

YALE UNIVERSITY



*Summer School of
Alcohol Studies*

ELEVENTH ANNUAL SESSION

June 28-July 23

1953

LABORATORY OF APPLIED PHYSIOLOGY

Director: HOWARD W. HAGGARD, M.D.

SUMMER SCHOOL OF ALCOHOL STUDIES

Director: SELDEN D. BACON, PH.D.

Associate Director:

RAYMOND G. MCCARTHY, A.M., ED.M.

THE Summer School of Alcohol Studies of the Laboratory of Applied Physiology, Yale University, will observe the Tenth Anniversary of the founding of the School during the eleventh annual session in 1953. The regular session will be held during the 4-week period June 28 to July 23 inclusive. In addition, sessions for two special groups are scheduled for the week of July 27.

During the decade the School has been conducted, 1,479 students from 47 states and the District of Columbia, from 9 Canadian provinces and from 14 other countries have attended.

The School is organized to meet the needs of a number of categories of professional and nonprofessional people. Professional workers presently active in the prevention or treatment of alcoholism, e.g., clergy, educators, physicians, case workers, psychologists, will have an opportunity to exchange experiences, review current literature and procedures and redefine some of the principles they observe in practice. Enforcement and correctional officers, leaders in municipal and state affairs, traffic supervisors, personnel officers and foremen in industry, and others whose work requires a knowledge of alcohol problems will acquire a background of understanding through attendance at the School. Private citizens who wish to explore problems of alcohol as they are related to community life and social change will find their experiences at the School stimulating and challenging.

There has been a consistent rise since 1943 in the proportion of students with professional background in attendance at the School. Physicians, psychologists, case workers and persons in various phases of rehabilitation work have formed a steadily increasing segment of the total student body. Educators representing all levels of school and college instruction have recently constituted the largest single group. State departments

of education have had representatives in all but the first two sessions.

Many of the students of the Summer School have become affiliated with organizations dealing specifically with problems relating to alcohol. For example, in 18 states graduates are active as members of boards or as executive personnel responsible for programs of commissions on alcoholism. In 8 states and in numerous county and city systems, the supervisor of instruction about alcohol has attended the School. Secretaries of most of the community information centers sponsored by the National Committee on Alcoholism are also graduates.

It should be understood that the School does not offer a program of clinical training in preparation for work in the field of rehabilitation of alcoholics. However, students who have a background of specialized skills appropriate for work in this field will find in the School opportunity to develop further some of their understandings and skills.

THE CURRICULUM

The 1953 Summer School of Alcohol Studies, through a series of lectures and seminars, offers a systematic investigation of various aspects of the functions and problems of alcohol as they affect the individual and society. The program of the School is organized around a number of major topical areas.

I. The Origins, Structure and Nature of Social Problems.

Analysis of the form and complexity of social problems. Techniques, advantages and limitations in both the natural science and the social science approaches to social problems. The importance of employing adequate methods and tools in the search for solution to problems.

II. Theories in the Development of Personality.

The concept of individual personality as the sum of biological, psychological and cultural forces. The influence of social factors, disturbances in early home environment and other forces contributing to a poorly integrated personality.

III. Society and the Problems of Alcohol.

Various interpretations attached to the phrase "problems of alcohol." The relationship or pseudo relationship of alcohol problems to other social problems.

IV. Drinking as a Folkway.

The historical and contemporary background of drinking customs and attitudes in American life. The rise of the temperance movement. The attitude of the churches. Cultural differences in attitudes toward the use of alcohol and in rates of alcoholism.

V. The Chemistry and Physiological Action of Alcohol.

The effects of different concentrations of alcohol in the blood upon organs and body functions. Drinking and driving.

VI. The Psychological Effects of Alcohol.

Functional changes associated with different concentrations of alcohol in the blood. Behavioral changes following alcohol consumption. Motivations in the use of alcoholic beverages.

VII. Theories Concerning the Nature of Alcoholism.

Identification of the alcoholic. The disease concept of alcoholism. Alcoholism and social problems. Alcoholism and morality.

VIII. Theories Concerning the Treatment of Alcoholism

Changing public attitudes toward treatment for the alcoholic, 1940-1953. Medical techniques. The public clinic approach. The institutional approach. Alcoholics Anonymous.

IX. Specific Contemporary Problems.

Alcoholism in industry. Public school instruction about alcohol. Issues confronting the alcoholic-beverage industry. Chemical tests for intoxication as evidence in court procedures. Control legislation and policies. Alcohol consumption trends.

X. Current Activities and Trends.

Areas requiring study and research.

LECTURE SCHEDULE

Sunday, June 28

- 10:00 A.M. Registration.
7:30 P.M. The Yale Plan. *Bacon*.
8:00 P.M. Reception. (*Staff*.)

Monday, June 29

- 9:00 A.M. Orientation: statement regarding the philosophy of the School; description of lecture and seminar organization; library resources; academic credit. *McCarthy*.

- 10:00 A.M. Social Problems—Interpretations. *Bacon*.
11:00 A.M. Question period.
2:00 P.M. Introduction of staff.
2:30 P.M. The Alcohol Literature. Distribution of reading lists. *Keller*.
3:15 P.M. Introduction to reading materials and library resources.

Tuesday, June 30

- 9:00 A.M. Natural Sciences: Problems and Methods. *Greenberg*.
10:15 A.M. Social Sciences: Problems and Methods. *Bacon*.
11:15 A.M. Question period.
2:00 P.M. The Physiology of Alcohol. *Greenberg*.
3:00 P.M. Question period.
3:30 P.M. Discussion group. *Greenberg*.

Wednesday, July 1

- 9:00 A.M. The Metabolism of Alcohol. *Greenberg*.
10:30 A.M. Laboratory Demonstration. *Greenberg*.
11:15 A.M. Question period.
2:00 P.M. Personality I. *Doob*.
3:15 P.M. Question period.
3:45 P.M. Discussion groups.
1. *Greenberg*: Physiology.
2. *Doob*: Personality.

Thursday, July 2

- 9:00 A.M. Personality II. *Doob*.
10:15 A.M. Question period.
10:45 A.M. Psychological Effects of Small and Large Amounts of Alcohol. *McCarthy*.
2:00 P.M. The Deviant Personality. *Worris*.
3:15 P.M. Question period.
3:45 P.M. Discussion group.
7:30 P.M. Films.

Friday, July 3

- 9:00 A.M. The Individual and Contemporary Society. *Straus*.
9:45 A.M. Question period.
10:15 A.M. Drinking as a Folkway. *Bacon*.
11:30 A.M. Question period.
2:00 P.M. Folkways in Transition. *Snyder*.
3:15 P.M. Question period.
3:45 P.M. Discussion groups.
1. *Bacon*.
2. *Straus*.
3. *Snyder*.

Monday, July 6

- 9:00 A.M. Summation of the concepts and definitions developed by preceding lecturers. *McCarthy*.
- 9:20 A.M. Background of American Attitudes toward Drinking. *McCarthy*.
- 10:00 A.M. Question period.
- 10:30 A.M. Nature and Extent of American Drinking and Rates of Alcoholism. *Keller*.
- 11:15 A.M. Question period.
- 2:00 P.M. Organization and first meeting of Seminars. (*Staff*.)

Tuesday, July 7

- 9:00 A.M. Alcoholism: Nature of the Problem. *Bacon*.
- 10:15 A.M. The Alcoholic. *Lolli*.
- 11:00 A.M. Question period.
- 2:00 P.M. Diseases of Alcoholism. *Lolli*.
- 3:00 P.M. Profile of the Alcoholic. *Henderson*.
- 3:45 P.M. Discussion groups.
1. *Bacon*.
2. *Lolli*.
3. *Henderson*.

Wednesday, July 8

- 9:00 A.M. Cultural Differences in Rates of Alcoholism. *Snyder*.
- 10:00 A.M. Question period.
- 10:30 A.M. The Public Clinic Approach to Alcoholism. *McCarthy*.
- 11:15 A.M. Question period.
- 2:00 P.M. Social Stability and Disruption among Alcoholics. *Straus*.
- 3:00 P.M. Question period.
- 3:30 P.M. Discussion groups.
1. *Snyder*.
2. *McCarthy*.
3. *Straus*.
- 7:30 P.M. Films.

Thursday, July 9

- 9:00 A.M. The Fellowship of Alcoholics Anonymous. *Mr. A*.
- 9:35 A.M. A Sociologist Looks at Alcoholics Anonymous. *Bacon*.
- 10:30 A.M. The Community Agency and Alcoholics Anonymous. *McCarthy*.
- 11:15 A.M. Question period.
- 2:00 P.M. Problems of Therapy. *Lolli*.

- 2:45 P.M. Question period.
- 3:15 P.M. Rise of Government Controls. *Henderson*.
- 4:00 P.M. Discussion groups.
1. *Lolli*.
2. *Henderson*.
- 8:00 P.M. A.A. Meeting. (Student A.A. Members.)

Friday, July 10

- 9:00 A.M. Education as Prevention. *McCarthy*.
- 9:45 A.M. Question period.
- 10:15 A.M. Alcohol and the Churches. *Shepherd*.
- 11:30 A.M. Question period.
- 2:00 P.M. Moral Theology and Beverage Alcohol. *Ford and McPeck*.
- 3:30 P.M. Question period.

Monday, July 13

- 9:00 A.M. Public Responses to Social Problems. *Bacon*.
- 10:15 A.M. Question period.
- 10:45 A.M. Alcohol and Crime. *Snyder*.
- 11:30 A.M. Question period.
- 2:00 P.M. Seminars.

Tuesday, July 14

- 9:00 A.M. Alcohol and Traffic. *Greenberg*.
- 10:30 A.M. Demonstration of Alcometer. *Greenberg*.
- 11:15 A.M. Question period.
- 2:00 P.M. Seminars.

Wednesday, July 15

- 9:00 A.M. Acceptance versus Compliance in Therapy. *Tiebout*.
- 10:00 A.M. Question period.
- 10:30 A.M. Pastoral Counseling. *Rice*.
- 11:30 A.M. Question period.
- 2:00 P.M. Seminars.
- 7:30 P.M. Films.

Thursday, July 16

- 9:00 A.M. The Alcoholic-Beverage Industry. *Bacon*.
- 9:45 A.M. Question period.
- 10:15 A.M. The Philosophy of the Temperance Movement. *Dunford*.
- 11:00 A.M. Question period.
- 2:00 P.M. Seminars.

Friday, July 17

- 9:00 A.M. The Connecticut Commission on Alcoholism. *Miller*.

- 9:45 A.M. Question period.
 10:15 A.M. Alcoholism in Industry. *Henderson*.
 11:00 A.M. Question period.
 2:00 P.M. Seminars.

Saturday, July 18

- 8:30 A.M. Field trip.

Monday, July 20

- 9:00 A.M. Drinking and American College Youth.
Straus.
 10:00 A.M. Question period.
 10:30 A.M. State Programs. (Panel discussion.) *Proctor*,
Shepherd, Miller and Ayres.
 11:30 A.M. Question period.
 2:00 P.M. Seminars.

Tuesday, July 21

- 9:00 A.M. Current Problems and Research in Physi-
ology. *Lester*.
 9:40 A.M. Current Problems: Social Science Research.
Bacon.
 10:30 A.M. Mental Hygiene and Alcohol. *Stevenson*.
 11:15 A.M. Discussion.
 2:00 P.M. Seminars.

Wednesday, July 22

- 9:00 A.M. *To be announced*.
 9:45 A.M. Question period.
 10:15 A.M. Activities of the Alcoholism Subcommittee
of the World Health Organization.
Jellinek.
 11:15 A.M. Question period.
 2:00 P.M. Seminars.

Thursday, July 23

- 9:00 A.M. Survey of Theories on Causation and
Treatment. *McCarthy*.
 10:30 A.M. Alcohol, Science and Society. *Bacon*.
Presentation of Certificates.

LECTURES

Lecturers will be drawn from the Yale University faculty and from other institutions. Specialists in various fields—medicine, religion, education, public health—will also address the student body. The lecture program will be organized to present a systematic background of understanding necessary before evaluation of more specialized problems can be explored in the seminars.

Special informal discussion periods, additional to the regular lecture question periods, will follow many of the lectures. They are arranged for those students who have a special interest in the lecture topic and who wish to pursue the subject in greater detail than is ordinarily possible in the general question periods.

SEMINARS

During the third and fourth weeks of the School, the afternoons will be devoted entirely to seminar meetings. The seminars are flexibly planned so that students with similar training and experience may explore problems arising in the course of their occupational activities.

Some seminars are organized according to the professional backgrounds of students, viz., Educators, Ministers, Physicians. Some are arranged to consider several topical areas which cut across professional lines. A workshop plan is followed in some seminars; others will have a more formal organization. More than one section will be organized in several of the seminars in order that there may be maximum opportunity for individual student participation.

Education Seminar. Educators are encouraged to use the resources of the seminar to organize materials and procedures appropriate to their teaching interests and responsibilities. Administrators and supervisors may be particularly interested in the evaluation of existing techniques and programs in alcohol instruction. A workshop approach is followed as much as possible. Students interested in earning academic credit for work done in the Education Seminar may secure information concerning the requirements by addressing the Yale Summer School of Alcohol Studies, 52 Hillhouse Avenue, Yale Station, New Haven.

Ministers Seminar. The range of interests of clergy attending the School determines the direction the seminar will take. Two sections are projected: (A) Moral Philosophy, the Church and Beverage Alcohol; (B) Pastoral Counseling.

Rehabilitation Seminar. Social workers, probation and parole officers, psychologists, nurses, public health officers and students having comparable professional training will consider principles and practices underlying the effective handling of a variety of situations which normally occur in working with alcoholics.

Medical Therapy Seminar. A survey of current medical therapy and practice in the care of the alcoholic patient is offered to a limited number of physicians. Observation of both inpatient and outpatient treatment

procedures will be possible through the cooperation of the Connecticut Commission on Alcoholism.

Health Organization Seminar. The Health Organization Seminar is designed for persons active or interested in local and state committees and agencies dealing with the problems of alcoholism. Stress in the earlier sessions is placed on general principles of health organization and on the recognition of potentially valuable resources existing in the community. Subsequent meetings consider such specific functions of these groups as industrial health, public education and relationship with correctional systems. The seminar then divides into two sections. Section *A*, State Programs, considers problems of legislation, personnel and the establishment of clinics in the community. Section *B*, Community Programs, considers factors of organization, financing and services.

Other seminar groups may be organized if a need is expressed by a sufficient number of qualified students. Consultants from various professional fields will be available to meet with the different seminar groups.

LIBRARY FACILITIES

Adequate reading and reference materials necessary for participation in the seminars will be on reserve.

ADMISSION

Qualifications. Teachers and school administrators, physicians, psychologists, clergymen and denominational workers, nurses, those in personnel work and in the fields of social and welfare work, public health, probation and parole, alcoholism education and therapy, law enforcement and other men and women engaged professionally in activities in which a knowledge of the problems of alcohol would be of advantage, will be considered qualified for admission. All other applicants will be required to have a college education or equivalent experience.

Application. Application for general admission must be made on the official application form.

Students for part courses will not be accepted, nor will visits to individual sessions be permitted except on special invitation from the administration.

All candidates for admission except Protestant clergymen and denominational workers should write for application blanks to:

Summer School of Alcohol Studies
52 Hillhouse Avenue, Yale Station
New Haven, Conn.

Protestant clergymen and religious workers of all denominations should write for application blanks to:

Department of Pastoral Services
National Council of Churches
297 Fourth Avenue, New York 10, N.Y.

Closing Date for Applications. All applications for admission to the 1953 session must be submitted by April 15.

Notification of Admission. All applications are reviewed by a Committee on Admissions and their decision will be communicated to each applicant by the first week in May.

COSTS AND ACCOMMODATIONS

There will be two categories of fees. *Category I:* Ministers, physicians, social and welfare workers, probation and parole officers, teachers (elementary, high school and college) and other school personnel, registered nurses, graduate students and many classes of government employees will pay a fee of \$250. The fee will cover University registration, tuition, room and board (18 meals weekly). *Category II:* All other students will pay a fee of \$425. No fees can be accepted prior to notification of enrollment by the Committee on Admissions. All fees not paid previously must be paid at registration.

Rooms and Meals. Students will be housed in resident colleges of Yale University. Blankets, bed linens, pillows and towels will be supplied. It is not possible to accommodate married couples in the same dormitory. Room assignments are made at registration.

Meals will be served in University dining halls six days a week (excluding Sunday), commencing Monday morning, June 29.

Students are expected to live in the University. Only under extraordinary circumstances will non-resident students be accepted; living off the campus has without exception proved to decrease significantly the educational effect of the program. Non-resident students paying the full fee will be granted partial remission of charge for board and room.

The administration cannot assist in locating quarters for families of students; arrangements for this purpose should be made well in advance by the student as facilities in the New Haven area are limited.

REGISTRATION AND SESSIONS

Registration will be held on Sunday, June 28, from 10 A.M. to 6 P.M. Accepted candidates will be notified, in advance, of the exact location of registration headquarters.

Other pertinent instructions, such as directions for receiving mail while at the University, will likewise be mailed to accepted students well in advance of their departure for New Haven.

The first session, as well as an introductory reception, will be held on Sunday evening, June 28.

ACADEMIC CREDIT

The School is not organized as a credit-granting institution although a number of universities in the country allow credit for work done at the School. A statement regarding the content and scope of the course will be forwarded to colleges requesting it.

Qualified educators who fulfill specific requirements in conjunction with the Education Seminar may earn 4 hours of graduate credit. This is possible through the cooperation of the Yale University Department of Education. Transfer of academic credits to another university will be made by the Department of Education.

CERTIFICATION

Yale University issues a Certificate of Attendance to those who attend and complete the entire session of the Summer School.

SCHOLARSHIPS

A limited number of scholarships is granted annually. Student applicants may secure information by addressing the Yale Summer School of Alcohol Studies.

CORRESPONDENCE

Address all communications to the School, including applications not made through one of the cooperating organizations, as follows:

Yale Summer School of Alcohol Studies
52 Hillhouse Avenue, Yale Station
New Haven, Conn.

SPECIAL SESSIONS, 1953

During the week of July 27, two special sessions of the Summer School will be held separately but simultaneously. One will be a refresher course and reunion for alumni of the School. Another will be a course designed for industrial personnel. Announcements concerning these special sessions will be mailed on request.

LECTURERS AND ADMINISTRATIVE STAFF

GENERAL SESSION AND SEMINARS

JOHN C. AYRES, M.D.

Director, Division on Alcoholism, Massachusetts Department of Health.

SELDEN D. BACON, PH.D. *Director, Summer School of Alcohol Studies.*

Professor, Sociology, Yale University; Director, Yale Center of Alcohol Studies; Chairman, Connecticut Commission on Alcoholism.

LEONARD W. DOOB, PH.D.

Professor, Psychology, Yale University.

EDWARD B. DUNFORD, LL.D.

Attorney; National Temperance League of America.

VERA EFRON, M.A.

Archivist, Yale Center of Alcohol Studies.

ALICE M. FELLOWS, M.S.S.

Senior Mental Hygienist, Blue Hills Hospital, Connecticut Commission on Alcoholism, Hartford.

W. K. FERRIER, M.S.

Director, Oregon School of Alcohol Studies.

THE REV. JOHN C. FORD, S.J., LL.B.

Professor, Ethics and Religion, Boston College.

LORANT FORIZS, M.D.

Medical Director, North Carolina Alcoholic Rehabilitation Program.

RUTH FOX, M.D.

Director, Alcoholics Treatment Center, New York.

YVELIN GARDNER

Associate Director, National Committee on Alcoholism.

GRACE GOLDBER, R.N., M.A.

Assistant Clinical Professor, Social Aspect of Nursing, Yale University; Nurse Consultant, Yale Plan Clinic.

LEON A. GREENBERG, PH.D.
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University.

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coholism Clinic, New Haven; Assisting Physician,
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tant, Laboratory of Applied Physiology, Yale Univer-
sity.

HOWARD W. HAGGARD, M.D.
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University.

ESTHER W. HENDERSON
Administrative Assistant, Summer School of Alcohol
Studies.

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Field Representative, Yale Center of Alcohol Studies.

THOMAS F. HERSEY, M.D.
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chiatric Consultant, Connecticut Commission on
Alcoholism.

ERMA HERTZFELDT, B.A.
Case Worker, Child Guidance Center, Janesville,
Wisconsin

IRA V. HISCOCK, Sc.D.
Anna M. R. Lauder Professor, Public Health; Chair-
man, Department of Public Health, Yale University.

E. M. JELLINEK, Sc.D.
Consultant on Alcoholism, World Health Organiza-
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mittee on Alcoholism.

MARK KELLER
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versity; Consulting Psychologist, Connecticut Com-
mission on Alcoholism.

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versity; Medical Director, Yale Plan Clinic; Medical
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RAYMOND G. McCARTHY, M.A., M.Ed. *Associate Di-
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Director of Alcoholism Research, New York State
Mental Health Commission.

THE REV. FRANCIS W. MCPEEK
Industrial Relations Secretary, Council for Social
Action, Congregational Christian Churches.

NORMAN M. MANN, M.D.
Associate Physician, Blue Hills Clinic, Connecticut
Commission on Alcoholism, Hartford.

DUDLEY P. MILLER, PH.D.
Lecturer, Applied Physiology, Yale University; Ex-
ecutive Director, Connecticut Commission on Alco-
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on Alcoholism.

ALICE McI. O'BRIEN
Director, Silliman College Dining Hall.

JOHN PASCIUTTI, B.A.
Supervisor of Alcohol Education, Vermont State De-
partment of Education.

S. KINION PROCTOR
Executive Director, North Carolina Alcoholic Re-
habilitation Program; Secretary-Treasurer, National
States' Conference on Alcoholism.

THE REV. OTIS R. RICE
Religious Director, St. Luke's Hospital, New York;
Executive Director, Department of Pastoral Services,
National Council of Churches.

JEAN V. SAPIR, M.A., M.S.S.
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on Alcoholism Clinic, New Haven.

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PAUL H. STEVENSON, M.D.

Community Services Branch, National Institute of
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Psychiatrist, Greenwich; President, National Com-
mittee on Alcoholism; Vice-chairman, Board of Di-
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MARY T. TONER, R.N., M.A.

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ELIZABETH D. WHITNEY

Executive Director, Boston Committee on Alco-
holism.

THE REV. WAYNE W. WOMER

Executive Secretary, Virginia Church Temperance
Council; Secretary, Alumni Association, Summer
School of Alcohol Studies.

S. BERNARD WORTIS, M.D.

Chairman, Department of Psychiatry and Neurology,
New York University College of Medicine; Director,
the Psychiatric Division, Bellevue Hospital, New
York.