

YALE UNIVERSITY



*School of Alcohol
Studies*

SUMMER SESSION

1943

THE Laboratory of Applied Physiology of Yale University, long engaged in research on the effects of alcohol, is extending its activities through the creation of a School of Alcohol Studies. This new division will supplement the physiological researches of the Laboratory with those on the legal, social, statistical and educational aspects of the alcohol problems. In order to render the findings of scientific research available for application to the actual problems of alcohol in the community, the School of Alcohol Studies will conduct an annual summer session in alcohol education designed for the needs of those engaged in activities in which thorough knowledge of the facts about alcohol problems will be of particular usefulness. The details of the courses offered and type of students sought are outlined further below.

To maintain the academic freedom which is essential in all University activities, the School has not sought sponsorship of any organization outside of the University. To facilitate the educational program of the summer sessions, however, it has obtained the coöperation of religious and educational bodies. The Federal Council of Churches of Christ in America, through its Commission on Religion and Health, has consented to interpret the School to the churches and religious organizations, and to aid in the selection of students for fellowship grants and in the suggestion of lecturers on subjects related to religion. The National Education Association of the United States has agreed to facilitate the selection of teachers and school administrators to be considered for fellowships.

Since the educational program of the School of Alcohol Studies is intended to cover the alcohol problem in its widest ramifications, rather than concentrate on any specific aspect, an Advisory Board, listed below, consisting of men with interests and experience in a wide variety of questions germane to the study of the alcohol problem, has been formed. Some of the members of the Advisory Board are connected with national organizations, and their names may have been suggested by those bodies, but as members of the Board they represent only their personal viewpoints.

ADVISORY BOARD, SUMMER SESSIONS

- ERNEST H. CHERRINGTON, LL.D., LITT.D.
Executive Secretary, Board of Temperance, Methodist Episcopal Church.
- NEIL A. DAYTON, M.D.
Superintendent, Mansfield State Training School and Hospital, Mansfield, Conn.
- CLEMENTS C. FRY, M.D.
Psychiatrist, Dept. of University Health, Yale University.
- Rev. SEWARD HILTNER
Executive Secretary, Commission on Religion and Health, Federal Council of Churches of Christ in America.
- NORMAN JOLLIFFE, M.D.
Associate Professor of Medicine, New York University College of Medicine.
- LAWRENCE KOLB, M.D.
Assistant Surgeon General, Division of Mental Health, U.S. Public Health Service.
- AUSTIN H. MACCORMICK, Sc.D.
Executive Director, the Osborne Association.
- Rev. OTIS R. RICE
Religious Director, St. Luke's Hospital, New York.

PURPOSE AND SCOPE OF THE SUMMER SESSIONS

The prevention of inebriety through civic activities is seriously hampered by the lack of a sufficiently large number of persons who have a broad and scientific understanding of the problems of alcohol and who could qualify as leaders in their communities. Education of such leaders seems to be essential in preparing the way for the prevention of inebriety. The aim of the School is to give a thorough grounding in all the problems of alcohol—not merely the teaching of the physiologic effects of alcohol. While the latter subject will receive due attention, emphasis will be placed on the social factors which foster inebriety and on the social factors which may be utilized in its prevention. The role which church and religion can assume in the prevention and treatment of inebriety and in shaping the attitudes of society toward the problems of alcohol will be a prominent feature of the courses of study. The curriculum is intended to give to teachers, school administrators, ministers, welfare workers and others who may attend, an understanding of these problems which will qualify them to speak authoritatively in public and to be a source of guidance in their communities. In order that

the alumni shall be kept informed on future developments, and to maintain their continued interest in the subject, the School will publish, from time to time, pamphlets on progress in the knowledge about alcohol problems, as well as current statistical material. These will be supplied to the alumni.

CURRICULUM

The scope of the School is best characterized by the curriculum outlined below. It will be seen that great emphasis is placed on instruction relating to measures of prevention of inebriety.

Eight main courses of study will serve as a framework within which several lecturers will teach on various subdivisions of each course. The summer sessions will include a total of 102 hours of lectures and 62 hours of seminar studies.

I. INTRODUCTORY COURSE

- (a) The basic concepts of the alcohol question.
- (b) Alcohol and culture.
- (c) National attitudes; uses of alcoholic beverages through the ages.
- (d) The drinking mores of social classes.
- (e) The manufacture and nature of alcoholic beverages.

II. PHYSIOLOGICAL ASPECTS

- (a) Metabolism of alcohol. (Laboratory demonstrations.)
- (b) Effect on physiological functions; alcohol as a medicine.
- (c) Psychological functions on the physiological level.
- (d) Alcohol and nutrition.
- (e) Chronic alcoholism.

III. ALCOHOL AND TRAFFIC

- (a) Psychological aspects.
- (b) Determination of alcohol in body tissues and fluids.
- (c) The significance of blood alcohol concentration. (Laboratory demonstrations.)
- (d) Legal aspects.
- (e) Statistical aspects.

IV. PERSONALITY, CONSTITUTION AND ALCOHOL

- (a) Dynamics of personality.
- (b) Personality types; alcoholic mental disorders.
- (c) Treatment of alcohol addiction.
- (d) Alcohol, aggression, suicide and crime.
- (e) The religious make-up of the chronic alcoholic.

(f) Intelligence and education of chronic alcoholics.

(g) The heredity of the inebriate.

(b) The feebleminded drinker.

V. STATISTICS OF THE ALCOHOL PROBLEM

- (a) Vital statistics, their nature and limitations.
- (b) Sources.
- (c) Statistics of consumption, and relation of consumption to control measures.
- (d) Alcoholic mortality and morbidity statistics.
- (e) Statistical evidence of suicide and crime among alcoholics.
- (f) Statistical evidence of effects of alcohol on poverty, family, industry and other aspects of the community.
- (g) Statistics of alcoholic mental diseases.
- (b) Estimates of the incidence of inebriety.

VI. SOCIAL MEASURES IN THE PREVENTION OF INEBRIETY

- (a) History of temperance movements.
- (b) Strategy of the church.
- (c) Education as a measure of prevention.
- (d) Relation of social factors to prevention.
- (e) Alcohol and public opinion.
- (f) The public care of inebriates.

VII. LEGISLATIVE CONTROL OF THE ALCOHOLIC BEVERAGE TRADE

- (a) Federal legislation
 - Revenue measures
 - Prohibition
 - Post-repeal control measures.
- (b) State liquor control
 - State monopoly
 - Licensing systems
 - Other control measures.
- (c) Foreign control legislation.

VIII. RELIGION AND THE PREVENTION AND TREATMENT OF ALCOHOLISM

- (a) Religion and health.
- (b) Alcohol, youth and delinquency.
- (c) The pastoral counseling of alcoholics.
- (d) The minister, the community and the alcohol problem.
- (e) The handling of alcoholics by religious organizations.
- (f) The religious idea in Alcoholics Anonymous.
- (g) Résumé.

SEMINARS

- I. General discussion on all questions which may arise in the courses.
 - II. Preparation of popular talks and literature on alcohol problems.
 - III. Devising of surveys of inebriety.
- The Seminars will be conducted by members of the faculty.

PUBLIC LECTURES

Three lectures open to the public will be given:

- I. Alcoholism as a public health problem. LAWRENCE KOLB, M.D.
- II. Alcoholism as a biological problem. HOWARD W. HAGGARD, M.D.
- III. Penal system versus medical care of alcoholics. AUSTIN H. MACCORMICK, Sc.D.

OTHER ACTIVITIES

A collection of elementary and high school textbooks, containing material dealing with alcohol and its effects, will be available for the use of the students in orienting themselves in what is now being taught in public schools.

Arrangements will be made with the Library of Yale University to set aside, for the use of students at the summer sessions, books and pamphlets relating to alcohol.

The Archives of the Laboratory of Applied Physiology, numbering several thousand abstracts of scientific literature on all aspects of alcohol knowledge, will be available for the use of students at the School.

FACULTY

School of Alcohol Studies

Director: E. M. JELLINEK, Sc.D.

Laboratory of Applied Physiology

Director: HOWARD W. HAGGARD, M.D.

Lecturers:

DWIGHT ANDERSON, LL.B.

Director, Public Relations, Medical Society of the State of New York

ANDRAS ANGYAL, M.D., Ph.D.

Director of Research, Worcester State Hospital, Worcester, Mass.

RALPH S. BANAY, M.D.

Lecturer in Criminal Psychopathology, New York University College of Medicine

NEIL A. DAYTON, M.D.

Superintendent, Mansfield State Training School and Hospital, Mansfield, Conn.

JOHN DOLLARD, Ph.D.

Research Associate (Professor), Social Anthropology, Yale University

EDWARD B. DUNFORD, LL.D.

Attorney at Law, Washington, D.C.

LEON A. GREENBERG, Ph.D.

Assistant Professor, Applied Physiology, Yale University

HOWARD W. HAGGARD, M.D.

Director, Laboratory of Applied Physiology, Yale University

Rev. SEWARD HILTNER

Executive Secretary, Commission on Religion and Health, Federal Council of Churches of Christ in America

DONALD HORTON, Ph.D.

Assistant in Anthropology, Yale University

E. M. JELLINEK, Sc.D.

Associate Professor, Applied Physiology, Yale University

NORMAN JOLLIFFE, M.D.

Associate Professor of Medicine, New York University College of Medicine

NOLAN D. C. LEWIS, M.D.

Professor of Psychiatry, College of Physicians and Surgeons, Columbia University

FORREST E. LINDER, Ph.D.

Assistant Chief Statistician, U.S. Bureau of the Census

GIORGIO LOLLI, M.D.

Research Assistant, Applied Physiology, Yale University

Rev. FRANCIS MCPEEK

Executive Director, Dept. of Social Welfare, Federation of Churches, Washington, D.C.

BENJAMIN MALZBERG, Ph.D.

Statistician, Dept. of Mental Health, State of New York

Rev. OTIS RICE

Religious Director, St. Luke's Hospital, New York

ANNE ROE, Ph.D.

Secretary, Psychological Section, New York Academy of Sciences

HARRY M. TIEBOUT, M.D.

Physician-in-Charge, Blythewood Sanitarium

WILLIAM WILSON

Director, Alcoholics Anonymous

REGISTRATION AND SESSIONS

Registration will be held on July 6 and 7, 1943. Sessions will begin July 8 and continue through August 16. Classes and laboratory demonstrations will be held at the Yale Divinity School and at the Laboratory of Applied Physiology, 4 Hillhouse Avenue, New Haven.

ADMISSIONS, TUITION AND FELLOWSHIPS

The courses are contemplated largely for school teachers and administrators, ministers and religious workers of all denominations, welfare workers, probation officers, and others engaged in activities in which a knowledge of the problems of alcohol would be of advantage.

All persons in the above broad categories will be considered as qualified. Others seeking admission will be required to have a college education or equivalent experience. Applications for admission will be passed upon by a committee of the faculty.

The tuition for the full course is \$100. Registration fee of \$10 is additional. Students for part courses will not be accepted.

Fellowships

A number of fellowships are available, covering the full tuition and registration fees, an additional sum of \$120 for maintenance during the 6 weeks of summer sessions, and traveling expenses from the fellow's city of residence anywhere in the United States to New Haven and return. Due to the variation in traveling expenses the exact amount of the fellowships will vary. In addition, a number of tuition fellowships will be granted, covering the tuition and registration fees only.

The fellowships are intended for school teachers and administrators, ministers and religious workers, welfare workers, etc. Applications for fellowships will be referred to the School by nominations through the cooperating organizations. Ministers and religious workers should apply for fellowships through the Commission on Religion and Health, Federal Council of Churches of Christ in America; school teachers and administrators, through the National Education Association; and other professional workers through their professional organizations or by writing directly to the School.

CERTIFICATION

The School will issue a certificate of attendance upon completion of the course in the summer session.

CORRESPONDENCE

All communications relating to the School should be addressed to:

E. M. JELLINEK, *Director*
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Yale University
New Haven, Connecticut