

YALE UNIVERSITY



*Summer School of  
Alcohol Studies*

FOURTEENTH ANNUAL SESSION

July 1–July 26

1956

## LABORATORY OF APPLIED PHYSIOLOGY

Director: HOWARD W. HAGGARD, M.D.

## SUMMER SCHOOL OF ALCOHOL STUDIES

Director: SELDEN D. BACON, Ph.D.

Associate Director:

RAYMOND G. McCARTHY, A.M., Ed.M.

Registrar: ESTHER W. HENDERSON

### CORRESPONDENCE

Address all communications concerning the School to:

Registrar  
Summer School of Alcohol Studies  
Yale University  
52 Hillhouse Avenue, Yale Station  
New Haven, Connecticut

THE Summer School of Alcohol Studies of the Laboratory of Applied Physiology, Yale University, will hold its fourteenth annual session in 1956. The regular session will be held during the 4-week period July 1-July 26 inclusive.

Since 1943, when the first session of the School was held, 2,030 students from 47 states and the District of Columbia, from 9 Canadian provinces and from 20 other countries have attended.

The School is organized to meet the needs of a number of categories of professional and nonprofessional people. Professional workers presently active in the prevention or treatment of alcoholism, e.g., clergy, educators, physicians, case workers, psychologists, will have an opportunity to exchange experiences, review current literature and procedures and redefine some of the principles they observe in practice. Enforcement and correctional officers, leaders in municipal and state affairs, traffic supervisors, personnel officers and foremen in industry, and others whose work requires a knowledge of alcohol problems will acquire a background of understanding through attendance at the School. Private citizens who wish to explore problems of alcohol as they are related to community life and social change will find their experiences at the School stimulating and challenging.

There has been a consistent rise since 1943 in the proportion of students with professional background in attendance at the School. Physicians, psychologists, case workers and persons in various phases of rehabilitation work have formed a steadily increasing segment of the total student body. Educators representing all levels of school and college instruction have recently constituted the largest single group. State departments of education have had representatives in all but the first two sessions.

Many of the students of the Summer School have become affiliated with organizations dealing specifically

with problems relating to alcohol. For example, in 26 states and 5 Canadian provinces graduates are active as members of boards or as executive personnel responsible for programs on alcoholism. In 20 states and provinces and in numerous county and city systems, the supervisor of instruction about alcohol has attended the School. Secretaries of most of the community information centers sponsored by the National Committee on Alcoholism are also graduates.

It should be understood that the School does not offer a program of clinical training in preparation for work in the field of rehabilitation of alcoholics. However, students who have a background of specialized skills appropriate for work in this field will find in the School opportunity to develop further some of their understandings and skills.

## THE CURRICULUM

The 1956 Summer School of Alcohol Studies, through a series of lectures and seminars, offers a systematic investigation of various aspects of the functions and problems of alcohol as they affect the individual and society. The program of the School is organized around a number of major topical areas.

### TENTATIVE LECTURE SCHEDULE

#### *Sunday, July 1*

- 1:00 P.M.—6:00 P.M. Registration.  
 7:30 P.M. *Welcome.*  
 The Yale Center of Alcohol Studies.  
 8:00 P.M. *Reception.*

#### *Monday, July 2*

- 9:00 A.M. Orientation.  
 9:30 A.M. Nature of Social Problems.  
 10:40 A.M. *Intermission.*  
 11:00 A.M. Problems of Alcohol.  
 2:00 P.M. Scientific Method: Biological Science.  
 2:45 P.M. Scientific Method: Social Science.

#### *Tuesday, July 3*

- 9:00 A.M. Metabolism of Alcohol.  
 10:25 A.M. *Intermission.*  
 10:45 A.M. Physiology of Alcohol.  
 2:00 P.M. *Laboratory Demonstration.*  
 3:15 P.M. *Question Period.*

#### *Wednesday, July 4*

*No classes*

#### *Thursday, July 5*

- 9:00 A.M. Personality I: The Learning Process.  
 10:00 A.M. Personality II: Motivation.  
 10:45 A.M. *Intermission.*  
 11:00 A.M. The Deviant Personality.  
 2:00 P.M. Psychological Effects of Alcohol.  
 3:00 P.M. *Discussion Groups; Four Sections.*

#### *Friday, July 6*

- 9:00 A.M. Drinking as a Folkway.  
 10:10 A.M. Drinking Customs in Different Societies.  
 10:55 A.M. *Intermission.*  
 11:10 A.M. American Drinking: Consumption Rates.  
 2:00 P.M. American Attitudes Toward Drinking.  
 3:00 P.M. *Discussion Groups; Four Sections.*

#### *Monday, July 9*

- 9:00 A.M. Alcoholism: Nature of the Problem.  
 10:15 A.M. *Intermission.*  
 10:30 A.M. Rates of Alcoholism.  
 2:00 P.M. The Alcoholic.

#### *Tuesday, July 10*

- 9:00 A.M. Profile of the Alcoholic.  
 10:00 A.M. *Intermission.*  
 10:20 A.M. Alcoholism and Heredity.  
 11:10 A.M. Social Pathology of Alcoholic Drinking.  
 2:00 P.M. Public Clinic Approach to Alcoholism.

#### *Wednesday, July 11*

- 9:00 A.M. The Alcohol Literature.  
 10:00 A.M. Treatment of Alcoholism.  
 10:50 A.M. *Intermission.*  
 11:10 A.M. *Discussion Groups; Four Sections.*  
 1:30 P.M. *Class Picture.*  
 2:00 P.M. *Seminars.*  
 7:30 P.M. *Alcoholics Anonymous Meeting.*

#### *Thursday, July 12*

- 9:00 A.M. A Sociologist Looks at A.A.  
 9:50 A.M. The Community Agency and A.A.  
 10:40 A.M. *Intermission.*  
 11:00 A.M. Acceptance versus Compliance in Therapy.  
 2:00 P.M. *Seminars.*

*Friday, July 13*

- 9:00 A.M. Survey: Theories of Causation and Treatment in Alcoholism.  
10:15 A.M. Discussion Groups (on A.A.); Four Sections.  
2:00 P.M. Seminars.

*Monday, July 16*

- 9:00 A.M. Alcohol, the Churches and the Temperance Movement.  
10:10 A.M. Intermission.  
10:30 A.M. Moral Theology and Beverage Alcohol.  
2:00 P.M. Seminars.

*Tuesday, July 17*

- 9:00 A.M. Alcohol and Crime.  
10:00 A.M. The Chronic Drunkenness Offender.  
11:00 A.M. Rehabilitation in a Penal System.  
2:00 P.M. Seminars.

*Wednesday, July 18*

- 9:00 A.M. Research on Alcoholism Programs.  
10:00 A.M. Trends in Health Education.  
11:00 A.M. Instruction about Alcohol in Public School Systems.  
2:00 P.M. Seminars.

*Thursday, July 19*

- 9:00 A.M. Public Responses to Social Problems.  
10:15 A.M. Alcoholism in Industry.  
2:00 P.M. Seminars.

*Friday, July 20*

- 9:00 A.M. State-Supported Treatment Programs.  
10:00 A.M. Report on Specific State Programs.  
11:00 A.M. Discussion Groups; Four Sections.  
2:00 P.M. Seminars.

*Monday, July 23*

- 9:00 A.M. Seminars.  
2:00 P.M. Seminars.

*Tuesday, July 24*

- 9:00 A.M. The Wet-Dry Controversy.  
10:00 A.M. Driving Under the Influence.  
11:00 A.M. Demonstration of the Alcometer.  
2:00 P.M. Seminars.

*Wednesday, July 25*

- 9:00 A.M. Modifying Individual and Group Attitudes.  
10:15 A.M. Problems in Evaluation of Community Programs.  
2:00 P.M. Seminars.

*Thursday, July 26*

- 9:00 A.M. Alcoholism, an International Problem.  
10:00 A.M. Alcohol, Science and Society.  
Presentation of Certificates.

LECTURES

Lecturers will be drawn from the Yale University faculty and from other institutions. Specialists in various fields—medicine, religion, education, public health—will also address the student body. The lecture program will be organized to present a systematic background of understanding necessary before evaluation of more specialized problems can be explored in the seminars.

SEMINARS

Starting in the second week of the School the afternoons will be devoted entirely to seminar meetings. The seminars are flexibly planned so that students with similar training and experience may explore problems arising in the course of their occupational activities. A workshop plan is followed in some seminars; others may have a more formal organization. More than one section will be organized in several of the seminars in order that there may be maximum opportunity for individual student participation. Students interested in earning academic credit for work done in a seminar may secure information concerning the requirements by addressing the Registrar, Summer School of Alcohol Studies, 52 Hillhouse Avenue, Yale Station, New Haven.

*Education Seminar.* Educators are encouraged to use the resources of the seminar to organize materials and procedures appropriate to their teaching interests and responsibilities. Administrators and supervisors may be particularly interested in the evaluation of existing techniques and programs in alcohol instruction. A workshop approach is followed as much as possible.

*Ministers Seminar.* The range of interests of clergy attending the School determines the direction the seminar will take.

*Therapy Seminar.* The organization of treatment services and problems in diagnosis and therapy will be considered. Sections will meet according to the interests of special disciplines, although some joint meetings may be scheduled. Admission to the seminar is restricted to students qualified by professional training and experience.

SECTION I. PHYSICIANS. A survey of current medical and psychiatric practice in the care of the alcoholic patient is offered to a limited number of physicians. Observation of both inpatient and outpatient treatment procedures will be possible through the cooperation of the Connecticut Commission on Alcoholism.

SECTION II. SOCIAL WORKERS. An evaluation will be made of the role of the caseworker in the alcoholism clinic team. Particular emphasis will be placed on the application of casework techniques in working with alcoholics and their families in agency situations other than specialized clinics. Participation in this section is restricted to graduates of schools of social work.

SECTION III. NURSES. Graduate nurses will have an opportunity through this seminar to consider nursing procedures with the alcoholic in a hospital setting and also on an outpatient basis. Consideration will be given to the function of the nurse in interpreting the problem of alcoholism to patients so that they may accept treatment beyond hospitalization for acute intoxication.

SECTION IV. Psychologists, rehabilitation officers and other professional workers whose interests do not lie specifically in Sections I-III will meet as a separate group.

*Organization and Administration of Alcoholism Programs.* This Seminar is arranged for students planning to work or already participating in treatment and educational programs at the local or state level. Administrators, health educators, board members and other interested individuals will explore and evaluate resources and techniques relating to the prevention and alleviation of problems of alcohol and alcoholism. The seminar will subdivide for investigation of special topics. Members of the faculty will be available for work with small groups.

#### LIBRARY FACILITIES

Special reading and reference materials necessary for participation in the seminars will be on reserve in the Silliman College Library. The Library will be open for student use throughout the Summer School session.

#### ADMISSION

*Qualifications.* Teachers and school administrators, social workers, physicians, psychologists, clergymen and denominational workers, nurses, those in personnel

and welfare work, public health, probation and parole, alcoholism education and therapy, law enforcement, and other men and women engaged professionally in activities in which a knowledge of the problems of alcohol would be of advantage, will be considered qualified for admission. All other applicants will be required to have a college education or equivalent experience.

*Application.* Application for general admission must be made on the official application form.

Students for part courses will not be accepted, nor will visits to individual sessions be permitted except on special invitation from the administration.

All candidates for admission except Protestant clergymen should write for application blanks to:

Registrar

Summer School of Alcohol Studies  
52 Hillhouse Avenue, Yale Station  
New Haven, Conn.

Protestant clergymen of all denominations should write for application blanks to:

Department of Pastoral Services  
National Council of Churches  
287 Fourth Ave., New York 10, N.Y.

*Closing Date for Applications.* All applications for admission to the 1956 session must be submitted by April 15.

*Notification of Admission.* All applications are reviewed by a Committee on Admissions and their decision will be communicated to each applicant by the first week in May.

#### COSTS AND ACCOMMODATIONS

Each student will pay a fee of \$250. The fee will cover University registration, tuition, room and board (18 meals weekly). No fees can be accepted prior to notification of enrollment by the Committee on Admissions. All fees not paid previously must be paid at registration.

*Rooms and Meals.* Students will be housed in Silliman College of Yale University. Blankets, bed linens, pillows and towels will be supplied. It is not possible to accommodate married couples in the same dormitory. Room assignments are made at registration.

Meals will be served in the Silliman College dining hall six days a week (excluding Sunday), commencing Monday morning, July 2.

Students are expected to live in the University. Only under extraordinary circumstances will non-resident students be accepted; living off the campus has without exception proved to decrease significantly the educational effect of the program.

The administration cannot assist in locating quarters for families of students; arrangements for this purpose should be made well in advance by the student as facilities in the New Haven area are limited.

### REGISTRATION AND SESSIONS

Registration will be held on Sunday, July 1, from 1 P.M. to 6 P.M. Accepted candidates will be notified, in advance, of the exact location of registration headquarters.

Other pertinent instructions, such as directions for receiving mail while at the University, will likewise be mailed to accepted students well in advance of their departure for New Haven.

The first session, as well as an introductory reception, will be held on Sunday evening, July 1.

### ACADEMIC CREDIT

A limited number of qualified students in various fields may earn academic credit by fulfilling specific requirements. Further information may be secured by addressing the Registrar of the Summer School.

### CERTIFICATION

Yale University issues a Certificate of Attendance to those who attend and complete the entire session of the Summer School.

### TUITION GRANTS AND SCHOLARSHIPS

A limited number of scholarships is ordinarily available. Student applicants may secure information by addressing the Yale Summer School of Alcohol Studies.

## LECTURERS AND ADMINISTRATIVE STAFF

### GENERAL SESSION AND SEMINARS

- H. DAVID ARCHIBALD, M.S.W.  
Director, Alcoholism Research Foundation, Ontario;  
Vice President, National States' Conference on Alcoholism.
- SELDEN D. BACON, PH.D.  
Professor, Sociology, Yale University; Director, Yale Center of Alcohol Studies; Chairman, Connecticut Commission on Alcoholism.
- TERRENCE J. BOYLE, M.S.S.  
Executive Secretary, Onondaga Committee on Alcoholism, Syracuse, N.Y.
- JOHN A. CARPENTER, PH.D.  
Research Assistant (Psychology), Laboratory of Applied Physiology, Yale University.
- MIRIAM L. COOPER, M.S.S.  
Supervisor, Social Services, Division of Alcoholism, Massachusetts State Department of Public Health.
- RALPH W. DANIEL, M.S.W.  
Executive Director, Michigan State Board of Alcoholism.
- LEONARD W. DOOB, PH.D.  
Professor, Psychology, Yale University.
- VERA EFRON, M.A.  
Archivist, Yale Center of Alcohol Studies.
- W. K. FERRIER, ED.D.  
Associate Professor, Education, Extension Division, Oregon State System of Higher Education.
- THE REV. JOHN C. FORD, S.J., LL.B.  
Professor, Moral and Pastoral Theology, Weston College.
- FRANCES GOECKLER  
Librarian, Summer School of Alcohol Studies.
- GRACE GOLDBERGER, R.N., M.A.  
Assistant Clinical Professor, Mental Health Nursing, Yale University; Nurse Consultant, Yale Plan Clinic.
- LEON A. GREENBERG, PH.D.  
Associate Professor, Applied Physiology, Yale University; Associate Director, Laboratory of Applied Physiology, Yale University.
- H. ROBERT GREENHOUSE, M.D.  
Research Assistant, Applied Physiology, Yale University; Physician-in-charge, New Haven Clinic, Connecticut Commission on Alcoholism.

HOWARD W. HAGGARD, M.D.  
Director, Laboratory of Applied Physiology, Yale University.

ESTHER W. HENDERSON  
Registrar, Summer School of Alcohol Studies.

RALPH M. HENDERSON, LL.B.  
Industrial Consultant, Yale Center of Alcohol Studies.

JOHN W. HIGGINS, M.D.  
Assistant Clinical Professor, Psychiatry, Yale University; Chief, Psychiatric Section 7, Veterans Administration Hospital, West Haven.

REUBEN A. HOLDEN, PH.D.  
Secretary of Yale University.

IRVING L. JANIS, PH.D.  
Associate Professor, Psychology, Yale University.

MARK KELLER  
Editor, Publications Division, Yale Center of Alcohol Studies.

NORBERT L. KELLY, PH.D.  
Educational Director, North Carolina Rehabilitation Program.

DAVID LESTER, PH.D.  
Research Associate, Applied Physiology, Yale University.

EDITH S. LISANSKY, PH.D.  
Research Assistant, Applied Physiology (Psychology), Yale University.

ELIZABETH S. MCCARTHY  
Assistant Librarian, Summer School of Alcohol Studies.

RAYMOND G. MCCARTHY, A.M., ED.M.  
Associate Professor, Health Education, Yale University; Director of Alcoholism Research, New York State Mental Health Commission.

DUDLEY P. MILLER, PH.D.  
Lecturer, Applied Physiology, Yale University; Executive Director, Connecticut Commission on Alcoholism; Vice President, National States' Conference on Alcoholism.

JOHN M. MURTAGH, LL.B.  
Chief City Magistrate, City of New York.

ALICE McI. O'BRIEN  
Director, Silliman College Dining Hall.

DAVID PITTMAN, PH.D.  
Assistant Professor, Sociology, University of Rochester.

FRANK H. POTTS, M.A.  
Chief Psychologist, Ontario Department of Reform Institutions, Canada.

GLADYS M. PRICE, M.S.S.  
Director, Social Service, Washingtonian Hospital, Boston; Instructor, Boston University School of Social Work.

S. KINION PROCTOR  
Executive Director, North Carolina Alcoholic Rehabilitation Program.

THE REV. OTIS R. RICE  
Religious Director, St. Luke's Hospital, New York; Executive Director, Department of Pastoral Services, National Council of Churches.

THE REV. FORREST L. RICHESON, D.D.  
Minister, Portland Avenue Christian Church, Minneapolis.

J. D. ROSENFELD, M.D.  
Physician-in-charge, Blue Hills Clinic, Connecticut Commission on Alcoholism.

EARL RUBINGTON, PH.D.  
Sociologist, Connecticut Commission on Alcoholism.

JEAN V. SAPIR, M.A., M.S.S.  
Supervisor of Psychiatric Social Service, Connecticut Commission on Alcoholism.

MILTON J. E. SENN, M.D.  
Director, Child Study Center; Sterling Professor of Pediatrics and Psychiatry, Yale University.

CHARLES R. SNYDER, PH.D.  
Research Assistant, Applied Physiology (Sociology), Yale University.

HARRY M. TIEBOUT, M.D.  
Psychiatrist, Greenwich; Member of the Board, National Committee on Alcoholism; Vice-chairman, Connecticut Commission on Alcoholism.

JAMES TITCHENER, M.D.  
Psychiatrist, University of Cincinnati Medical School.

MARY T. TONER, R.N., M.A.  
Nurse Consultant, Connecticut Commission on Alcoholism.

RAYMOND P. WALKER, M.A.

Health Educator, Montana State Department of Health.

CHARLES C. WILSON, M.D.

Professor of Education and Public Health, Yale University.

ISRAEL ZWERLING, M.D., Ph.D.

Psychiatrist-in-charge, Alcoholism Treatment and Research Center, State University College of Medicine, New York; Assistant Professor of Psychiatry, Albert Einstein College of Medicine.

Geographic Distribution of 2,030 Students, 1943-1955

UNITED STATES

|                      |     |               |    |
|----------------------|-----|---------------|----|
| New York             | 193 | Tennessee     | 24 |
| North Carolina       | 170 | Maine         | 23 |
| Texas                | 96  | Missouri      | 23 |
| Connecticut          | 92  | New Hampshire | 23 |
| Ohio                 | 85  | Oregon        | 22 |
| California           | 83  | West Virginia | 19 |
| Michigan             | 78  | Vermont       | 16 |
| Pennsylvania         | 76  | Utah          | 14 |
| Alabama              | 70  | Kansas        | 13 |
| Massachusetts        | 65  | Oklahoma      | 13 |
| Florida              | 63  | South Dakota  | 9  |
| Maryland             | 53  | Washington    | 9  |
| Illinois             | 51  | New Mexico    | 8  |
| Mississippi          | 50  | Arizona       | 7  |
| New Jersey           | 46  | Nebraska      | 7  |
| South Carolina       | 39  | Colorado      | 5  |
| Indiana              | 37  | Montana       | 5  |
| District of Columbia | 35  | Nevada        | 4  |
| Georgia              | 33  | North Dakota  | 4  |
| Kentucky             | 33  | Rhode Island  | 4  |
| Louisiana            | 30  | Arkansas      | 3  |
| Minnesota            | 30  | Idaho         | 3  |
| Wisconsin            | 27  | Delaware      | 2  |
| Virginia             | 26  | Wyoming       | 0  |
| Iowa                 | 25  |               |    |

CANADA

|              |    |                      |   |
|--------------|----|----------------------|---|
| Ontario      | 69 | Nova Scotia          | 8 |
| Quebec       | 21 | British Columbia     | 7 |
| Alberta      | 16 | New Brunswick        | 5 |
| Manitoba     | 15 | Prince Edward Island | 2 |
| Saskatchewan | 10 |                      |   |

OTHER COUNTRIES

|           |   |                  |   |
|-----------|---|------------------|---|
| Sweden    | 4 | France           | 1 |
| Argentina | 3 | Greece           | 1 |
| Chile     | 3 | Holland          | 1 |
| Finland   | 3 | Japan            | 1 |
| Brazil    | 2 | Nicaragua        | 1 |
| Mexico    | 2 | Northern Ireland | 1 |
| Norway    | 2 | South Africa     | 1 |
| Bermuda   | 1 | Thailand (Siam)  | 1 |
| China     | 1 | Uruguay          | 1 |
| Egypt     | 1 | Venezuela        | 1 |