

YALE UNIVERSITY



*Summer School of  
Alcohol Studies*

1948 SESSION

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*Please read carefully and avoid unnecessary correspondence.*

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## LABORATORY OF APPLIED PHYSIOLOGY

Director: HOWARD W. FLAGGARD, M.D.

### SUMMER SCHOOL OF ALCOHOL STUDIES

Director: E. M. JELLINEK, Sc.D.

**T**HE Summer School of Alcohol Studies of the Laboratory of Applied Physiology, Yale University, will hold its sixth session from July 9 through August 6, 1948.

The object of the summer sessions is to make the most recent findings of scientific research available for application to the problems of alcohol in the community. The educational program of lectures and seminars is designed for the needs of men and women engaged in professions or activities in which a thorough knowledge of the facts about alcohol problems will be of particular usefulness. Details of the courses offered and the type of students sought are outlined further below.

Each year since 1943 has seen changes in the curriculum of the Summer School but the basic principle of giving a broad view of the problems of alcohol has been maintained throughout. In 1947 for the first time the curriculum was devised so as to comply in some degree with specific professional interests. The lectures of the first two and one-half weeks served to furnish an indispensable common background for all interests, while the balance of the curriculum was divided for special groups. The faculty of the School believes that any special activity related to the problems of alcohol will be effective only if carried out with a full realization of the complexities of these problems. There are biological, sociological, historical, psychological, religious and economic aspects which must be understood by all students of alcoholism, whether their primary interests are in the field of medicine, psychiatry, social work, penology, legal control, education or pastoral work. None of these activities can stand by itself; each must be integrated within the total activities around the problems of alcohol.

The 1948 summer session will take even greater account of special professional interests than the preceding summer course. The third and fourth weeks will be devoted entirely to special studies. Beginning with the third week

two separate curricula are offered: one (*Curriculum Group A*) for educators, those interested in legal controls, and related subjects; and another course (*Curriculum Group B*) for physicians, social workers, and others interested primarily in the care and treatment of alcoholics. A few lectures in the last two weeks will nevertheless be common to all students in order that they may appreciate each other's specific interests and activities.

In addition to the lectures the summer session will include a number of professional seminars. There will be a seminar group for physicians and one for social workers. These two seminars will be connected with the Yale Plan Clinic and will provide opportunity for the discussion of clinical problems. There will be a "workshop" for educators, and the ministers will form a special seminar group. A sociological seminar will be conducted for students who are interested mainly in the relations of the problems of alcohol to the community.

Preparatory to the seminars, which begin in the third week, there will be "lounge chats" on several evenings of the first two weeks. On these occasions students may have informal discussions with members of the faculty and prepare the ground for the later seminars.

## CURRICULUM

### Groups A and B

Problems. *Jellinek*. An introduction to the many problems related to alcohol and alcoholism.

Definitions. *Jellinek*. Basic concepts used in later discussions will be explained.

The Biological Outlook. *Haggard*.

The Sociological Outlook. *Bacon*.

The Psychiatric Outlook. *Lindemann*.

Other Approaches. *Jellinek*.

These four lectures will show that the different specialties are not in conflict with each other but rather are complementary.

The Magnitude of the Problem. *Jellinek*. The magnitude will be discussed in terms of alcohol consumption, incidence of various forms of excessive drinking, death from alcoholism, incidence of alcoholic psychoses.

Physiology. I. *Haggard*. Description of nature and manufacture of alcoholic beverages; absorption and concentration of alcohol in body fluids and tissues; oxidation and other means of elimination; nutritional involvements.

Physiology. II. *Haggard*. The acute effects of alcohol on body organs.

The Acute Effects of Alcohol on the Central Nervous System. *Doob*. Review of changes in sensory acuity and discrimination, reaction time, motor coordination, skills, memory, etc.

Alcohol and Traffic. *Greenberg*. A practical application of the material presented in the lectures on Physiology. Medicolegal implications; statistics of alcoholic traffic accidents. *Demonstration of the Alcolometer*.

The Role of Heredity in the Development of Personality. *Haggard*. Brief review of the mechanisms and laws of heredity. Heredity as a factor in giving direction and setting limits to the development of the individual.

The Statistics of Hereditary Factors in Alcoholism. *Jellinek*. Review of American and European investigations.

Basic Concepts of Personality. *Doob*. Review of methods used in the study of personality. Explanation of such concepts as anxiety, frustration, aggression, etc.

Personality Dynamics and Experience. *Redlich*. Outline of phases through which the individual progresses toward maturity; modifications of the development under the impact of specific experiences. Experimental Neurosis and Alcohol. *Motion picture*.

Drinker Types. *Jellinek*. Various motivations and drinking patterns of moderate drinkers, heavy social drinkers, and inebriates.

- Clinical Implications and Limitations of Drinker Types. *McCarthy*. Clinical comments on the preceding lecture.
- The Social Drinker. *Fleming*. Analysis of psychological implications. Problems in mental and physical hygiene.
- The Alcoholic Pattern. *Jellinek*. Phases of the process of alcohol addiction. Consideration of alcoholism as an ailment.
- The Religious Symbolism of Wine. *Goodenough*. What the act of drinking has meant to men and women in ancient times. Role of this symbolism in establishing and maintaining the use of alcoholic beverages.
- Drinking as a Folkway. *Bacon*. Drinking customs in the light of folkways. Social ceremonial. Standards of drinking.
- The Effects of Culture and Economic Changes on the Drinking Pattern. *Jellinek*. Primitive and Homeric societies; capitalistic society; the distilled-spirits industry; trade treaties; pressure groups.
- American-Italian Drinking Patterns. *Bacon*.
- The Second Generation Faces a Problem. *Bacon*. These two lectures, based on field surveys, illustrate the thesis that drinking patterns are parts of cultural patterns.
- Drinking Patterns among College Students. *Straus*. Report of a field survey providing leads for the investigation of early alcoholism.
- How Society Controls Inebriety. *Bacon*. Utilizing material from preceding lectures, the unwritten controls of society are presented systematically.
- Review of Control by Law. *Baird*. Early regulations on price and quality. First measures against inebriety. Control through taxation, restrictive sales regulations, monopolies, etc.
- Control through Religion. *McPeck*. Original function of the Church taken over by lay groups. Changes in the aims of the temperance movement. Resumption of temperance work by the Church. The theology of alcohol.
- Control through Formal Education. *Vredevoos*. Alcohol education in public schools. The law and the practice.
- Control through Research. *Jellinek*. The effect of scientific knowledge on the drinking pattern and on public attitudes toward the problems of alcohol.
- Control through Rehabilitation. *McCarthy*. Contrasts between clinical and penal treatment of inebriates. The preventive element in rehabilitation work.
- Present-Day U.S. Systems. *Baird*. Technical exposition of the popular lecture on Control by Law.
- The Gothenburg System. *Baird*. A critical evaluation of Swedish control measures and other European systems. Comparison with American state monopolies.
- The Stand of the Anti-Saloon League. *Smith*.
- The Stand of the Liquor Industry. *Durrell*.
- Propaganda and Advertising. *Daob*. To gain understanding of the Wet-Dry controversy, subjective expositions will be given by representatives of both sides and these will be followed by the objective exposition of a propaganda analyst. [Open to Group B]
- The Semantics of Thinking about Alcohol. *Anderson*. [Open to Group B]
- Education and the Emotional Development of the Child. *Ilg*.
- Adult Education. (Lecturer to be announced)
- Physiological Material for Teaching. *Haggard*.
- Psychological Material for Teaching. *Jellinek*.
- Round Table on Alcohol Education in High Schools: Education and the Parent. *Ilg*.
- Education and the Teacher. *McCarthy*.
- Education and the Church. *Zeigler*.
- Function of the Narcotics Education Department. *Ishee*.
- Youth Movements. (Round Table)

#### Group B. Therapy

- American Public Care Systems. *Miller*.
- What is Psychotherapy? *Lolli*.
- Group Therapy. *McCarthy*.
- Psychiatric Penetration of the Alcoholic. *Tiebout*.
- Role of the Social Worker. *Hertzfeldt*.
- Sobering Up and the Hang-over. *Lolli*.
- Reeducation of the Alcoholic. *McCarthy*.
- Psychoanalytic Treatment of the Alcoholic. *Radlich*.
- The Alcoholic Woman. *Lolli*.
- The Role of Grief in the Etiology of Alcoholism. *Lindemann*.
- Education on Alcoholism. *Mann*. [Open to Group A]
- Review of Current Therapies. *Lolli*.
- Court Cases. (Round Table)
- The Alcoholic Novel. *Hodgins*. [Open to Group A]
- Addiction with Complications. *Lolli*.
- The Clinic and Public Relations. *McCarthy*.
- Reform and Public Reactions. *Bacon*. [Open to Group A]

#### Groups A and B

- Alcoholics Anonymous from the Inside. *Anonymous*.
- The Physician Looks at Alcoholics Anonymous. *Haggard*.

#### Group A. Control and Education

- Prohibition. *Dunford*. The legal structure of prohibition. Relation of Federal and state controls.

The Minister Looks at Alcoholics Anonymous. *Rice.*  
 The Sociologist Looks at Alcoholics Anonymous.  
*Bacon.*  
 What Makes A.A. Tick? (*Round Table*)  
 The Mobilization of Community Resources. *Bacon.*  
 The Pastoral Counseling of Alcoholics. *Rice.*  
 Summary. *Jellinek.*

### LECTURERS

DWIGHT ANDERSON, LL.B.  
 Executive Secretary, Medical Society of the State  
 of New York.  
 SELDEN D. BACON, PH.D.  
 Associate Professor of Sociology, Yale University.  
 EDWARD G. BAIRD, JUR.Sc.D.  
 Research Associate (Associate Professor), Law,  
 Laboratory of Applied Physiology, Yale University.  
 LEONARD W. DOOB, PH.D.  
 Associate Professor of Psychology, Yale University.  
 EDWARD B. DUNFORD, LL.D.  
 Attorney at Law, Washington, D.C.  
 RAYMOND DURRELL, M.A.  
 Research Director, Licensed Beverage Industries.  
 ROBERT FLEMING, M.D.  
 Instructor in Psychiatry, Harvard University Medi-  
 cal School; Associate in Psychiatry, Peter Bent  
 Brigham Hospital, Boston.  
 ERWIN R. GOODENOUGH, D.Phil., D.D.  
 Professor of the History of Religion, Yale Univer-  
 sity.  
 LEON A. GREENBERG, PH.D.  
 Associate Professor, Applied Physiology, Yale Uni-  
 versity.  
 HOWARD W. HAGGARD, M.D.  
 Director (Professor), Laboratory of Applied Physi-  
 ology, Yale University.  
 THOMAS F. HERSEY, M.D.  
 Psychiatrist, Yale Plan Clinic.  
 ERMA HERTZFELDT, B.A.  
 Social Case Worker, Yale Plan Clinic.  
 ERIC HODGINS, S.B.  
 Member, Board of Editors, *Fortune.*  
 FRANCES L. ILG, M.D.  
 Research Associate in Child Development, Yale  
 University.  
 VASHTI ISHEE, B.S.  
 Supervisor, Narcotics Education, Mississippi State  
 Department of Education.  
 E. M. JELLINEK, Sc.D.  
 Research Associate (Professor), Applied Physiology,  
 Yale University.

WILLIAM KOSTKA, A.B.  
 Director of Public Relations, U.S. Brewers Founda-  
 tion.  
 ERICH LINDEMANN, M.D.  
 Instructor in Psychiatry, Harvard University  
 Medical School; Associate in Psychiatry, Massa-  
 chusetts General Hospital.  
 GIORGIO LOLLI, M.D.  
 Medical Director, Yale Plan Clinic; Assistant Pro-  
 fessor, Applied Physiology, Yale University.  
 RAYMOND G. MCCARTHY, M.A., M.Ed.  
 Executive Director, Yale Plan Clinic.  
 REV. FRANCIS W. MCPREEK  
 Industrial Relations Secretary, Council for Social  
 Action, Congregational Christian Churches.  
 MRS. MARTY MANN  
 Executive Director, National Committee for Edu-  
 cation on Alcoholism.  
 DUDLEY P. MILLER, PH.D.  
 Lecturer, Applied Physiology, Yale University;  
 Executive Director, Connecticut Commission on  
 Alcoholism.  
 FREDERICK C. REDLICH, M.D.  
 Assistant Professor of Psychiatry and Mental Hy-  
 giene, Yale University.  
 REV. OTIS R. RICE, PH.D.  
 Religious Director, St. Luke's Hospital, New York.  
 REV. FREDERICK SMITH  
 Superintendent, Maryland Anti-Saloon League.  
 ROBERT STRAUS, PH.D.  
 Research Assistant, Sociology, Laboratory of Ap-  
 plied Physiology, Yale University.  
 HARRY STACK SULLIVAN, M.D.  
 Professor of Psychiatry, Washington School of  
 Psychiatry.  
 HARRY M. TIEBOUT, M.D.  
 Physician-in-Charge, Blythewood Sanitarium,  
 Greenwich, Conn.  
 LAWRENCE VREDEVOE, PH.D.  
 Assistant Director, Bureau of Cooperation with  
 Educational Institutions, University of Michigan.  
 REV. EARL F. ZEIGLER, D.D.  
 Chairman, Committee on Parent Education and  
 Family Religion, Presbyterian Board of Christian  
 Education.

### ADMISSION

*Qualifications.* School teachers and adminis-  
 trators, physicians, psychologists, clergymen  
 and denominational workers, welfare workers,  
 probation officers, and other men and women

engaged professionally in activities in which a knowledge of the problems of alcohol would be of advantage will be considered as qualified for admission. All others desiring to enroll will be required to have a college education or equivalent experience.

*Application for General Admission.* Application for general admission must be made on the official application form.

All candidates *except* clergymen and denominational workers should write for an application blank to:

Summer School of Alcohol Studies  
Yale University  
52 Hillhouse Avenue, New Haven, Connecticut

Clergymen and religious workers of all denominations should write for an application blank to:

Department of Pastoral Services  
Federal Council of Churches  
297 Fourth Avenue, New York 10, N.Y.

*Applications for Scholarships.* Candidates for admission who wish to apply for a scholarship grant should read the instructions and terms under the heading *Scholarships* on page 11.

*Closing Date for Applications.* All applications for admission to the 1948 summer session or for scholarships must be submitted by April 15, 1948. It is advisable to submit applications as early as possible.

*Notification of Admission.* All applications will be reviewed by a Committee of the Faculty during the last two weeks of April. Notification of the Committee's decision will be sent to each candidate during the first week in May. *Assurance of admission cannot be given before that time.*

#### Cosrs

The fee for the entire course, including room and board, is \$200, payable at Registration.

*Rooms.* Accepted students will be housed in official dormitories. Blankets, bed linens, pillows and towels are furnished by the University. Unless a student advises the Executive Secretary of the School of his intention to live outside the University, a room will be reserved.

Room assignments are made at Registration. Students who desire to live outside must make their own arrangements; the School administration cannot assist in locating quarters outside the University, nor can arrangements be made to accommodate married couples in the same dormitory. Thirty dollars of the total fee for the course will be remitted to students who elect to room outside. Meals will be served in a University dining hall six days weekly (excluding Sunday).

#### SCHOLARSHIPS

A limited number of scholarships will be awarded to qualified applicants on the basis of merit and need. The scholarships are of two classes.

1. *Full Scholarship*, amounting to \$200. Recipients of Full Scholarships are required to room and board at the University. Allowance of a cash grant in lieu thereof cannot be arranged.

2. *Half Scholarship*, amounting to \$100.

*Application for Scholarship.* The scholarships of either class are awarded by the Summer School of Alcohol Studies. Applications for scholarships, however, should be addressed in accordance with the following instructions:

a. Members of the teaching profession and school administrators should write to the National Education Association, 1201 Sixteenth Street, N.W., Washington, D.C.

b. Clergymen and religious workers of all denominations should write to the Department of Pastoral Services, Federal Council of Churches, 297 Fourth Avenue, New York 10, N.Y.

c. Members of other professions, welfare workers, public officials and all others who wish to apply for a scholarship should write to the Executive Secretary, Summer School of Alcohol Studies, Yale University, 52 Hillhouse Avenue, New Haven, Conn.

The School is desirous of extending the educational opportunity of the summer session to as many qualified candidates as possible. If the organization that sponsors a candidate, or the individual applicant, can afford to pay part of the expense, they are urged to apply only for the Half Scholarship in order to make possible

the extension of aid from the funds available for scholarships to a greater number of candidates.

### REGISTRATION AND SESSIONS

*When to Register.* Registration will be held on Friday July 9, Saturday July 10, and Sunday July 11, from 9 A.M. to 12 M. and from 1 to 5 P.M. All fees are payable at Registration.

*Place of Registration.* Registration will be held at the *summer office* of the School at Silliman College, Yale University, New Haven, Conn.

*Time and Place of Sessions.* The first lecture will be held Monday July 12 at 9 A.M. Lectures, seminars and other activities will be held in auditoriums and class rooms to be assigned at the School. A schedule of hours and places will be provided at Registration.

*Introductory Reception.* There will be an introductory reception for faculty and students on Sunday evening, July 11, at 8 o'clock.

*Final Session.* The closing session of the 1948 summer course will be held on Friday August 6.

### CERTIFICATION

Yale University issues a Certificate of Attendance upon completion of the entire course in the summer session of the School of Alcohol Studies.

### LITERATURE

The last pages of this prospectus provide a list of publications now in print which are particularly recommended for reading by students of the School.

### LITERATURE

The following publications are recommended for supplementary reading by students of the School of Alcohol Studies. They will be available for purchase at the School during the summer session. Students who wish to have any of these publications mailed to their homes for advance reading may order them by writing to:

Quarterly Journal of Studies on Alcohol  
Box 2162 Yale Station, New Haven, Conn.

*Do not write for these publications to the School.* The reduced prices shown apply to *accepted students* only. Remittance should accompany orders. Checks in payment for these publications should be made payable to JOURNAL OF STUDIES ON ALCOHOL, INC.

*Quarterly Journal of Studies on Alcohol.* Subscription (Reg. \$3); for students: \$2 per year. Note: From June 1, 1948, the subscription price of the *Journal* will be \$4 per year, and for students: \$3.

*Lay Supplement Series* of the Quarterly Journal of Studies on Alcohol; 12 booklets. Price per set, \$1.  
*Alcohol, Science and Society:* Twenty-nine Lectures with Discussions as Given at the Yale Summer School of Alcohol Studies. 12+473 pages, cloth. (Reg. \$5) Price to students: \$3.

*Alcohol Explored.* By Howard W. Haggard and E. M. Jellinek. 8+297 pages, cloth. Price \$2.75.

*Effects of Alcohol on the Individual. Vol. I, Alcohol Addiction and Chronic Alcoholism.* Edited by E. M. Jellinek. 23+336 pages, cloth. (Reg. \$4) Price to students: \$3.20.

*Studies of Compulsive Drinkers. Part I, Case Histories.* By E. Wortis and L. R. Sillman. *Part II, Psychological Test Results.* By F. Halpern. 90 pages, paper. (Reg. \$1) Price to students: \$0.75.

*Phases in the Drinking History of Alcoholics; Analysis of a Survey Conducted by the Grapevine, Official Organ of Alcoholics Anonymous.* By E. M. Jellinek. 12+88 pages, paper. (Reg. \$1) Price to students: \$0.75.

*Adult Adjustment of Foster Children of Alcoholic and Psychotic Parentage and the Influence of the Foster Home.* By Anne Roe and B. Burks. *With a chapter on Sibling Adjustment* in collaboration with Bela Mittelman. 12+164 pages, paper. (Reg. \$2) Price to students: \$1.50.

*A Rorschach Study on the Psychological Characteristics of Alcoholics.* By Charlotte Buhler and D. Welty Lefever. 8+64 pages, paper. (Reg. \$0.75) Price to students: \$0.50.

- Inebriety, Social Integration, and Marriage.* By Selden D. Bacon. 76 pages, paper. (Reg. \$0.75) Price to students: \$0.50.
- Sociology and the Problems of Alcohol: Foundations for a Sociological Study of Drinking Behavior.* By Selden D. Bacon. 53 pages, paper. (Reg. \$0.50) Price to students: \$0.35.
- Some Economic Aspects of Alcohol Problems.* By Benson Y. Landis. 48 pages, paper. (Reg. \$0.50) Price to students: \$0.35.
- Recent Trends in Alcoholism and in Alcohol Consumption.* By E. M. Jellinek. 4+42 pages, paper. (Reg. \$0.50) Price to students: \$0.35.
- A Survey of Alcohol Education in Elementary and High Schools in the United States.* By Anne Roe. 132 pages, paper. (Reg. \$1) Price to students: \$0.75.

#### CORRESPONDENCE

All communications to the School, including applications not made through one of the co-operating organizations, should be addressed to:

Summer School of Alcohol Studies  
Yale University  
52 Hillhouse Avenue, New Haven, Conn.