

YALE UNIVERSITY



*Summer School of  
Alcohol Studies*

1947 SESSION

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*Please read carefully and avoid unnecessary correspondence.*

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## LABORATORY OF APPLIED PHYSIOLOGY

Director: HOWARD W. HAGGARD, M.D.

### SUMMER SCHOOL OF ALCOHOL STUDIES

Director: E. M. JELLINEK, Sc.D.

THE Summer School of Alcohol Studies of the Laboratory of Applied Physiology, Yale University, announces its fifth session, to be held from July 6 through July 31, 1947.

The object of the summer sessions is to make the most recent findings of scientific research available for application to the problems of alcohol in the community. The educational program of lectures and seminars is designed for the needs of men and women engaged in professions or activities in which a thorough knowledge of the facts about alcohol problems will be of particular usefulness. Details of the courses offered and the type of students sought are outlined further below.

The summer sessions are under the sole sponsorship of the Laboratory of Applied Physiology. The cooperation of certain national educational and religious bodies has been obtained, however, in order to facilitate the administration of the program and to have the aims of the School interpreted to the memberships of those organizations. The Federal Council of Churches of Christ in America, through its Commission on Religion and Health, has extended its cooperation by consenting to interpret the School to the churches and religious organizations, by aiding in the selection of students for scholarship grants, and by suggesting lecturers on subjects related to religion. The National Education Association of the United States has likewise extended its cooperation by facilitating the selection of teachers and school administrators to be considered for scholarship grants.

#### PURPOSE AND SCOPE

The prevention of inebriety through civic activities has been seriously hampered in the past by the lack of a sufficiently large number of persons who have a broad and scientific understanding of the problems of alcohol and who could qualify as leaders in their communities. Education of such leaders is believed to be essential in preparing the way for the pre-

vention of inebriety. The aim of the School is to provide a thorough grounding in all the problems of alcohol—not merely the teaching of the physiological effects of alcohol—to students of the type indicated. While the subject of physiological effects receives due attention, emphasis is placed on the social factors which foster inebriety and on the social factors which may be utilized in its prevention. The role that church and religion can assume in the prevention and treatment of inebriety and in shaping the attitudes of society toward the problems of alcohol is a prominent feature of the course of study. The curriculum should give to teachers, school administrators, physicians, clergymen, welfare workers, public officials, writers and others who attend the sessions a broad understanding of these problems such as will qualify them to work effectively and be a source of guidance in their communities. The aim of the School thus is to communicate authoritative scientific information to those whose daily activities bring them into closer contact with the general public than the scientist achieves and who are qualified to process the knowledge which scientists impart to them for the purpose of general consumption.

Experience gained in the first four summer sessions has been utilized in formulating the program of the 1947 session. A number of topics which hitherto could not receive adequate attention will receive coverage in the revised curriculum. In general the curriculum is designed to show the complexities of the problem, to give a broad picture rather than to enlarge on any specific aspect. In order to meet specific interests to a greater degree, however, the lecture course is supplemented by special seminars in which technical questions are dealt with in detail.

The lectures comprising the course of the 1947 summer session may be grouped into seven headings as follows:

- I. Introductory lectures.
- II. The effects of alcohol on the individual.
- III. The use of alcoholic beverages through the ages and society's informal controls of inebriety.
- IV. Psychological factors in alcoholism.

V. The magnitude of the problem of inebriety.

VI. Formal controls of inebriety.

VII. The treatment of alcoholism.

Beginning in the middle of the third week the curriculum is divided into two schedules (*A* and *B*). Schedule *B* is devised particularly for students professionally concerned with the care and treatment of alcoholics. Students in other professions and vocations will be assigned to the *B* group only with the approval of the Director after personal consultation following registration.

The full scope of the course is best characterized by the curriculum of lectures and seminars outlined below.

#### CURRICULUM

##### Monday, July 7

7:00 P.M. The problems of alcohol in review.\* *Jellinek*.

\*This orientation lecture will be followed by an introductory reception at 8 P.M.

##### Tuesday, July 8

9:00 A.M. The Yale plan of alcohol studies. *Jellinek*.

2:00 P.M. Constitution of Seminars. (*Seminar leaders*.)

7:15 P.M. What happens to alcohol in the body. *Haggard*.

##### Wednesday, July 9

9:00 A.M. Alcohol concentration in the blood and its relation to traffic accidents. (With demonstrations.) *Greenberg*.

2:00 P.M. Objects, limitations and interpretation of biological experiments. *Haggard*.

3:00 P.M. The effects of small and medium amounts of alcohol on the body. *Haggard*.

##### Thursday, July 10

8:15 A.M. The effects of small and medium amounts of alcohol on the central nervous system. *Child*.

10:00 A.M. The chronic effects of inebriety. *Lolli*.

7:15 P.M. The religious symbolism of wine. *Goodenough*.

##### Friday, July 11

9:00 A.M. History of drinking. *Jellinek*.

2:00 P.M. The functions of alcoholic beverages in modern society. *Bacon*.

7:00 P.M. Wine and the Bible. *Bainton*.

*Monday, July 14*

- 9:00 A.M. Cultural differences in the use of alcoholic beverages. *Bales*.  
2:00 P.M. How society controls inebriety. *Bacon*.  
7:15 P.M. How the individual learns. *Doob*.  
8:30 P.M. Alcohol and experimental neurosis. (*Motion picture*.)

*Tuesday, July 15*

- 9:00 A.M. The structure of personality. *Hansman*.  
2:00 P.M. The social drinker. *Lecturer to be announced*.  
7:15 P.M. Phases in the conduct of alcoholics. *Fellinek*.

*Wednesday, July 16*

- 9:00 A.M. The alcoholic and the social order. *Bacon*.  
2:00 P.M. Drinker types. *Fellinek*.  
7:15 P.M. Economic repercussions of inebriety. *Landis*.

*Thursday, July 17*

- 9:00 A.M. The "common drunk," the alcoholic and crime. *Bacon*.  
2:00 P.M. Alcohol and longevity. *Linder*.  
7:15 P.M. Trends in alcoholism. *Fellinek*.

*Friday, July 18*

- 9:00 A.M. Education for living. *Hill*.  
11:00 A.M. Goals and techniques in alcohol education. *Foberg*.  
2:00 P.M. Seminars.  
7:15 P.M. Visual education. (*Motion pictures*.) *Haggard; Whiting*.

*Monday, July 21*

- 8:15 A.M. History of the temperance movement. *McPeck*.  
10:30 A.M. Education on alcoholism. *Mann*.  
2:00 P.M. Seminars.  
7:15 P.M. Systems of public care. *Bacon*.

*Tuesday, July 22*

- 9:00 A.M. Advertising—the problem and its control. (Panel.) *Doob; Dunford; Moseley*.  
2:00 P.M. Seminars.  
7:15 P.M. Rehabilitation of alcoholics. I. The Yale Plan Clinics. *McCarthy*.

*Wednesday, July 23*

- 9:00 A.M. Rehabilitation of alcoholics. II. Recent community activities. *Miller*.  
2:00 P.M. Seminars.  
7:15 P.M. Rehabilitation of alcoholics. III. Alcoholics Anonymous. *W. W.*

*Thursday, July 24*

*Student Group A*

- 9:00 A.M. Historical review of legal control. *Baird*.  
2:00 P.M. Seminars.  
7:15 P.M. Prohibition. *Dunford*.

*Student Group B*

- 9:00 A.M. The integration of specialties at the Clinic. *Lolli*.  
2:00 P.M. Seminars.  
7:15 P.M. The medical care of alcoholics. *Lolli*.

*Friday, July 25*

*Student Group A*

- 9:00 A.M. Present day American control systems. *Baird*.  
2:00 P.M. Seminars.  
7:15 P.M. Control by taxation. *Dunford*.

*Student Group B*

- 9:00 A.M. Psychiatric penetration of the alcoholic. *Tiebout*.  
2:00 P.M. Seminars.  
7:15 P.M. Reeducation of the alcoholic. *McCarthy*.

*Monday, July 28*

*Student Group A*

- 9:00 A.M. The criminal responsibility of alcoholics. *Baird*.  
2:00 P.M. Seminars.  
7:15 P.M. The Gothenburg system and other foreign control methods. *Baird*.

*Student Group B*

- 9:00 A.M. (Same as *Group A*.)  
2:00 P.M. Seminars.  
7:15 P.M. The alcoholic woman; medical, social and psychiatric aspects. *Hersey; Lolli; Hertefeldt*.

*Tuesday, July 29*

*Student Group A*

- 9:00 A.M. Prohibition; voluntary total abstinence; controlled consumption. (Panel.) *Colvin; McGinnis; Zeigler*.  
2:00 P.M. Seminars.  
7:15 P.M. Propaganda. *Doob*.

*Student Group B*

- 9:00 A.M. (Same as *Group A*.)  
2:00 P.M. Seminars.  
7:15 P.M. Group therapy. *McCarthy*.

Wednesday, July 30

Student Group A

- 9:00 A.M. Social reform. (*Round table.*)  
2:00 P.M. Case histories. *Hertzfeldt.*  
7:15 P.M. Mobilizing community resources. *Bacon.*

Student Group B

- 9:00 A.M. Specific aspects of case work with alcoholics.  
*Hertzfeldt.*  
2:00 P.M. The conditioned-reflex treatment. *Moore.*  
7:15 P.M. (Same as Group A.)

Thursday, July 31

- 9:00 A.M. Working with the family of the alcoholic.  
*Hertzfeldt.*  
2:00 P.M. The pastoral counseling of alcoholics. *Rice.*  
7:15 P.M. Synthesis. *Jellinek.*

SEMINARS

In addition to the lectures there will be six seminars for the discussion of practical questions which are of interest only to particular groups of the student body. The scheduled seminar subjects are:

- I. Medical seminar.
- II. Ministers' seminar.
- III. Social workers' seminar.
- IV. Community seminar (including legal controls).
- V. Education seminar.
- VI. Research seminar.

The medical seminar will consist of practical work at the Yale Plan Clinic. The social work seminar will include field work, partly at the Clinic and partly at other institutions.

All seminars will be under the chairmanship of members of the faculty. Seminar sessions will begin in the third week of the course and each of the six seminars will have eight 2-hour sessions.

The official seminars may be supplemented by group discussions organized by the students.

ADMISSION

*Qualifications.* School teachers and administrators, clergymen and denominational workers, welfare workers, probation officers, and others engaged professionally in activities in which a knowledge of the problems of alcohol would be of advantage will be considered as qualified for admission. All others desiring to enroll will be required to have a college education or equivalent experience.

*Application for General Admission.* Application for general admission must be made on the official application form.

All candidates *except* clergymen and denominational workers should write for an application blank to:

Executive Secretary  
Summer School of Alcohol Studies  
Yale University  
4 Hillhouse Avenue, New Haven, Conn.

Clergymen and religious workers of all denominations should write for an application blank to:

Commission on Religion and Health  
Federal Council of Churches  
297 Fourth Avenue, New York 10, N.Y.

*Applications for Scholarships.* Candidates for admission who wish to apply for a scholarship grant should read the instructions under the heading *Scholarships* on page 11.

*Closing Date for Applications.* All applications for admission to the 1947 summer session or for scholarships must be submitted by April 15, 1947. It is desirable to submit applications as early as possible.

*Letters of Recommendation.* Letters of recommendation are not necessary. The Committee on Admissions bases its decisions on the merits of the candidate's statements and does not consider letters of recommendation whether for admission or for scholarship grants.

*Notification of Admission.* All applications will be reviewed by a Committee of the faculty during the last two weeks of April. Notification of the Committee's decision will be sent to each candidate during the first week in May. *Assurance of admission cannot be given before that time.*

## TUITION

The tuition for the full course is \$100. Registration fee of \$10 is additional. Students for part courses will not be accepted. The full tuition and registration fees are payable at Registration.

## ROOM AND BOARD

*Rooms.* Accepted students will be housed in official dormitories. The room fee is \$7 per week. Blankets, bed linens, pillows and towels are furnished by the University. The room fee for the four weeks of the summer session is payable at Registration.

Unless a student advises the Executive Secretary of his or her intention to live outside the University, a room will be reserved. Room assignments are made at Registration.

Students who desire to live outside must make their own arrangements; the School administration cannot assist in locating quarters outside the University, nor can arrangements be made to accommodate married couples in the same dormitory.

*Meals.* Arrangements are being made to provide the students with three meals daily in a University dining hall at a cost of approximately \$15 per week.

## FACILITATION OF TRAVEL

To help students reduce their transportation expenses, the Executive Secretary of the summer session will furnish to accepted candidates the names and addresses of other accepted students who reside in the same vicinity. This will facilitate arrangements for car pools among students. Such information will be sent automatically soon after candidates are advised of their admission to the School. The formation of car pools is the responsibility of the students themselves; the School administration cannot undertake more than to furnish the names and addresses of nearby fellow students, and will not enter into correspondence on details of such arrangements.

## SCHOLARSHIPS

A limited number of scholarships is available and will be awarded to qualified applicants on the basis of merit and need. The scholarships are of two classes:

1. *Maintenance Scholarship* covers the tuition of \$100, registration fee of \$10, and a maximum of \$88 for room and board during the four weeks at the University. Recipients of maintenance scholarships are required to room and board at the University. Allowance of a cash grant in lieu thereof cannot be arranged.

2. *Tuition Scholarship* consists of a grant of the tuition fee (\$100) only; i.e., recipients of this type of scholarship will not be charged the tuition fee but they will pay the registration fee (\$10) and their own maintenance expenses. (For estimate of maintenance expenses at University dormitories and dining halls, see *Room and Board*, p. 10.)

*Application for Scholarship.* The two classes of scholarships are awarded by the Summer School of Alcohol Studies. Applications for scholarships, however, should be addressed in accordance with the following instructions:

a. Members of the teaching profession and school administrators should write to the National Education Association, 1201 Sixteenth St., N.W., Washington, D.C.

b. Clergymen and religious workers of all denominations should write to the Commission on Religion and Health, Federal Council of Churches, 297 Fourth Ave., New York 10, N.Y.

c. Members of other professions, welfare workers, public officials, and all others who wish to apply for a scholarship should write to the Executive Secretary, Summer School of Alcohol Studies, Yale University, 4 Hillhouse Ave., New Haven, Conn.

The School is desirous of extending the educational opportunity of the summer session to as many qualified candidates as possible. If the organization that sponsors a candidate, or the individual applicant, can afford to pay part of the expense, they are urged to apply only for the tuition scholarship in order to make possible the extension of aid from the funds available for scholarships to a greater number of candidates.

## REGISTRATION AND SESSIONS

*When to Register.* Registration will be held on Sunday July 6 and Monday July 7, 1947, from 9 A.M. to 12 M. and from 1 to 5 P.M. Tuition, registration and room fees are payable at Registration.

*Place of Registration and Sessions.* Registration will be held in the *summer office* of the School at Sterling Divinity Quadrangle, Yale University, 409 Prospect Street, New Haven, Conn. Lectures will be held in Sterling Divinity Auditorium and in other class-rooms to be assigned at the School.

*Time of Lectures.* The first lecture, an orientation lecture, will be given on Monday evening, July 7, at 7:00 P.M. This will be followed by an introductory reception at 8:00 P.M.

The 1947 summer course will hold its concluding sessions on Thursday July 31.

## CERTIFICATION

Yale University issues a Certificate of Attendance upon completion of the entire course in the summer session of the School of Alcohol Studies.

## LITERATURE

The last pages of this prospectus provide a list of publications now in print which are particularly recommended for reading by students of the School.

## ADMINISTRATION

### *Summer Course of Alcohol Studies*

E. M. JELLINEK, Sc.D., Director

Rev. FRANCIS W. MCPHEEK, Assistant Director

## LECTURERS

SELDEN D. BACON, Ph.D.

Assistant Professor of Sociology, Yale University.

REV. ROLAND H. BAINTON, Ph.D.

Professor of Ecclesiastical History, Yale University.

EDWARD G. BAIRD, Jur.Sc.D.

Research Associate (Associate Professor), Section of Studies on Alcohol, Laboratory of Applied Physiology, Yale University.

ROBERT FRED BALES, Ph.D.

Instructor in Sociology, Harvard University.

RUTH V. BYLER, M.Ed.

Assistant Supervisor, Health Education, Connecticut State Department of Education.

IRVIN L. CHILD, Ph.D.

Assistant Professor of Psychology, Yale University.

MAMIE COLVIN, LL.D.

National President, Woman's Christian Temperance Union.

LEONARD W. DOOB, Ph.D.

Assistant Professor of Psychology, Yale University.

EDWARD B. DUNFORD, LL.D.

Attorney at Law, Washington, D.C.

LYMAN C. DURVEA, M.D.

Medical Director, Research Council on Problems of Alcohol.

ANN V. FOBERG, M.Ed.

Senior Supervisor, Elementary Education, Connecticut State Department of Education.

ERWIN R. GOODENOUGH, Ph.D., D.D.

Professor of the History of Religion, Yale University.

LEON A. GREENBERG, Ph.D.

Associate Professor, Applied Physiology, Yale University.

GERTRUDE GROSS, M.D.

Assistant Psychiatrist, Yale Plan Clinic.

HOWARD W. HAGGARD, M.D.

Director (Professor), Laboratory of Applied Physiology, Yale University.

EUGENIA HANFMAN, Ph.D.

Lecturer in Clinical Psychology, Harvard University.

ERMA HERTZFELDT, B.A.

Social Case Worker, Yale Plan Clinic.

THOMAS F. HERSEY, M.D.

Psychiatrist, Yale Plan Clinic.

CLYDE M. HILL, Ph.D.

Sterling Professor of Education, Yale University.

JOSEPH HIRSH, M.A.

Associate Director, Research Council on Problems of Alcohol.

E. M. JELLINEK, Sc.D.

Research Associate (Professor), Applied Physiology, Yale University.

BENSON Y. LANDIS, Ph.D.

Lecturer (Economics), Section of Studies on Alcohol, Laboratory of Applied Physiology, Yale University; Associate Secretary, Department of Research and Education, Federal Council of Churches.

FORREST E. LINDER, Ph.D.

Assistant Chief Statistician, Vital Statistics, U.S. Public Health Service.

GIORGIO LOLLI, M.D.  
Assistant Professor, Applied Physiology, Yale University; Medical Director, Yale Plan Clinic.

RAYMOND G. MCCARTHY, M.A., M.Ed.  
Executive Director, Yale Plan Clinic.

EDWARD F. MCGINNIS  
Field Representative, Distilled Spirits Institute.

REV. FRANCIS W. MCPHEK  
Executive Director, Department of Social Welfare, Federation of Churches, Washington, D.C.

MRS. MARTY MANN  
Executive Director, National Committee for Education on Alcoholism.

DUDLEY P. MILLER, Ph.D.  
Lecturer, Applied Physiology, Yale University; Executive Director, Connecticut Commission on Alcoholism.

EDGAR J. MORGAN, M.Ed.  
Principal, Plymouth High School, Plymouth, Mass.

BURNES E. MOORE, M.D.  
Instructor in Psychiatry and Mental Hygiene, Yale University.

GEORGE E. MOSELEY  
Advertising Manager, Seagram Distillers Corporation.

REV. OTIS R. RICE, Ph.D.  
Religious Director, St. Luke's Hospital, New York.

HARRY M. TENOUR, M.D.  
Physician-in-Charge, Blythewood Sanitarium, Greenwich, Conn.

W. W. . .  
Co-founder, Alcoholics Anonymous.

JOHN W. M. WHITING, Ph.D.  
Research Assistant in Anthropology, Yale University.

REV. EARL F. ZEIGLER, D.D.  
Chairman, Committee on Parent Education and Family Religion, Presbyterian Board of Christian Education.

#### CORRESPONDENCE

All communications to the School, including applications not made through one of the cooperating organizations, should be addressed to:

The Executive Secretary  
Summer School of Alcohol Studies  
Yale University  
4 Hillhouse Avenue, New Haven, Conn.

#### LITERATURE

The following publications are recommended for supplementary reading by students of the School of Alcohol Studies. They will be available for purchase at the School during the summer session. Students who wish to have any of these publications mailed to their homes for advance reading may order them by writing to:

Quarterly Journal of Studies on Alcohol  
Box 2162 Yale Station, New Haven, Conn.

*Do not write for these publications to the School.* The reduced prices shown apply to *accepted students only*. Remittance should accompany orders. Checks in payment for these publications should be made payable to JOURNAL OF STUDIES ON ALCOHOL, INC.

*Quarterly Journal of Studies on Alcohol.* Subscription (Reg. \$3), for students: \$2 per year.

*Lay Supplement Series* of the Quarterly Journal of Studies on Alcohol; 12 booklets. Price per set, \$1.

*Alcohol, Science and Society: Twenty-nine Lectures with Discussions as Given at the Yale Summer School of Alcohol Studies.* 12+473 pages, cloth. (Reg. \$5) Price to students: \$3.

*Alcohol Explored.* By Howard W. Haggard and E. M. Jellinek. 8+297 pages, cloth. Price \$2.75.

*Effects of Alcohol on the Individual. Vol. I, Alcohol Addiction and Chronic Alcoholism.* Edited by E. M. Jellinek. 23+336 pages, cloth. (Reg. \$4) Price to students: \$3.20.

*Studies of Compulsive Drinkers. Part I, Case Histories.* By H. Wortis and L. R. Sillman. *Part II, Psychological Test Results.* By F. Halpern. 90 pages, paper. (Reg. \$1) Price to students: \$0.75.

*Phases in the Drinking History of Alcoholics; Analysis of a Survey Conducted by the Grapevine, Official Organ of Alcoholics Anonymous.* By E. M. Jellinek. 12+88 pages, paper. (Reg. \$1) Price to students: \$0.75.

*Adult Adjustment of Foster Children of Alcoholic and Psychotic Parentage and the Influence of the Foster Home.* By Anne Roe and B. Burks. *With a chapter on Sibling Adjustment* in collaboration with Bela Mittelmann. 12+164 pages, paper. (Reg. \$2) Price to students: \$1.50.

*Inebriety, Social Integration, and Marriage.* By Selden D. Bacon. 76 pages, paper. (Reg. \$0.75) Price to students: \$0.50.



*Sociology and the Problems of Alcohol; Foundations for a Sociological Study of Drinking Behavior.* By Selden D. Bacon. 53 pages, paper. (Reg. \$0.50) Price to students: \$0.35.

*Some Economic Aspects of Alcohol Problems.* By Benson Y. Landis. 48 pages, paper. (Reg. \$0.50) Price to students: \$0.35.

*A Survey of Alcohol Education in Elementary and High Schools in the United States.* By Anne Roe. 132 pages, paper. (Reg. \$1) Price to students: \$0.75.