas, including: alcohol and drug use etiology and consequences; psychosocial correlates of use; brain mechanisms and drug action; addiction and the treatment process.

A past president of the Society of Psychologists in Addictive Behavior, Dr. Pandina also serves on several advisory and editorial boards. He has been acting director of the Center of Alcohol Studies since 1992.

THE STATE UNIVERSITY OF NEW JERSEY
RUTGERS

1992 SUMMER SCHOOL OF ALCOHOL STUDIES AWARD

In celebration of the 50th year of the Summer School of Alcohol Studies, the School's Distinguished Service Award was presented posthumously to the School's founder, E.M. Jellinek, Sc.D. (1890-1963).

Dr. Jellinek, who devoted twenty-five years to alcohol and alcoholism, was a revolutionary. His research, training, and the ideas he communicated radically changed society's concept of alcoholism, which was reflected in a new focus of emotion, of thinking and of action.

It would be impossible to list all of Dr. Jellinek's contributions to the field of alcoholism. In the early 1940s, with Dr. Haggard, Jellinek founded the Center of Alcohol Studies at Yale University. It was one year prior to his death, in 1962, that the Center relocated to Rutgers, the State University of New Jersey. While at Yale, Dr. Jellinek conducted the first Summer School of Alcohol Studies and was the School's director for the first several years. The *Quarterly Journal of Studies on Alcohol* was begun by Jellinek, again in collaboration with Haggard, to present abstracts and reviews of the latest research in the field; Jellinek was the first editor of the Journal. He also established the first clinics for the treatment of alcoholics. His classic work, "The Disease Concept of Alcoholism," was a major force in revolutionizing the treatment of alcoholism.

Dr. Jellinek was a prolific writer, a thorough researcher, a psychotherapist and a great teacher. He was instrumental in founding the National Council on Alcoholism, the Texas Institute of Alcohol Studies, and the World Health Organization Committee on Alcoholism. Many other institutions and organizations of today owe their beginnings to Dr. Jellinek.

E.M. Jellinek left this world involved in that to which he had dedicated his life. He died at work in his office on October 22, 1963. In 1992, the Summer School of Alcohol Studies celebrated its fiftieth anniversary and in 1990, the *Journal of Studies on Alcohol* celebrated its 50th anniversary.

The SSAS Distinguished Service Award was first presented in 1979 and is awarded to recipients at each Summer School of Alcohol Studies. Previous recipients include Milton Maxwell, R. Brinkley Smithers, Joan Kroc, Daniel J. Anderson, Vernon E. Johnson, Jay Lewis, Loran D. Archer, Honorable Richard J. Hughes, Geraldine O. Delaney, Jeremiah Milbank, Jr., the Reverend David A. Works, Father Joseph C. Martin and Selden D. Bacon.

1993 SUMMER SCHOOLS

Advanced School of Alcohol and Drug Studies June 6 to June 11, 1993

One-week (3.5 CEUs) school offering advanced level courses, updates and reviews of current research for professionals in the alcohol and other drug field.

Summer School of Alcohol Studies June 20, 1993 to July 2, 1993

Two-week program (8.0 CEUs) of courses and seminars for professionals in drug and alcohol fields.

New Jersey Summer School of Alcohol and Drug Studies July 18 to July 23, 1993

Basic knowledge and training courses and advanced level classes for lay and professional persons in fields relating to alcohol and other drugs are offered in a one-week program (3.5 CEUs).

ALUMNI NEWS

Published annually by the Education and Training Division, Center of Alcohol Studies, Smithers Hall, Busch Campus, Rutgers, The State University of New Jersey, New Brunswick, NJ 08903. Telephone (908) 932-4317.

Center of Alcohol Studies Director:
Robert J. Pandina, Ph.D.

Summer School Administration:
Executive Director:

Gail Gleason Milgram, Ed.D.

Associate Director: John Brick, Ph.D.

Administrative Assistant: Linda J. Allen

Alumni News Editor: Terese R. Jones

SELDEN D. BACON, Ph.D. 1909-1992

It is with profound sadness that the death of Selden Bacon is noted. Dr. Bacon was an eminent scholar who was one of the first in the public health field to recognize alcoholism as a treatable illness.

Dr. Bacon served as the Director of the Center of Alcohol Studies from 1950 to 1975, and as the Director of the Summer School of Alcohol Studies from 1950 to 1962. It was under Dr. Bacon's leadership that the Center moved from Yale to Rutgers, The State University of New Jersey, and achieved national prominence for its research, education and training programs and information services. The Summer School of Alcohol Studies Distinguished Service Award was presented to Selden Bacon in 1991 in recognition of his leadership and dedication to the alcohol studies field.

Dr. Bacon retired from the Center of Alcohol Studies in 1975, but continued to publish and advocate for alcohol issues. He participated in the celebration of the Summer School of Alcohol Studies' fiftieth anniversary in 1992. Selden will be sadly missed by his family, friends, colleagues, and the field.

1992 Summer School of Alcohol Studies Alumni Scholarship Recipients

Each year the Alumni Association awards scholarships to individuals to attend the Summer School of Alcohol Studies. The Alumni Association Scholarship Committee was pleased to award scholarships for the 1992 Summer School of Alcohol Studies to the following ten professionals:

Randolph Bleiwas
Substance Abuse Counselor
Pius XII Youth & Family Services
Chester, NY

Barbara Boggia
School Psychologist
Warren, Washington,
Hamilton, Essex BOCES
Hudson Falls, NY

Ann Bowers
Substance Abuse Counselor
Charlotte Council on Alcoholism
Charlotte, NC

Norman Browe
Therapist
Day Treatment Center
Jellema House, Inc.
Grand Rapids, MI

Barbara Goodridge
Program Director for Alcohol/Drug Services
Concord Counseling
Westerville, OH

Laurie Huffman
Clinician
South Central Counseling Center
Anchorage, AK

David Reed
Alcoholism/Drug Addiction Counselor
United Catholic Social Services
Omaha, NE

Marvin Royal
Social Worker
Atlantic Human Resources
Atlantic City, NJ

Michael Tucker
Substance Abuse Counselor
Seventh Street Detox Center
Charlotte, NC

Qiyang Zhou
Psychiatric Social Worker
Roosevelt Hospital
Metuchen, NJ

Please remember that these scholarships are funded by members' dues. Your continued support is appreciated.

SCHOOL NURSES LEARN, NETWORK AT SUMMER SCHOOL

For the past five summers, the Johnson & Johnson Live for Life® School Nurse Fellowship Program has been part of the New Jersey Summer School of Alcohol and Drug Studies. During the week, approximately twenty-five school nurses come together and attend classes, seminars and special meetings designed to increase their knowledge of alcohol and other drugs as it relates to the school environment and adolescents.

Dr. Gail G. Milgram, Director of the Education and Training Division of the Center of Alcohol Studies, and Patricia Q. Sheehan, Manager of Corporate Relations for Johnson & Johnson, co-direct the Johnson & Johnson Live for Life® School Nurse Fellowship Program. In addition to providing didactic information, the program affords the school nurses the opportunity to meet and interact with each other. They are able to discuss their schools, their roles in their schools, and how alcohol and drugs impact them professionally. Carolyn Hadge, M.A., CAC, District Coordinator of Alcohol and Substance Abuse Programs at Toms River (NJ) Schools, instructs the twenty-hour course and coordinates many related activities.

A unique aspect of the Johnson & Johnson Live for Life® School Nurse Fellowship Program is the participation of the administrator from the nurse's school. The principal spends two days at the New Jersey School in a specially designed program which provides information on alcohol and drugs, facilitates discussion of school policies and pro-



Louann Craley and her principal, Michelle Baird, from Colonial Schools in PA, at the joint session.

grams, and motivates the development of a plan for the nurse and administrator to take back to their school.

The Johnson & Johnson graduate fellows, now over 100, are positioned across the U.S.A.; these nurses have begun peer leadership programs, video libraries and teacher trainings. One nurse, Susie Schmidt, travelled from her Ohio school to spend three weeks as part of a twenty-eight member team to the Baltic countries and the former Soviet Union. Theresa Sclafani returned from her Rutgers experience to her Somerville, NJ, high school so motivated she began a before-school breakfast club for a group of high-risk students. Elaine Weber, a Tampa Bay school nurse, uti-

lized the Johnson & Johnson grant to organize H.E.L.P., a peer prevention program. In one year, 119 students contacted H.E.L.P. for a listening ear.

Through a newsletter and regular mailings, the Johnson & Johnson Live for Life® Fellows maintain a close network that enables them to share resources and ideas, help each other problem solve and also motivate each other. These school nurses illustrate the Rutgers experience in action. One person comes to a summer school; friendships are formed and ideas shared. Letters are exchanged and an educational program is developed; the idea may be carried halfway around the world. Each person really can make a difference.

GAIL G. MILGRAM TO WARSAW

At the invitation of the Stefan Batory Foundation, Commission of Education on Alcohol and Drug Addiction, Dr. Gail G. Milgram presented "The Significance of Education in Prevention of Alcohol and Drug Problems" and also participated in a panel discussion at an international symposium in October, 1992. The symposium, Alcoholism at the Workplace, was organized under the auspices of the International Labour Organization and featured speakers renowned worldwide for their expertise in the alcohol and other drug field.

Dear Alumni:

Each year when I am contacted to write a note for the Alumni newsletter, I struggle with wanting to write something that is not only profound but memorable. Having given up on that idea, I return to a theme of "cross-training." For the past two years I have been the coordinator of Sexual Assault Services at Rutgers University where I provide crisis intervention, counseling and educational programs to students, faculty and staff. No matter what aspect of sexual and dating violence we are discussing, or the group I am working with, the issue of alcohol as a factor in sexual and dating violence is addressed. Understanding the impact alcohol has on our clients transcends all professional barriers. It is important that we integrate knowledge about alcohol into curriculum and training for health care providers and mental health workers and that people who are in the alcoholism field expand their information, resources and skills to include eating disorders, sexual assault and domestic violence. Share your expertise and encourage others to integrate their knowledge to ensure that your clients are receiving access to the information they need.

In 1992, the scholarship committee awarded ten scholarships to the Summer School of Alcohol Studies. The recipients came from a broad range of backgrounds, skill areas, expertise and work settings reaffirming our commitment to have a diverse population.

Ruth Anne Koenick, President
Alumni Association of Alcohol Studies

NEW PUBLICATIONS

Society, Culture, and Drinking Patterns Reexamined

David J. Pittman and
Helene Raskin White, eds.
800 pages

The original *Society, Culture, and Drinking Patterns*, edited by David J. Pittman and Charles R. Snyder, was first published in 1962 and acclaimed as the best and most comprehensive sociological collection in the field of alcohol studies. This new edition includes reviews of research and original empirical studies. Also included are reprints of classic chapters from the original book plus other important studies.

This publication provides professionals and students in alcohol studies, social problems, deviance, and other areas of study with a comprehensive examination of alcohol use and alcoholism from a sociological perspective.

Alcohol: The Development of Sociological Perspectives on Use and Abuse

Paul M. Roman, ed.
350 pages

The presence and partial culture integration of alcohol raise a myriad of sociological issues. This collection of sixteen papers written by prominent social scientists was conceived to honor the contributions and record the influence of Selden Bacon. It offers a range of perspectives on sociological studies of alcohol use and alcohol-related problems. Much of the work addresses Bacon's theory, which combines the theories and methods of sociology with the varied phenomena associated with the consumption of alcohol.

If you are interested in ordering the above publications, contact the Center of Alcohol Studies at 908-932-2190 for further information.

ENOCH GORDIS, M.D. BANQUET KEYNOTE

Those attending the 1992 Summer School of Alcohol Studies banquet were privileged to hear Dr. Enoch Gordis, Director of the National Institute on Alcohol Abuse and Alcoholism (NIAAA). Dr. Gordis spoke on "The Promise of Research for Prevention and Treatment of Alcohol Problems."

As NIAAA Director, Dr. Gordis' principal goal is to continue support for activities designed to give maximum visibility to the Institute's role as a leader in alcohol-related research and the integral part of that role in preventing and treating alcohol abuse and alcoholism.

Also attending the fiftieth anniversary banquet were Dr. Selden Bacon and Mark Keller. Dr. Bacon directed the Summer School of Alcohol Studies from 1950 through 1962. Mark Keller is the Editor Emeritus of the *Journal of Studies on Alcohol*.

ALUMNI DUES

Please remember to send
in your Alumni dues.
The 1993 Alumni Association
Scholarships depend on
YOUR SUPPORT.

CHANGES TO THE ALUMNI NEWS

You may notice a different style to this newsletter. The Alumni Association officers and membership wish a fond farewell and the best of luck to Marilyn Z. Carpenter. Marilyn is working on her M.P.H. and we wish her all the best.

We welcome the new editor of the Alumni News, Terese R. Jones. If you wish to contact Terri, please write her care of the Education and Training Division or call 908-932-4317.

ALUMNI ASSOCIATION OFFICERS 1992-1993

President	Ruth Anne Koenick
Immediate-past-President	Emily McNally
Vice President	William J. O'Donnell
Members-at-Large	Jessie Rojas Janet Gleason
Treasurer/Secretary	Gail Gleason Milgram
Recording Secretary	J. George Strachan
Scholarship Committee	Michael Cullinan Joan Chamness Susan Schroeder-Barda

1992 SUMMER SCHOOLS

The 1992 summer schools were, as always, attended by a diverse group of individuals, both professionally and geographically.

The professions represented at the schools included program directors, counselors and student interns. Educators from elementary and secondary schools, including school nurses, colleges and employee assistance programs also attended. Participation by police detectives and community volunteers indicates the growing recognition of the problem of alcoholism and drug abuse by municipalities. The need for updated information in the medical profession was illustrated by the attendance of medical students, physicians and nurses.

Geographically, the participants represented most of the states in the United States and twelve foreign countries. Every branch of the United States military and the Canadian Department of National Defense also sent students. Attending also were employees of several state agencies, numerous private facilities, and schools.

Alumni Association of Alcohol Studies

ALUMNI NEWS

Summer School of Alcohol Studies
Advanced School of Alcohol and Drug Studies
New Jersey Summer School of Alcohol and Drug Studies

Education and Training Division
Center of Alcohol Studies
Rutgers, The State University of New Jersey
New Brunswick, NJ 08903

Non-Profit Org.
U.S. POSTAGE
PAID
New Brunswick, N.J.
Permit No. 157