

YALE UNIVERSITY



*Summer School of  
Alcohol Studies*

TWELFTH ANNUAL SESSION

July 5–July 29

1954

# LABORATORY OF APPLIED PHYSIOLOGY

Director: HOWARD W. HAGGARD, M.D.

## SUMMER SCHOOL OF ALCOHOL STUDIES

Director: SELDEN D. BACON, Ph.D.

Associate Director:

RAYMOND G. MCCARTHY, A.M., Ed.M.

THE Summer School of Alcohol Studies of the Laboratory of Applied Physiology, Yale University, will hold its twelfth annual session in 1954. The regular session will be held during the 4-week period July 5 to July 29 inclusive. In addition, a session for a special group is scheduled for the period July 29-31.

Since 1943, when the first session of the School was held, 1,655 students from 47 states and the District of Columbia, from 9 Canadian provinces and from 17 other countries have attended.

The School is organized to meet the needs of a number of categories of professional and nonprofessional people. Professional workers presently active in the prevention or treatment of alcoholism, e.g., clergy, educators, physicians, case workers, psychologists, will have an opportunity to exchange experiences, review current literature and procedures and redefine some of the principles they observe in practice. Enforcement and correctional officers, leaders in municipal and state affairs, traffic supervisors, personnel officers and foremen in industry, and others whose work requires a knowledge of alcohol problems will acquire a background of understanding through attendance at the School. Private citizens who wish to explore problems of alcohol as they are related to community life and social change will find their experiences at the School stimulating and challenging.

There has been a consistent rise since 1943 in the proportion of students with professional background in attendance at the School. Physicians, psychologists, case workers and persons in various phases of rehabilitation work have formed a steadily increasing segment of the total student body. Educators representing all levels of school and college instruction have recently constituted the largest single group. State departments of education have had representatives in all but the first two sessions.

Many of the students of the Summer School have become affiliated with organizations dealing specifically

with problems relating to alcohol. For example, in 21 states and 3 Canadian provinces graduates are active as members of boards or as executive personnel responsible for programs on alcoholism. In 8 states and in numerous county and city systems, the supervisor of instruction about alcohol has attended the School. Secretaries of most of the community information centers sponsored by the National Committee on Alcoholism are also graduates.

It should be understood that the School does not offer a program of clinical training in preparation for work in the field of rehabilitation of alcoholics. However, students who have a background of specialized skills appropriate for work in this field will find in the School opportunity to develop further some of their understandings and skills.

## THE CURRICULUM

The 1954 Summer School of Alcohol Studies, through a series of lectures and seminars, offers a systematic investigation of various aspects of the functions and problems of alcohol as they affect the individual and society. The program of the School is organized around a number of major topical areas.

### *I. The Origin, Structure and Nature of Social Problems.*

Analysis of the form and complexity of social problems. Techniques, advantages and limitations in both the natural science and the social science approaches to social problems. The importance of employing adequate methods and tools in the search for solution to problems.

### *II. Theories in the Development of Personality.*

The concept of individual personality as the sum of biological, psychological and cultural forces. The influence of social factors, disturbances in early home environment and other forces contributing to a poorly integrated personality.

### *III. Society and the Problems of Alcohol.*

Various interpretations attached to the phrase "problems of alcohol." The relationship or pseudo relationship of alcohol problems to other social problems.

### *IV. Drinking as a Folkway.*

The historical and contemporary background of drinking customs and attitudes in American life. The rise of the temperance movement. The attitude of the churches. Cultural differences in attitudes toward the use of alcohol and in rates of alcoholism.

### *V. The Chemistry and Physiological Action of Alcohol.*

The effects of different concentrations of alcohol in the blood upon organs and body functions. Drinking and driving.

### *VI. The Psychological Effects of Alcohol.*

Functional changes associated with different concentrations of alcohol in the blood. Behavioral changes following alcohol consumption. Motivations in the use of alcoholic beverages.

### *VII. Theories Concerning the Nature of Alcoholism.*

Identification of the alcoholic. The disease concept of alcoholism. Alcoholism and social problems. Alcoholism and morality.

### *VIII. Theories Concerning the Treatment of Alcoholism.*

Changing public attitudes toward treatment for the alcoholic, 1940-1954. Medical techniques. The public clinic approach. The institutional approach. Alcoholics Anonymous.

### *IX. Specific Contemporary Problems.*

Alcoholism in industry. Public school instruction about alcohol. Issues confronting the alcoholic-beverage industry. Chemical tests for intoxication as evidence in court procedures. Control legislation and policies. Alcohol consumption trends.

### *X. Current Activities and Trends.*

Areas requiring study and research.

## LECTURES

Lecturers will be drawn from the Yale University faculty and from other institutions. Specialists in various fields—medicine, religion, education, public health—will also address the student body. The lecture program will be organized to present a systematic background of understanding necessary before evaluation of more specialized problems can be explored in the seminars.

## SEMINARS

Starting in the second week of the School the afternoons will be devoted entirely to seminar meetings. The seminars are flexibly planned so that students with similar training and experience may explore problems arising in the course of their occupational activities.

Some seminars are organized according to the professional backgrounds of students; viz., Educators,

Social Workers, Ministers, Physicians, Nurses. Some are arranged to consider several topical areas which cut across professional lines. A workshop plan is followed in some seminars; others will have a more formal organization. More than one section will be organized in several of the seminars in order that there may be maximum opportunity for individual student participation.

*Education Seminar.* Educators are encouraged to use the resources of the seminar to organize materials and procedures appropriate to their teaching interests and responsibilities. Administrators and supervisors may be particularly interested in the evaluation of existing techniques and programs in alcohol instruction. A workshop approach is followed as much as possible. Students interested in earning academic credit for work done in the Education Seminar may secure information concerning the requirements by addressing the Yale Summer School of Alcohol Studies, 52 Hillhouse Avenue, Yale Station, New Haven. LEADER: *Ferrier.*

*Ministers Seminar.* The range of interests of clergy attending the School determines the direction the seminar will take. LEADER: *Shepherd.*

*Rehabilitation Seminar.* Probation and parole officers, psychologists, public health officers and students having comparable professional training will consider principles and practices underlying the effective handling of a variety of situations which normally occur in working with alcoholics. LEADER: *McCarthy.*

*Medical Therapy Seminar.* A survey of current medical therapy and practice in the care of the alcoholic patient is offered to a limited number of physicians. Observation of both inpatient and outpatient treatment procedures will be possible through the cooperation of the Connecticut Commission on Alcoholism. LEADER: *Lolli.*

*Nurses Seminar.* Graduate nurses will have an opportunity through this seminar to consider nursing procedures with the alcoholic in a hospital setting and also on an outpatient basis. Consideration will be given to the function of the nurse in interpreting the problem of alcoholism to patients so that they may accept treatment beyond hospitalization for acute intoxication. LEADER: *Golder.*

*Community Organization Seminar.* The Community Organization Seminar is designed for persons active or interested in local and state committees and agencies dealing with the problems of alcoholism. Stress in the

earlier sessions is placed on general principles of community organization and on the recognition of potentially valuable resources existing in the community. LEADER: *Kelly.*

*Social Work Seminar.* For the first time the School will offer a seminar for professionally qualified case workers. An evaluation will be made of the role of the case worker in the alcoholism clinic team. Particular emphasis will be placed on the application of case work techniques in working with alcoholics and their families in agency situations other than specialized clinics. LEADER: *Woodward.*

*Special Studies Seminar.* Students who find that their special needs are not adequately met by any of the preceding seminars will meet as a group to select topics of general interest. The seminar will function through committees and committee reports. Topics to be investigated, such as alcohol and traffic, the homeless man, research techniques, non-professional counseling of alcoholics, will be determined at the organizational meeting. Leaders will be available from the staff of the Laboratory and Center.

Other seminar groups may be organized if a need is expressed by a sufficient number of qualified students. Consultants from various professional fields will be available to meet with the different seminar groups.

#### LIBRARY FACILITIES

Adequate reading and reference materials necessary for participation in the seminars will be on reserve.

#### ADMISSION

*Qualifications.* Teachers and school administrators, social workers, physicians, psychologists, clergymen and denominational workers, nurses, those in personnel and welfare work, public health, probation and parole, alcoholism education and therapy, law enforcement, and other men and women engaged professionally in activities in which a knowledge of the problems of alcohol would be of advantage, will be considered qualified for admission. All other applicants will be required to have a college education or equivalent experience.

*Application.* Application for general admission must be made on the official application form.

Students for part courses will not be accepted, nor will visits to individual sessions be permitted except on special invitation from the administration.

All candidates for admission except Protestant clergymen and denominational workers should write for application blanks to:

Summer School of Alcohol Studies  
52 Hillhouse Avenue, Yale Station  
New Haven, Conn.

Protestant clergymen of all denominations should write for application blanks to:

Department of Pastoral Services  
National Council of Churches  
287 Fourth Ave., New York 10, N. Y.

*Closing Date for Applications.* All applications for admission to the 1954 session must be submitted by April 1.

*Notification of Admission.* All applications are reviewed by a Committee on Admissions and their decision will be communicated to each applicant by the first week in May.

#### COSTS AND ACCOMMODATIONS

Each student will pay a fee of \$250. The fee will cover University registration, tuition, room and board (18 meals weekly). No fees can be accepted prior to notification of enrollment by the Committee on Admissions. All fees not paid previously must be paid at registration.

*Rooms and Meals.* Students will be housed in resident colleges of Yale University. Blankets, bed linens, pillows and towels will be supplied. It is not possible to accommodate married couples in the same dormitory. Room assignments are made at registration.

Meals will be served in University dining halls six days a week (excluding Sunday), commencing Tuesday morning, July 6.

Students are expected to live in the University. Only under extraordinary circumstances will non-resident students be accepted; living off the campus has without exception proved to decrease significantly the educational effect of the program.

The administration cannot assist in locating quarters for families of students; arrangements for this purpose should be made well in advance by the student as facilities in the New Haven area are limited.

#### REGISTRATION AND SESSIONS

Registration will be held on Monday, July 5, from 10 A.M. to 6 P.M. Accepted candidates will be notified, in advance, of the exact location of registration headquarters.

Other pertinent instructions, such as directions for receiving mail while at the University, will likewise be mailed to accepted students well in advance of their departure for New Haven.

The first session, as well as an introductory reception, will be held on Monday evening, July 5.

#### ACADEMIC CREDIT

The School is not organized as a credit-granting institution although a number of universities in the country allow credit for work done at the School. A statement regarding the content and scope of the course will be forwarded to colleges requesting it.

Qualified educators who fulfill specific requirements in conjunction with the Education Seminar may earn 4 hours of graduate credit. This is possible through the cooperation of the Yale University Department of Education. Transfer of academic credits to another university will be made by the Department of Education.

#### CERTIFICATION

Yale University issues a Certificate of Attendance to those who attend and complete the entire session of the Summer School.

#### SCHOLARSHIPS

A limited number of scholarships is granted annually. Student applicants may secure information by addressing the Yale Summer School of Alcohol Studies.

#### SPECIAL SESSION FOR NURSES

An Institute on Alcoholism for registered professional nurses will be held July 29-July 31, 1954. This Institute is sponsored by the Yale School of Nursing, the Summer School of Alcohol Studies, and the Connecticut League for Nursing.

Inquiries should be addressed to: Summer School of Alcohol Studies, 52 Hillhouse Avenue, New Haven, Connecticut.

## LECTURERS AND ADMINISTRATIVE STAFF

### GENERAL SESSION AND SEMINARS

- H. DAVID ARCHIBALD, M.A.  
Director, Alcoholism Research Foundation, Ontario.
- SELDEN D. BACON, PH.D.  
Professor, Sociology, Yale University; Director, Yale Center of Alcohol Studies; Chairman, Connecticut Commission on Alcoholism.
- JULES V. COLEMAN, M.D.  
Associate Clinical Professor, Psychiatry, Yale University.
- LEONARD W. DOOB, PH.D.  
Professor, Psychology, Yale University.
- VERA EFRON, M.A.  
Archivist, Yale Center of Alcohol Studies.
- W. K. FERRIER, ED.D.  
Associate Professor, Education, Extension Division, Oregon State System of Higher Education.
- THE REV. JOHN C. FORD, S.J., LL.B.  
Professor, Ethics and Religion, Boston College.
- GRACE GOLDBER, R.N., M.A.  
Assistant Clinical Professor, Social Aspect of Nursing, Yale University; Nurse Consultant, Yale Plan Clinic.
- LEON A. GREENBERG, PH.D.  
Associate Professor, Applied Physiology, Yale University; Associate Director, Laboratory of Applied Physiology, Yale University.
- HOWARD W. HAGGARD, M.D.  
Director, Laboratory of Applied Physiology, Yale University.
- ESTHER W. HENDERSON  
Administrative Assistant, Summer School of Alcohol Studies.
- RALPH M. HENDERSON, LL.B.  
Industrial Consultant, Yale Center of Alcohol Studies.
- MARK KELLER  
Editor, Publications Division, Yale Center of Alcohol Studies.
- ALBION ROY KING, PH. D.  
Professor, Ethics and Religion, Cornell College (Iowa)

- NORBERT L. KELLY, PH.D.  
Educational Director, North Carolina Alcoholic Rehabilitation Program.
- DAVID LESTER, PH.D.  
Research Associate, Applied Physiology, Yale University.
- GIORGIO LOLLI, M.D.  
Research Associate, Applied Physiology, Yale University; Director, Yale Plan Clinic; Director, Silkworth Memorial Service, Knickerbocker Hospital, New York.
- RAYMOND G. MCCARTHY, M.A., M.ED.  
Research Associate, Laboratory of Applied Physiology (Education), Yale University; Director of Alcoholism Research, New York State Mental Health Commission.
- DUDLEY P. MILLER, PH.D.  
Lecturer, Applied Physiology, Yale University; Executive Director, Connecticut Commission on Alcoholism.
- ALICE McI. O'BRIEN  
Director, Silliman College Dining Hall.
- ARNOLD Z. PFEFFER, M.D.  
Assistant Clinical Professor, Psychiatry, New York University College of Medicine; Physician-in-charge, Consultation Clinic for Alcoholism, University Hospital, New York.
- S. KINION PROCTOR  
Executive Director, North Carolina Alcoholic Rehabilitation Program.
- THE REV. OTIS R. RICE  
Religious Director, St. Luke's Hospital, New York; Executive Director, Department of Pastoral Services, National Council of Churches.
- THE REV. DAVID E. ROBERTS, PH.D., D.D.  
Professor of the Philosophy of Religion, Union Theological Seminary.
- JEAN V. SAPIR, M.A., M.S.S.  
Supervisor of Social Service, Connecticut Commission on Alcoholism.

- ERNEST A. SHEPHERD, A.M., S.T.B.  
Administrator, Florida Alcoholic Rehabilitation Program; President, National States' Conference on Alcoholism.
- CHARLES R. SNYDER, M.A.  
Research Assistant, Laboratory of Applied Physiology (Sociology), Yale University.
- ROBERT STRAUS, PH.D.  
Assistant Professor, Sociology, State University of New York College of Medicine, Syracuse.
- HARRY M. TIEBOUT, M.D.  
Psychiatrist, Greenwich; President, National Committee on Alcoholism; Vice-chairman, Connecticut Commission on Alcoholism.
- MARY T. TONER, R.N., M.A.  
Nurse Consultant, Connecticut Commission on Alcoholism.
- CHARLES C. WILSON, M.D.  
Professor of Education and Public Health, Yale University; Member of the Board, Connecticut Commission on Alcoholism.
- G. MONTGOMERY WINSHIP, M.D.  
Psychiatrist-in-charge, Blue Hills Hospital, Hartford, Conn.
- LUTHER WOODWARD, PH.D.  
Coordinator of Community Services, New York State Mental Health Commission; Editor, *Journal of Psychiatric Social Work*.

#### CORRESPONDENCE

Address all communications to the School, including applications not made through a cooperating organization, as follows:

Yale Summer School of Alcohol Studies  
52 Hillhouse Avenue, Yale Station  
New Haven, Conn.