

YALE UNIVERSITY



*Summer School of  
Alcohol Studies*

1946 SESSION

## INDEX

*Please read carefully and avoid unnecessary correspondence*

	PAGE
Address of School	12
Summer office	10
Administration	11
Admission:	
Application	7-8
Notification of	8
Qualifications for	7
Applications:	
Admission	7-8
Closing date	8
Scholarship	9-10
Books	13
Car pools	9
Certification	11
Cooperating organizations	3
Correspondence	12
Costs:	
Meals	9
Registration	8
Room	8
Tuition	8
Curriculum	5-7
Dates:	
Closing, for applications	8
Final session	11
First session	10
Notification of admission	8
Registration	10
Dormitories	8-9
Faculty	11-12
Lectures, list	5-7
Lecturers	11-12
Literature	13
Living quarters	8-9
Meals	9
Notification of admission	8
Publications	13
Purpose and scope	3-4
Qualifications for admission	7
Reception, introductory	10
Registration, place, time	10
Room and Board	8-9
Scholarships	9-10
Seminars	7
Sessions: place, hours, dates	10-11
Travel facilitation	9
Tuition	8

## LABORATORY OF APPLIED PHYSIOLOGY

Director: HOWARD W. HAGGARD, M.D.

### SECTION ON ALCOHOL STUDIES

Director: E. M. JELLINEK, Sc.D.

THE School of Alcohol Studies of the Laboratory of Applied Physiology, Yale University, announces the fourth summer session, to be held from July 7 through August 2, 1946.

The object of the summer sessions is to make the most recent findings of scientific research available for application to the problems of alcohol in the community. The educational program of lectures and seminars is designed for the needs of men and women engaged in professions or activities in which a thorough knowledge of the facts about alcohol problems will be of particular usefulness. Details of the courses offered and the type of students sought are outlined further below.

The summer sessions are under the sole sponsorship of the Laboratory of Applied Physiology. The cooperation of certain national educational and religious bodies has been obtained, however, in order to facilitate the administration of the program and to have the aims of the School interpreted to the memberships of those organizations. The Federal Council of Churches of Christ in America, through its Commission on Religion and Health, has extended its cooperation by consenting to interpret the School to the churches and religious organizations, by aiding in the selection of students for scholarship grants, and by suggesting lecturers on subjects related to religion. The National Education Association of the United States has likewise extended its cooperation by facilitating the selection of teachers and school administrators to be considered for scholarship grants.

#### PURPOSE AND SCOPE

The prevention of inebriety through civic activities has been seriously hampered in the past by the lack of a sufficiently large number of persons who have a broad and scientific understanding of the problems of alcohol and who could qualify as leaders in their communities. Education of such leaders is believed to be essential in preparing the way for the pre-

vention of inebriety. The aim of the School is to provide a thorough grounding in all the problems of alcohol—not merely the teaching of the physiological effects of alcohol—to students of the type indicated. While the subject of physiological effects receives due attention, emphasis is placed on the social factors which foster inebriety and on the social factors which may be utilized in its prevention. The role that church and religion can assume in the prevention and treatment of inebriety and in shaping the attitudes of society toward the problems of alcohol is a prominent feature of the course of study. The curriculum should give to teachers, school administrators, clergymen, welfare workers, public officials, writers and others who attend the sessions a broad understanding of these problems such as will qualify them to work effectively and be a source of guidance in their communities. The aim of the School thus is to communicate authoritative scientific information to those whose daily activities bring them into closer contact with the general public than the scientist achieves and who are qualified to process the knowledge which scientists impart to them for the purpose of general consumption.

Experience gained in the first three summer sessions has been utilized in formulating the program of the 1946 session. A number of topics which hitherto could not receive adequate attention will receive coverage in the revised curriculum. The present curriculum includes 62 lectures, 23 more than in 1945. In general the curriculum is designed to show the complexities of the problem, to give a broad picture rather than to enlarge on any specific aspect. In order to meet specific interests to a greater degree, however, the lecture course is supplemented by special seminars in which technical questions are dealt with in detail.

The 62 lectures comprising the course of the 1946 summer session may be grouped into seven headings as follows:

- I. Introductory lectures.
- II. The effects of alcohol on the individual.
- III. The use of alcoholic beverages through the ages and society's informal controls of inebriety.

IV. Psychological factors in alcoholism.

V. The magnitude of the problem of inebriety.

VI. Formal controls of inebriety.

VII. The treatment of alcoholism.

The full scope of the School is best characterized by the curriculum outlined below.

## CURRICULUM

### I. INTRODUCTORY LECTURES

1. Purpose, scope and methods of the course.\*  
*Fellinek.*
2. The variety of viewpoints on alcohol problems.  
*Fellinek.*
3. The Yale researches and their purposes. (Panel.)  
*Bacon; Baird; Fellinek.*

### II. EFFECTS OF ALCOHOL ON THE INDIVIDUAL

4. What happens to alcohol in the body. *Haggard.*
5. Alcohol concentration in the blood and its relation to traffic accidents. (With demonstration of Alcoholometer.) *Greenberg.*
6. Physiological experimentation and its interpretation. *Haggard.*
7. The acute effects of small and medium amounts of alcohol on the body. *Haggard.*
8. The effects of small and medium amounts of alcohol on the central nervous system. *Fellinek.*
9. The chronic effects of inebriety. *Lolli.*

### III. USE OF ALCOHOLIC BEVERAGES THROUGH THE AGES AND SOCIETY'S INFORMAL CONTROLS OF INEBRIETY

10. The social-science approach to human problems.  
*Bacon.*
11. The religious symbolism of wine. *Goodenough.*
12. The functions of alcoholic beverages in primitive societies. *Bales.*
13. Wine in ancient Greek and Roman society. *Fellinek.*
14. Development of drinking customs from the middle ages to the end of the sixteenth century. *Fellinek.*
15. The functions of alcoholic beverages in modern society. *Bacon.*
16. A survey of drinking customs in a contemporary community. *Bacon.*
17. Cultural differences in the use of alcoholic beverages. *Bales.*
18. The unwritten social controls of drinking. *Bacon.*

\*This introductory and orientation lecture will be given on Monday evening July 8, at 7:15 P.M. A time-schedule showing the day and hour of each lecture will be furnished to each student at Registration.

#### IV. PSYCHOLOGICAL FACTORS IN ALCOHOLISM

19. How the individual learns. *Doob.*
20. Social factors in the learning process. *Bacon.*
21. Learned responses and alcohol. (*Motion picture.*)
22. Personality theories and the study of personality. *Jellinek.*
23. Frustration, aggression, guilt and anxiety. *Hansfman.*
24. The personality development of the alcoholic. *Powdermaker.*
25. The family and the alcoholic. *Bacon.*
26. Drinker types. *Jellinek.*
27. Behavior in acute intoxication. *Haggard.*
28. Phases in the conduct of alcoholics. *Lecturer to be announced.*
29. Case histories from the Yale Plan Clinics. *McCarthy.*
30. Alcoholic mental disorders. *Powdermaker.*
31. Alcohol and creative work. *Roe.*

#### V. THE MAGNITUDE OF THE PROBLEM OF INEBRIETY

32. The consumption of alcoholic beverages. *Jellinek.*
33. Death from alcoholism and hospitalization for alcoholic mental disorders. *Jellinek.*
34. Alcohol and longevity. *Fertig.*
35. Alcohol and crime. *Bacon.*
36. Economic repercussions of inebriety. *Landis.*

#### VI. FORMAL CONTROLS OF INEBRIETY

37. The church and ethical controls. *Bainton.*
38. History of the temperance movement. *McPeck.*
39. Aspects of alcohol education. *Jellinek.*
40. Critique of temperance education in public schools. *Mongan.*
41. Goals and techniques in alcohol education. *Byler.*
42. Adult education. *Lecturer to be announced.*
43. Historical review of legal controls. *Baird.*
44. Prohibition. *Dunford.*
45. Present-day American control systems. *Baird.*
46. Intoxication and criminal responsibility. *Baird.*
47. The function of the liquor control commission. *Lecturer to be announced.*
48. Control by taxation. *Dunford.*
49. The standpoint of the liquor industry. *Moorbead.*
50. Advertising—the problem and its control. *Lecturer to be announced.*
51. Systems of public care. *Bacon.*
52. The role of research in the control of inebriety. *Jellinek.*

#### VII. THE TREATMENT OF ALCOHOLISM

53. Guidance clinics, *Staff of the Yale Plan Clinics.*
54. Medical aspects of the treatment of alcoholism. *Lolli.*

55. The psychotherapy of alcoholism. (a) The psychiatric penetration of the individual problem. *Tiebout.*
56. The psychotherapy of alcoholism. (b) The re-education of the alcoholic. *McCarthy.*
57. The pastoral counseling of the alcoholic. *Rice.*
58. Prognostic criteria of therapy. *Tiebout.*
59. How to talk to an alcoholic. (Demonstration.) *Staff of the Yale Plan Clinics.*
60. Working with the family of the alcoholic. (Demonstration.) *Staff of the Yale Plan Clinics.*
61. Mobilizing community resources for the rehabilitation of alcoholics. *Bacon.*
62. Alcoholics Anonymous. *W. W. . . (One of the founders.)*

#### SEMINARS

In addition to the lectures there will be five seminars for the discussion of practical details which are of interest only to particular groups of the student body. The scheduled subjects are:

- I. Law seminar.
- II. Ministers' seminar.
- III. Seminar on therapy.
- IV. Seminar on community resources.
- V. Seminar on education.

The seminars will be under the chairmanship of members of the faculty.

Seminar sessions will begin in the third week of the course. Each of the five seminars will have five 2-hour evening sessions. Assignment of students to seminars will be made during the second week of the course.

The official seminars may be supplemented by group discussions organized by the students.

#### ADMISSION

*Qualifications.* School teachers and administrators, clergymen and denominational workers, welfare workers, probation officers, and others engaged professionally in activities in which a knowledge of the problems of alcohol would be of advantage will be considered as qualified for admission. All others desiring to enroll will be required to have a college education or equivalent experience.

*Application for General Admission.* Application for general admission must be made on the official application form.

All candidates *except* clergymen and denominational workers should write for an application blank to:

Executive Secretary  
Summer School of Alcohol Studies  
Yale University  
4 Hillhouse Avenue, New Haven, Conn.

Clergymen and religious workers of all denominations should write for an application blank to:

Commission on Religion and Health  
Federal Council of Churches  
297 Fourth Avenue, New York 10, N.Y.

*Applications for Scholarships.* Candidates for admission who wish to apply for a scholarship grant should read the instructions under the heading *Scholarships* on page 9.

*Closing Date for Applications.* All applications for admission to the 1946 summer session or for scholarships must be submitted by April 15, 1946. It is desirable to submit applications as early as possible.

*Letters of Recommendation.* Letters of recommendation are not necessary. The Committee on Admissions bases its decisions on the merits of the candidate's statements and does not consider letters of recommendation whether for admission or for scholarship grants.

*Notification of Admission.* All applications will be reviewed by a Committee of the faculty during the last two weeks of April. Notification of the Committee's decision will be sent to each candidate during the first week in May. *Assurance of admission cannot be given before that time.*

#### TUITION

The tuition for the full course is \$100. Registration fee of \$10 is additional. Students for part courses will not be accepted. The full tuition and registration fee is payable at Registration.

#### ROOM AND BOARD

*Rooms.* Accepted students will be housed in official dormitories. The room fee is \$5 per week. Blankets, bed linens, pillows and towels are furnished by the University. The room fee for the four weeks of the summer session is payable at Registration.

8

Unless a student advises the Executive Secretary of his or her intention to live outside the University, a room will be reserved. Room assignments are made at Registration.

Students who desire to live outside must make their own arrangements; the School administration cannot assist in locating quarters outside the University, nor can arrangements be made to accommodate married couples in the same dormitory.

*Meals.* Arrangements are being made to provide the students with three meals daily at a University dining hall at a cost of approximately \$12 per week.

#### FACILITATION OF TRAVEL

To help students reduce their transportation expenses, the Executive Secretary of the summer session will furnish to accepted candidates the names and addresses of other accepted students who reside in the same vicinity. This will facilitate arrangements for car pools among students. Such information will be sent automatically soon after candidates are advised of their admission to the School. The formation of car pools is the responsibility of the students themselves; the School administration cannot undertake more than to furnish the names and addresses of nearby fellow students, and will not enter into correspondence on details of such arrangements.

#### SCHOLARSHIPS

A limited number of scholarships is available and will be awarded to qualified applicants on the basis of merit and need. The scholarships are of two classes:

1. *Maintenance Scholarship* covers the tuition of \$100, registration fee of \$10, and a maximum of \$70 for room and board during the four weeks at the University.

2. *Tuition Scholarship* consists of a grant of the tuition fee (\$100) only; i.e., recipients of this type of scholarship will not be charged the tuition fee but they will pay the registration fee (\$10) and their own maintenance expenses. (For estimate of maintenance expenses see *Room and Board*, pp. 8-9.)

*Application for Scholarship.* The two classes of scholarships are awarded by the Summer

9

School of Alcohol Studies. Applications for scholarships, however, should be addressed in accordance with the following instructions:

a. Members of the teaching profession and school administrators should write to the National Education Association, 1201 Sixteenth St., N.W., Washington, D.C.

b. Clergymen and religious workers of all denominations should write to the Commission on Religion and Health, Federal Council of Churches, 297 Fourth Ave., New York 10, N.Y.

c. Members of other professions, welfare workers, public officials, and all others who wish to apply for a scholarship should write to the Executive Secretary, Summer School of Alcohol Studies, Yale University, 4 Hillhouse Ave., New Haven, Conn.

The School is desirous of extending the educational opportunity of the summer session to as many qualified candidates as possible. If the organization that sponsors a candidate, or an individual applicant, can afford to pay part of the expense, they are urged to apply only for the tuition scholarship in order to make possible the extension of aid from the funds available for scholarships to a greater number of candidates.

#### REGISTRATION AND SESSIONS

*When to Register.* Registration will be held on Sunday July 7 and Monday July 8, 1946, from 9 A.M. to 12 M. and from 1 to 5 P.M. Tuition, registration and room fees are payable at Registration.

*Place of Registration and Sessions.* Registration will be held in the *summer office* of the School at Sterling Divinity Quadrangle, Yale University, 409 Prospect Street, New Haven, Conn. Lectures will be held in Sterling Divinity Auditorium.

*Time of Lectures.* The first lecture, an orientation lecture, will be given on Monday evening, July 8, at 7:15 P.M. This will be followed by an introductory reception at 8:30 P.M. Beginning on Tuesday morning July 9 there will be two lectures daily in the forenoon and one in the afternoon, with six evening lectures. There will be no lectures or other official activities on Saturdays and Sundays.

A detailed time-schedule of all lectures and seminars is supplied to each student at Registration.

The 1946 summer course will hold its concluding sessions on Friday August 2.

#### CERTIFICATION

Yale University issues a Certificate of Attendance upon completion of the entire course in the summer session of the School of Alcohol Studies.

#### LITERATURE

The last page of this prospectus contains a list of the publications now in print which are recommended for reading by students of the School.

#### ADMINISTRATION

##### *Summer Course of Alcohol Studies*

E. M. JELLINEK, Sc.D., Director

Rev. FRANCIS W. McPEEK, Assistant Director

#### LECTURERS

SELDEN D. BACON, Ph.D.

Assistant Professor of Sociology, Yale University.

REV. ROLAND H. BANTON, Ph.D.

Professor of Ecclesiastical History, Yale University.

EDWARD G. BAIRD, Jur.Sc.D.

Research Associate (Associate Professor), Section on Alcohol Studies, Laboratory of Applied Physiology, Yale University.

ROBERT FREED BALES, Ph.D.

Instructor in Sociology, Harvard University.

RUTH V. BYLER, M.Ed.

Assistant Supervisor, Health Education, Connecticut State Department of Education.

LEONARD W. DOOB, Ph.D.

Assistant Professor of Psychology, Yale University.

EDWARD B. DUNFORD, LL.D.

Attorney at Law, Washington, D.C.

JOHN W. FERTIG, Ph.D.

Professor of Vital Statistics, School of Public Health, Columbia University.

ERWIN R. GOODENOUGH, Ph.D., D.D.

Professor of the History of Religion, Yale University.

LEON A. GREENBERG, Ph.D.

Associate Professor, Applied Physiology, Yale University.

GERTRUDE GROSS, M.D.  
 Assistant Psychiatrist, Yale Plan Clinics.  
 HOWARD W. HAGGARD, M.D.  
 Director (Professor), Laboratory of Applied Physiology, Yale University.  
 EUGENIA HANFMAN, Ph.D.  
 Associate Professor of Abnormal Psychology, Mount Holyoke College.  
 THOMAS F. HERSEY, M.D.  
 Psychiatrist, Yale Plan Clinics.  
 E. M. JELLINEK, Sc.D.  
 Research Associate (Professor), Applied Physiology, Yale University.  
 BENSON Y. LANDIS, Ph.D.  
 Lecturer in Economics, Section on Alcohol Studies, Laboratory of Applied Physiology, Yale University; Associate Secretary, Department of Research and Education, Federal Council of Churches.  
 GIORGIO LOLLI, M.D.  
 Assistant Professor, Applied Physiology, Yale University.  
 RAYMOND G. MCCARTHY, M.A., M.Ed.  
 Executive Director, Yale Plan Clinics.  
 REV. FRANCIS W. MCPHEEK  
 Executive Director, Department of Social Welfare, Federation of Churches, Washington, D.C.  
 EDGAR J. MONGAN, M.Ed.  
 Principal, Plymouth High School, Plymouth, Mass.  
 RODMAN W. MOORHEAD  
 Vice-President and Advertising Director, Brown-Forman Distillers Corp.  
 FLORENCE POWDERMAKER, M.D.  
 Surgeon (R), United States Public Health Service.  
 REV. OTIS R. RICE, Ph.D.  
 Religious Director, St. Luke's Hospital, New York.  
 ANNE ROE, Ph.D.  
 Research Assistant (Assistant Professor), Section on Alcohol Studies, Laboratory of Applied Physiology, Yale University.  
 HARRY M. TEBOUT, M.D.  
 Physician-in-Charge, the Blythewood Sanitarium, Greenwich, Conn.  
 W. W. . . .  
 Co-founder, Alcoholics Anonymous.

#### CORRESPONDENCE

All communications to the School, including applications not made through one of the co-operating organizations, should be addressed to:

The Executive Secretary  
 Summer School of Alcohol Studies  
 Yale University  
 4 Hillhouse Avenue, New Haven, Conn.

#### LITERATURE

The following publications are recommended for supplementary reading to students of the School of Alcohol Studies. They may be purchased at the School during the summer session. Students who wish to have publications mailed to their homes for advance reading may order them by writing to:

Quarterly Journal of Studies on Alcohol  
 Box 2162 Yale Station, New Haven, Conn.

(Do not write for these publications to the School.) Remittance should accompany orders. The reduced prices shown are offered to *accepted* students only. Checks in payment for publications should be made payable to QUARTERLY JOURNAL OF STUDIES ON ALCOHOL.

*Alcohol Science and Society.* Twenty-nine Lectures with Discussions as Given at the Yale Summer School of Alcohol Studies. 12+473 pages, cloth. (Reg. \$5) Price to students: \$3.

*Lay Supplement Series* of the Quarterly Journal of Studies on Alcohol; 12 booklets. Price \$1.

*A Survey of Alcohol Education in Elementary and High Schools in the United States.* By Anne Roe. 132 pages, paper. (Reg. \$1) Price to students: 75c.

*Inebriety, Social Integration and Marriage.* By Selden D. Bacon. 76 pages, paper. (Reg. 75c) Price to students: 50c.

*Adult Adjustment of Foster Children of Alcoholic and Psychotic Parentage and the Influence of the Foster Home.* By Anne Roe, B. Burks and B. Mittelman. 12+164 pages, paper. (Reg. \$2) Price to students: \$1.50.

*Some Economic Aspects of Alcohol Problems.* By Benson Y. Landis. 48 pages, paper. (Reg. 50c) Price to students: 35c.

*Alcohol Explored.* By Howard W. Haggard and E. M. Jellinek. 8+297 pages, cloth. Price \$2.75.

*Symposium on the Problem of Alcoholism in Postwar Planning;* 9 articles. 73 pages, paper. (Reg. 50c) Price to students: 35c.

*Quarterly Journal of Studies on Alcohol.* Subscription (Reg. \$3), for students: \$2 per year.