

YALE UNIVERSITY



*Summer School of  
Alcohol Studies*

1945 SESSION

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**T**HE School of Alcohol Studies of the Laboratory of Applied Physiology, Yale University, announces the third summer session, to be held from July 10 through August 3, 1945.

The object of the summer sessions is to make the findings of scientific research available for application to the problems of alcohol in the community. The educational program of lectures and seminars is designed for the needs of persons engaged in professions or activities in which a thorough knowledge of the facts about alcohol problems will be of particular usefulness. Details of the courses offered and type of students sought are outlined further below.

The summer session is under the sole sponsorship of the Laboratory of Applied Physiology. The cooperation of certain national educational and religious bodies has been obtained, however, in order to facilitate the administration of the program and to have the aims of the School interpreted to the memberships of those organizations. The Federal Council of Churches of Christ in America, through its Commission on Religion and Health, has extended its cooperation by consenting to interpret the School to the churches and religious organizations, by aiding in the selection of students for fellowship grants, and by suggesting lecturers on subjects related to religion. The National Education Association of the United States has likewise extended its cooperation by facilitating the selection of teachers and school administrators to be considered for fellowship grants.

#### PURPOSE AND SCOPE OF THE SUMMER SESSION

The prevention of inebriety through civic activities has been seriously hampered in the past by the lack of a sufficiently large number of persons who have a broad and scientific understanding of the problems of alcohol and who could qualify as leaders in their communities. Education of such leaders is believed to be essential in preparing the way for the prevention of inebriety. The aim of the School is to furnish a thorough grounding in all the problems of alcohol—not merely the teaching of the physiological effects of alcohol—to students of

the type indicated. While the subject of physiologic effects receives due attention, emphasis is placed on the social factors which foster inebriety and on the social factors which may be utilized in its prevention. The role that church and religion can assume in the prevention and treatment of inebriety and in shaping the attitudes of society toward the problems of alcohol is a prominent feature of the courses of study. The curriculum is designed to give to teachers, school administrators, clergymen, welfare workers, public officials, writers and others who attend the sessions, an understanding of these problems which will qualify them to speak authoritatively in public and to be a source of guidance in their communities.

The experience gained in the first two summer sessions has been utilized in formulating the program of the 1945 session, and a number of topics which hitherto could not receive adequate attention will receive coverage in the revised curriculum. The 37 lectures comprising the course may be grouped under seven headings: *I*, General introduction; *II*, The effects of alcohol on the individual; *III*, Mainsprings of the use of alcoholic beverages and of inebriety; *IV*, Factors in the prevention of inebriety as presented by sociological analysis; *V*, The effects of alcohol on society; *VI*, Measures of control applied in the past; *VII*, The treatment of alcoholism.

The scope of the School is best characterized by the curriculum outlined below.

#### REGISTRATION AND SESSIONS

Registration will be held on July 10 and 11, 1945, from 9 A.M. to 12 M. and from 1 to 5 P.M. An introductory reception will be held in the evening of July 11. Sessions will begin Thursday morning, July 12, and will conclude on Tuesday, August 7.

#### LECTURES

##### *Thursday, July 12*

- 9 A.M. Aims, methods and contents of a scientific course on problems of alcohol. *Jellinek.*
- 2 P.M. Organization of seminars. *McPeck.*

##### *Friday, July 13*

- 8 A.M. The fate of alcohol in the body and the nutritional involvements. *Haggard.*
- 10:15 A.M. The chemical determination of alcohol in the body and its relation to traffic accidents. *Greenberg.*
- 2 P.M. Seminars.

##### *Monday, July 16*

- 8 A.M. The acute effects of alcohol on the organs and functions of the body. *Haggard.*
- 10:15 A.M. The acute effects of alcohol on the central nervous system. *Jellinek.*
- 2 P.M. Seminars.

##### *Tuesday, July 17*

- 8 A.M. The bodily and mental disorders of chronic alcoholism. *Lolli.*
- 10:15 A.M. Physiological theories of alcoholism. *Haggard.*
- 2 P.M. Seminars.

##### *Wednesday, July 18*

- 8 A.M. Personality and alcohol. *Jellinek.*
- 10:15 A.M. Drinker types. *Jellinek.*
- 2 P.M. Seminars.

##### *Thursday, July 19*

- 8 A.M. The relation of frustration, aggression and anxiety to inebriety. *Angyal.*
- 10:15 A.M. The role of heredity and environment in inebriety. *Roe.*
- 2 P.M. Seminars.

##### *Friday, July 20*

- 8 A.M. Case histories. (Panel.) *Presented by the Staff of the Yale Plan Clinics.*
- 10:15 A.M. Alcohol in primitive societies. *Horton.*
- 2 P.M. Seminars.

##### *Monday, July 23*

- 8 A.M. Alcohol in Graeco-Roman society. *Lecturer to be announced.*
- 10:15 A.M. Modification of the alcohol problem in modern society. *Bacon.*
- 2 P.M. Seminars.

*Tuesday, July 24*

- 8 A.M. Economic, technical and political factors in the alcohol problem. *Jellinek*.  
10:15 A.M. Drinking as a folkway. *Bacon*.  
2 P.M. Seminars.

*Wednesday, July 25*

- 8 A.M. Relation between drinking and food habits. *Joffe*.  
10:15 A.M. The occurrence of alcoholic mental disorders. *Maltzberg*.  
2 P.M. Seminars

*Thursday, July 26*

- 8 A.M. Death from alcoholism. *Jellinek*.  
10:15 A.M. Cultural differences in the rate of alcoholism. *Bales*.  
2 P.M. Seminars.

*Friday, July 27*

- 8 A.M. The role of alcoholism in crime. *Bacon*.  
10:15 A.M. The alcohol problem: A synthesis of lectures to date. *Jellinek*.  
2 P.M. Seminars.

*Monday, July 30*

- 8 A.M. Inebriety and the family. *Lecturer to be announced*.  
10:15 A.M. Economic loss ascribable to inebriety. *Landis*.  
2 P.M. Seminars.

*Tuesday, July 31*

- 8 A.M. Control by government. I: Prohibition. *Dunford*.  
10:15 A.M. Control by government. II: Restrictive measures. *Baird*.  
2 P.M. Seminars.

*Wednesday, August 1*

- 8 A.M. Temperance movements as a control measure. *Warner*.  
10:15 A.M. Control of drinking by the church. *Bainton*.  
2 P.M. Seminars.

*Thursday, August 2*

- 8 A.M. Education as a control measure. *Anderson*.  
10:15 A.M. Public care of alcoholics. *Lecturer to be announced*.  
2 P.M. Seminars.

*Friday, August 3*

- 8 A.M. Penal handling of alcoholics. *MacCormick*.  
10:15 A.M. Psychotherapy of alcoholism. *Fleming*.  
2 P.M. Seminars.

*Monday, August 6*

- 8 A.M. The conditioned-reflex treatment of alcoholism. *Lecturer to be announced*.  
10:15 A.M. The Yale Plan Clinics. (Panel.)  
2 P.M. Seminars.

*Tuesday, August 7*

- 8 A.M. The pastoral counseling of alcoholics. *Rice*.  
10:15 A.M. Alcoholics Anonymous. *Wilson*.  
2 P.M. Summation by the Director.  
Distribution of certificates.

SEMINARS

With a few exceptions, lectures will be given in the forenoon, and afternoons will be reserved for seminars. Seminars will be devoted to the following subjects:

1. Mobilization of community resources for the handling of the problems of alcohol.
2. The alcohol problem and the church.
3. Legal control of alcoholism.
4. Alcohol education.
5. Therapy of alcoholism.

While several seminars may be held simultaneously, the schedules will be arranged as far as possible so that each student will be able to participate in every seminar in which he is interested.

ADMINISTRATION

*Summer Course of Alcohol Studies*

E. M. JELLINEK, Sc.D., Director  
REV. FRANCIS W. McPEEK, Assistant Director

LECTURERS

- DWIGHT ANDERSON, LL.B.  
Director, Public Relations, Medical Society of the State of New York.
- ANDRAS ANGYAL, M.D., Ph.D.  
Research Associate (Associate Professor), Section on Alcohol Studies, Laboratory of Applied Physiology, Yale University.
- SELDEN D. BACON, Ph.D.  
Assistant Professor of Sociology, Yale University.
- REV. ROLAND H. BAINTON, Ph.D.  
Professor of Ecclesiastical History, Yale University.
- EDWARD G. BAIRD, Jur.Sc.D.  
Research Associate (Associate Professor), Section on Alcohol Studies, Laboratory of Applied Physiology, Yale University. (Lit)

**ROBERT FREED BALES, Ph.D.**  
Assistant Sociologist, Section on Alcohol Studies,  
Laboratory of Applied Physiology, Yale University.

**MARJORIE DEVEREUX, M.S.**  
Psychiatric Social Worker, Yale Plan Clinics.

**EDWARD B. DUNFORD, LL.D.**  
Attorney at Law, Washington, D.C.

**ROBERT FLEMING, M.D.**  
Instructor in Psychiatry, Harvard University Medi-  
cal School.

**LEON A. GREENBERG, Ph.D.**  
Assistant Professor, Applied Physiology, Yale Uni-  
versity.

**HOWARD W. HAGGARD, M.D.**  
Director, Laboratory of Applied Physiology, Yale  
University.

**DONALD HORTON, Ph.D.**  
Anthropologist.

**E. M. JELLINEK, Sc.D.**  
Research Associate (Professor), Applied Physiology,  
Yale University.

**NATALIE JOFFEE, Ph.D.**  
Anthropologist.

**BENSON Y. LANDIS, Ph.D.**  
Lecturer in Economics, Section on Alcohol Studies,  
Laboratory of Applied Physiology, Yale University;  
Associate Secretary, Dept. of Research and Edu-  
cation, Federal Council of Churches.

**GIORGIO LOLLI, M.D.**  
Assistant Professor, Applied Physiology, Yale Uni-  
versity.

**RAYMOND G. McCARTHY, M.A., M.Ed.**  
Field Investigator, Yale Plan Clinics.

**AUSTIN H. MACCORMICK, ScD., LL.D.**  
Executive Director, the Osborne Association.

**REV. FRANCIS W. McPEEK**  
Executive Director, Dept. of Social Welfare, Federa-  
tion of Churches, Washington, D.C.

**BENJAMIN MALZBERG, Ph.D.**  
Director, Statistical Bureau, New York State  
Department of Mental Hygiene.

**MRS. MARTY MANN**  
Executive Director, National Committee for Edu-  
cation on Alcoholism.

**REV. OTIS R. RICE, Ph.D.**  
Religious Director, St. Luke's Hospital, New York.

**ANNE ROE, Ph.D.**  
Research Assistant (Assistant Professor), Section  
on Alcohol Studies, Laboratory of Applied Physi-  
ology, Yale University.

**HARRY S. WARNER, Ph.B.**  
Editor, the *International Student*.

**WILLIAM G. WILSON**  
Director, Alcoholics Anonymous.

#### ADMISSION AND TUITION

The courses are designed largely for school teachers and administrators, clergymen and religious workers of all denominations, welfare workers, probation officers, and others engaged in activities in which a knowledge of the problems of alcohol would be of advantage. Candidates in the above broad categories will be considered as qualified for admission. All others desiring to enroll will be required to have a college education or equivalent experience.

Clergymen and denominational workers should address applications for admission to the Commission on Religion and Health, Federal Council of Churches, 297 Fourth Avenue, New York 10, N.Y. All others should address their applications to The Executive Secretary, Summer Sessions, School of Alcohol Studies, Yale University, 4 Hillhouse Avenue, New Haven, Conn.

Applications for admission to the 1945 summer session must be submitted by April 1, 1945. All applications will be passed upon by a committee of the faculty.

The tuition for the full course is \$100. Registration fee of \$10 is additional. Students for part courses will not be accepted.

#### ROOMS AND BOARD

Accepted students will be assigned to rooms in official dormitories. The room fee is \$5 per week. Students who desire to live outside must make their own arrangements; the School administration cannot assist in locating quarters outside of the University.

Arrangements are being made to provide students with 3 meals a day at a University dining hall, at a cost of approximately \$12 per week.

#### FELLOWSHIPS AND SCHOLARSHIPS

Two types of fellowship and one type of scholarship are available and will be awarded to qualified applicants on the basis of merit and need. Members of the teaching profession and school administrators who wish to apply for a fellowship or scholarship should write to the National Education Association, 1201 Sixteenth Street, N.W., Washington, D.C. Clergymen and religious workers should apply for a fellowship or scholarship through the Commis-

sion on Religion and Health, Federal Council of Churches, 297 Fourth Avenue, New York 10, N.Y. Members of other professions, welfare workers, public officials and all others who desire to apply for a fellowship or scholarship should write to the Executive Secretary of the School of Alcohol Studies. Candidates are advised that it is not necessary to solicit letters of recommendation.

*Full fellowships* will include a grant sufficient to cover the following: Maintenance at the University for the duration of the summer session (room and board); tuition and registration fees; and traveling expense from the fellow's city of residence to New Haven and return.

*Maintenance fellowships* will include a grant sufficient to cover the following: Maintenance at the University for the duration of the summer session (room and board); and tuition and registration fees. Maintenance fellows will pay their own traveling expenses.

*Tuition scholarships* will consist of a grant of the tuition fee (\$100) only; i.e., recipients of this type of scholarship will not be charged the tuition fee but they will pay the registration fee and their own traveling and maintenance expenses.

The School is desirous of extending the educational opportunity of the summer session to as many qualified candidates as possible. If the organization that sponsors a candidate, or an individual applicant, can afford to pay part of the expense, they are urged to apply only for the tuition scholarship in order to make possible the extension of aid from the funds available for fellowships and scholarships to a greater number of candidates.

#### CERTIFICATION

Yale University issues a certificate of attendance upon completion of the course in the summer session of the School of Alcohol Studies.

#### CORRESPONDENCE

All communications to the School, including applications not made through one of the cooperating organizations, should be addressed to:

The Executive Secretary  
School of Alcohol Studies, Yale University  
4 Hillhouse Avenue, New Haven, Conn.