

YALE UNIVERSITY



*Summer School of
Alcohol Studies*

NINTH ANNUAL SESSION

July 7-August 3

1951

LABORATORY OF APPLIED PHYSIOLOGY

Director: HOWARD W. HAGGARD, M.D.

SUMMER SCHOOL OF ALCOHOL STUDIES

Director: SELDEN D. BACON, Ph.D.

THE Summer School of Alcohol Studies of the Laboratory of Applied Physiology, Yale University, will hold its ninth annual session from July 7 through August 3, 1951.

The Summer School presents a broad orientation for the more effective understanding of the functions of beverage alcohol in our society and of the many problems related to its use. The results of scientific research in many relevant fields are integrated with ethical, legal, historical, therapeutic and other disciplined experience. The wider, more insightful and integrated understanding allowed by this approach is then directed toward problems of application as experienced and interpreted in areas of practical problems such as education, control, rehabilitation, community organization, industrial effectiveness, specific research projects, and the like.

The curriculum may be described as comprising four chronological phases: *first*, orientation, with emphasis on scientific methods as applied to problems of alcohol; *second*, physiology, psychology and cultural sociology in relation to alcoholic beverages; *third*, the major problem areas; *fourth*, description and analysis of responses to these problems. The curriculum consists of 62 lectures and 15 hours of seminars. Individual and informal group discussion or consultation with staff members is emphasized. The diverse areas of interest, residence, experience and personal background represented by the student body make inter-student contact a most valuable function of the School.

It is the considered viewpoint of the staff that in relation to research and to suggested and existing programs of action to meet problems, broad orientation and integration of various levels of research and of experience are essential. Whether the matter concerns medical study of therapeutic drugs, introduction of new techniques in traffic enforcement, religious counseling, high school teaching, or policy in industrial personnel work, there will be inade-

quate and often unwise action unless broad perspective and recognition of integrated and disciplined approaches are available. In many ways it is the absence of these essentials which has caused ineffective responses to problems of alcoholic beverages in all sectors and on all levels of American life. The School proposes to present the necessary broad and integrated framework and to allow special concentration in fields of particular responsibility or interest. Since the Laboratory of Applied Physiology is the only scientific organization devoting its time to study of various phases of alcohol problems and is the major clearing house for all developments in this field, it is able to present the students with the most recent findings and interpretations relevant to problems of alcohol.

In addition to the staff of the Laboratory, lecturers and seminar leaders are drawn from the faculties of Yale and other universities in addition to the use of specially qualified persons from non-academic life. In view of current problems of defense and industrial man power, somewhat greater emphasis will be placed on the problems of control and on problems in industry than has been the case in previous years.

The scope of the course is indicated by the curriculum of lectures and seminars outlined below; minor changes may become necessary between time of publication and the opening of the course.

CURRICULUM

12:00 m.-6:00 p.m. Registration.
Saturday, July 7

12:00 m.-6:00 p.m. Registration.
7:45 p.m. The Yale Plan. *Haggard.*
8:30 p.m. Reception. (*Staff.*)
Sunday, July 8

9:00 a.m. Orientation. *Bacon.*
10:45 a.m. The natural sciences: problems and methods. *Haggard.*
2:00 p.m. The social sciences: problems and methods. *Bacon.*
Monday, July 9

9:00 a.m. Alcohol problems: nature and extent. *Yellinek.*
2:00 p.m. Alcohol, science and mythology. *Yellinek.*
Tuesday, July 10

9:00 a.m. Physiology of alcohol. *Greenberg.*
10:15 a.m. Metabolism of alcohol. *Greenberg.*
2:00 p.m. Psychological effects of alcohol. *Bacon.*
7:30 p.m. Concentrations of alcohol: application to the traffic problem. (Demonstration.) *Greenberg.*
Thursday, July 12

9:30 a.m. Psychology of learning. *Doob.*
2:00 p.m. Development of personality. *Doob.*
7:30 p.m. The alcoholic. *Lohi.*
Friday, July 13

9:30 a.m. The alcoholic pattern. *Yellinek.*
2:00 p.m. Sociological aspects of the alcoholic pattern. *Bacon.*
7:30 p.m. Alcoholism and the World Health Organization. *Yellinek.*
Monday, July 16

9:00 a.m. Drinking as a folkway. *Bacon.*
11:00 a.m. Specific drinking customs. *Yellinek.*
2:00 p.m. Wine and the Bible. *Bainston.*
7:30 p.m. Jewish drinking in American culture. *Bacon.*
Tuesday, July 17

9:30 a.m. Italian-American drinking patterns. *Straus.*
10:45 a.m. Irish-American drinkers. *McCarthy.*
2:00 p.m. Archives. *Eyton.*
2:45 p.m. Organization of seminars. (*Staff.*)
7:30 p.m. The college drinking patterns. *Straus.*

9:00 a.m. Inebriety and marriage. *Bacon.*
10:30 a.m. The homeless man. *Straus.*
2:00 p.m. Alcohol and crime. *Bacon.*
7:30 p.m. (Recreation.)
Thursday, July 19

9:00 a.m. Alcohol and traffic. *Bacon.*
10:15 a.m. Licensing and controls. *Henderson.*
2:00 p.m. Advertising: arguments and answers. *Doob.*
7:30 p.m. State control authorities. (To be announced.)
8:45 p.m. Informal discussion. (*Staff.*)
Friday, July 20

9:30 a.m. The tavern. *Chinard.*
2:00 p.m. Attitudes on alcohol. *Chinard.*
Monday, July 23
9:30 a.m. History of the temperance movement. *McCarthy.*
10:45 a.m. The church and the alcohol problem. *Earl.*
2:00 p.m. Problems facing temperance groups and beverage industries. *Bacon.*
Tuesday, July 24

9:00 a.m. Moral philosophy, alcohol and alcoholism. *Ford and McPeck.*
2:00 p.m. Formal education and alcohol. *McCarthy.*
7:30 p.m. The Laboratory and demonstration of techniques. (Experiment and motion picture.) *Greenberg.*
Wednesday, July 25

9:00 a.m. Alcoholism and the medical profession. *Haggard.*
10:15 a.m. The public clinic approach to alcoholism. *McCarthy.*
2:00 p.m. 1st Seminar. (*Staff.*)
7:30 p.m. (Recreation.)
Thursday, July 26

9:00 a.m. Occupational patterns of clinic patients. *Straus.*
10:00 a.m. Alcoholism in industry. *Henderson.*
2:00 p.m. 2d Seminar. (*Staff.*)
7:30 p.m. Public responses to social problems. *Bacon.*
Friday, July 27

9:00 a.m. Nutrition and the diseases of alcoholism. *Klarskin.*
10:45 a.m. Psychosis and alcoholism. *Gatesfeld.*
2:00 p.m. The alcoholic and the jail. *Clemmer.*
7:30 p.m. The alcoholic woman. *Lohi.*

Monday, July 30

- 9:15 A.M. Problems of therapy. *Fleming.*
10:45 A.M. Treatment of alcoholism with sensitizing drugs. *Fox.*
2:00 P.M. The process of surrender. *Tiebout.*
3:30 P.M. Alcohol, cats and people. (Motion picture and comments.) (*Staff.*)
7:30 P.M. Pastoral counseling. *Rice.*

Tuesday, July 31

- 9:30 A.M. 3d Seminar. (*Staff.*)
2:00 P.M. The sociologist looks at A.A. *Bacon.*
7:30 P.M. Alcoholics Anonymous. (*Anonymous.*)

Wednesday, August 1

- 9:30 A.M. 4th Seminar. (*Staff.*)
2:00 P.M. Summation: theories of therapy. *McCarthy.*
7:30 P.M. Mobilization of community resources. *Bacon.*

Thursday, August 2

- 9:00 A.M. The Connecticut Commission. *Miller.*
10:45 A.M. The state commission movement. *Henderson.*
2:00 P.M. 5th Seminar. (*Staff.*)
7:30 P.M. Information Please. (*Staff.*)

Friday, August 3

- 9:00 A.M. Alcoholism and mental health. *Stevenson.*
10:15 A.M. Alcohol, science and society. *Bacon.*
11:45 A.M. Presentation of Certificates.

SEMINARS

The scheduled seminars will be conducted under the following staff leadership:

- Community: *Straus.*
Education: *McCarthy.*
Industrial Problems: *Henderson.*
Ministers: *Rice.*
Therapy: *Lolli.*
Traffic Problems: *Bacon and Greenberg.*

ADMISSION

Qualifications—Teachers and school administrators, physicians, psychologists, clergymen and denominational workers, welfare workers, probation officers, those in personnel work and other men and women engaged professionally in activities in which a knowledge of the problems of alcohol would be of advantage, will be considered qualified for admission. All other applicants will be required to have a college education or equivalent experience.

Application—Application for general admission must be made on the official application form.

Students for part courses will not be accepted, nor will visits to individual sessions be permitted except on special invitation from the administration.

All candidates for admission *except* Protestant clergymen and denominational workers should write for application blanks to:

Summer School of Alcohol Studies
Laboratory of Applied Physiology
Yale University

52 Hillhouse Avenue, New Haven, Conn.

Protestant clergymen and religious workers of all denominations should write for application blanks to:

Department of Pastoral Services
National Council of Churches

297 Fourth Avenue, New York 10, N.Y.

Application for Scholarship—Candidates for admission who wish to apply for a scholarship grant should read the instructions under the heading SCHOLARSHIPS, below.

Closing Date for Applications—All applications for admission or for scholarships to the 1951 session must be submitted by May 1.

Notification of Admission—All applications are reviewed by a Committee on Admissions and their decision will be communicated to each applicant by the second week in May.

COSTS

There will be two categories of fees. *Category I:* Ministers, physicians, social and welfare workers, probation and parole officers, teachers (elementary, high school and college) and other school personnel, registered nurses, graduate students and many classes of government employees will pay a fee of \$225 for the Summer Course, and the University registration fee of \$25. The fee will cover tuition, room and board (18 meals weekly). *Category II:* All other students will pay a fee of \$400 and the registration fee of \$25. All fees not paid previously must be paid at registration.

Rooms and Meals—Students will be housed in resident colleges of Yale University. Blankets, bed linens, pillows and towels will be supplied. It is not possible to accommodate married couples in the same dormitory. Room assignments are made at registration.

Meals will be served in University dining halls six days a week (excluding Sunday).

The School administration recommends strongly that students plan to live in the University. The administration cannot assist in locating quarters for those who desire to live outside; arrangements for this purpose should be made well in advance. If they elect to live outside, students paying the full fee in either category will be granted partial remission for board and room. This privilege cannot be extended to those on full or part scholarship.

SCHOLARSHIPS

A number of scholarships are available and will be awarded to qualified applicants on the basis of merit and need. The scholarships are of two classes:

1. *Tuition Scholarship:* The sum of \$100 will be remitted from the fee.

2. *Full Scholarship:* The sum of \$225 will be remitted from the fee. Only a very limited number of Full Scholarships can be granted.

The School is desirous of extending the educational opportunity of the summer course to as many qualified candidates as possible. If the organization that sponsors a candidate, or the individual applicant, can afford to pay part of

the expense, it is urged that application be made for only such part of a scholarship grant as is essential to enable attendance, thus making possible the extension of aid from the funds available for scholarships to a greater number of candidates.

Application for Scholarship—The scholarships are awarded by the Summer School of Alcohol Studies. Applications for scholarships, however, should be addressed in accordance with the following instructions.

a. Members of the teaching profession and school administrators should write to the National Education Association, 1201 Sixteenth St., N.W., Washington, D.C.

b. Protestant clergymen and religious workers of all denominations should write to the Department of Pastoral Services, National Council of Churches, 297 Fourth Avenue, New York 10, N.Y.

c. Members of other professions, and all others who wish to apply for a scholarship should write to the Administrative Assistant, Summer School of Alcohol Studies, Yale University, 52 Hillhouse Avenue, New Haven, Conn.

REGISTRATION AND SESSIONS

Registration will be held on Saturday and Sunday, July 7 and 8, from 12 noon to 6 P.M. Accepted candidates will be notified, in advance, of the exact location of registration headquarters.

Other pertinent instructions, such as directions for receiving mail while at the University, will likewise be mailed to accepted students well in advance of their departure for New Haven.

The first session, as well as an introductory reception, will be held on Sunday night, July 8.

CERTIFICATION

Yale University issues a Certificate of Attendance and satisfactory completion of the course to those who attend and complete the entire session of the Summer School.

ACADEMIC CREDIT

Academic credit for students attending the course can be obtained only through arrangement with the degree-granting authority of the institution with which the student is registered. In the past it has been usual for applicants to be granted such credits.

CORRESPONDENCE

Address all communications to the School, including applications not made through one of the cooperating organizations, as follows:

Administrative Assistant
SUMMER SCHOOL OF ALCOHOL STUDIES
Laboratory of Applied Physiology
Yale University
52 Hillhouse Avenue, New Haven, Conn.

ADMINISTRATION

Summer Course of Alcohol Studies

SELDEN D. BACON, *Director*
W. W. WOMER, *Assistant to the Director*
MRS. ESTHER W. HENDERSON
Administrative Assistant

LECTURERS AND STAFF*

- SELDEN D. BACON, Ph.D.
Associate Professor, Sociology, Yale University; Director, Section of Studies on Alcohol; Chairman, Connecticut Commission on Alcoholism.
- ROLAND H. BAINTON, Ph.D., D.D.
Professor, Ecclesiastical History, Yale University.
- SIDNEY BERMAN, M.D.
Physician-in-charge, Connecticut Commission on Alcoholism Clinic, Bridgeport; Clinical Instructor, Medicine (Neurology), Yale University.
- RUTH V. BYLER, M.Ed.
Assistant Supervisor, Health Education, Connecticut State Department of Education.
- DONALD CLEMMER, M.A.
Director, Department of Corrections, District of Columbia.

*Subject to change.

MARSHALL CLINARD, Ph.D.
Associate Professor, Sociology and Anthropology,
University of Wisconsin.

LEONARD W. DOOB, Ph.D.
Professor, Psychology, Yale University.

REV. CLIFFORD EARL
Associate Secretary, Division of Social Education
and Action, Board of Christian Education, Presby-
terian Church in the U.S.A.

VERA EFRON, M.A.
Archivist, Section on Alcohol Studies, Yale Univer-
sity.

ALICE M. FELLOWS, B.A., M.S.S.
Senior Mental Hygienist, Connecticut Commission
on Alcoholism Clinic, Stamford.

ROBERT FLEMING, M.D.
Instructor in Psychiatry, Harvard University.

REV. JOHN C. FORD, S.J., LL.B.
Professor, Ethics and Religion, Boston College.

RUTH FOX, M.D.
Director, Alcoholics Treatment Center, New York.

BENJAMIN H. GOTTESFELD, M.D.
Psychiatrist-in-charge, Blue Hills Clinic, Connecti-
cut Commission on Alcoholism, Hartford.

LEON A. GREENBERG, Ph.D.
Research Associate, Applied Physiology; Assistant
Director, Laboratory of Applied Physiology, Yale
University.

H. ROBERT GREENHOUSE, M.D.
Associate Physician, Connecticut Commission on
Alcoholism Clinic, New Haven; Assisting Physician,
Department of University Health; Lecturer, Ap-
plied Physiology, Yale University.

HOWARD W. HAGGARD, M.D.
Director, Laboratory of Applied Physiology, Yale
University.

RALPH M. HENDERSON, LL.B.
Field Representative, Section on Alcohol Studies,
Yale University.

THOMAS F. HERSEY, M.D.
Psychiatrist, Yale Plan Clinic; Lecturer, Applied
Physiology, Yale University.

E. M. JELLINEK, Sc.D.
Dean, Institute of Alcohol Studies in the Southwest,
Texas Christian University.

- GERALD KLATSKIN, M.D.
Associate Professor, Medicine, Yale University.
- EDITH S. LISANSKY, Ph.D.
Research Assistant, Applied Physiology, Yale University; Clinical Psychologist, Connecticut Commission on Alcoholism Clinic, New Haven.
- GIORGIO LOLLI, M.D.
Research Associate, Applied Physiology, Yale University; Medical Director, Yale Plan Clinic.
- RAYMOND G. McCARTHY, M.A., M.Ed.
Research Assistant, Applied Physiology, Yale University; Executive Director, Yale Plan Clinic.
- EDITH A. McLEOD, M.D.
Senior Physician, Niantic State Farm, Connecticut.
- REV. FRANCIS W. McPEEK
Industrial Relations Secretary, Council for Social Action, Congregational Christian Churches.
- DUDLEY P. MILLER, Ph.D.
Lecturer, Applied Physiology, Yale University; Executive Director, Connecticut Commission on Alcoholism.
- REV. OTIS R. RICE
Religious Director, St. Luke's Hospital, New York; Lecturer, Pastoral Counseling, Yale University; Executive Director, National Council of Churches.
- JEAN V. SAPIR, M.A., M.S.S.
Senior Mental Hygienist, Connecticut Commission on Alcoholism Clinic, New Haven.
- PAUL H. STEVENSON, M.D.
Chief, State Surveys Section, National Institute of Mental Health, U.S.P.H.S.
- ROBERT STRAUS, Ph.D.
Assistant Professor, Sociology, Section on Alcohol Studies, Yale University.
- HARRY M. TIEBOUT, M.D.
Psychiatrist, Greenwich, Conn.; Member, Board of Directors, National Committee on Alcoholism; Member, Board of Directors, Connecticut Commission on Alcoholism.

YALE SUMMER SCHOOL OF ALCOHOL STUDIES

Some Characteristics of the Student Body

The accompanying tabulations show the geographic distribution and the professional or occupational affiliations of the 1,168 students of the Summer School who attended the first eight annual sessions. It will be seen that the students came from 47 states in the United States and from the District of Columbia; from 9 provinces of Canada; and from 9 other countries.

The constant rise in the proportion of students with professional background has been most gratifying to the administration. Physicians, psychologists, educators and persons in various phases of rehabilitation work have formed a steadily increasing proportion of the total School body. The clergy, once representing more than a third of the student body, comprised less than a fifth of the group in 1950. In that year, in the order of numbers attending, the Presbyterian, Baptist, Methodist, United Church of Canada, Brethren and Roman Catholic churches accounted for the majority of this category. On the other hand, the proportion of professional temperance workers has dropped markedly in recent years. Educators, now the largest single group in the student body, are represented primarily by those in health and physical education departments, high schools and colleges; state departments of education have had representatives in every session.

Many of the students of the Summer School have since become affiliated with organizations dealing specifically with problems relating to alcohol. For example, executive directors of alcoholism commissions in Alabama, New Hampshire, North Carolina, Ohio, Oregon, Utah, Wisconsin and Ontario are graduates of the School, as are directors of clinics for alcoholism in cities such as Buffalo, Detroit, Fort Worth, Milwaukee, New Haven, Pittsburgh and Rochester. Executive secretaries of most of the community committees sponsored by the National Committee on Alcoholism are also graduates of the School.

AFFILIATIONS OF SUMMER SCHOOL STUDENTS, 1943-1950

	1943	1944	1945	1946	1947	1948	1949	1950	Total
Alcoholics Anonymous	7	3	8	16	22	15	22	11	104
Alcoholism commissions			1	3	1	1	3	4	13
Alcoholism information centers				7	6	17	8	7	45
Beverage control	3	2	1	1	1			1	9
Beverage industry	4	2	7	10	3	17	12	8	63
Clergy	14	64	56	58	38	38	37	31	336
Corrections	5	9	4	8	7	4	3	9	49
Educators	15	19	24	23	20	28	37	41	207

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Nurses				1	2	6	3	4	16
Physicians		3	2	4	7	8	5	13	42
Psychologists	1		1			3	4	5	14
Public health					1	2	2	5	10
Rehabilitation	2	2	2	4	6	3	6	8	33
Salvation Army	2	1	13	6	5	4	1	3	35
Social workers	1	9	6	7	7	7	6	12	55
Temperance programs	29	20	16	10	13	9	2	1	100
Others	3	5	2	3	8	10	5	1	37
Totals	86	139	143	161	147	172	156	164	1,168

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Geographic Distribution of Students, 1943-1950

UNITED STATES

New York	129	Missouri	17
Texas	82	Virginia	14
Ohio	56	Louisiana	13
California	52	Maine	12
Connecticut	47	West Virginia	12
Massachusetts	44	Oklahoma	11
Illinois	41	Kansas	10
Pennsylvania	40	Utah	9
Alabama	39	New Hampshire	8
Florida	32	New Mexico	7
Indiana	32	Vermont	7
Michigan	31	Washington	7
Mississippi	30	Nebraska	6
North Carolina	29	South Dakota	6
Kentucky	28	Arizona	4
District of Columbia	24	Montana	4
South Carolina	23	Nevada	4
Maryland	22	Colorado	3
New Jersey	20	Arkansas	2
Tennessee	20	Delaware	2
Iowa	19	North Dakota	2
Georgia	18	Rhode Island	2
Oregon	18	Idaho	1
Wisconsin	18	Wyoming	0
Minnesota	17		

CANADA

Ontario	40
Quebec	17
Alberta	4
Manitoba	4
New Brunswick	4
Nova Scotia	4
British Columbia	3
Saskatchewan	3
Prince Edward Island	1

OTHER COUNTRIES

Sweden	3
Argentina	2
Mexico	2
Chili	1
China	1
Egypt	1
Finland	1
Greece	1
Venezuela	1

GRAND TOTAL 1,168