YALE UNIVERSITY

Summer School of Alcohol Studies

Fifteenth Annual Session
June 30–July 25
1957
LABORATORY OF APPLIED BIODYNAMICS
Director: Leon A. Greenberg, Ph.D.

SUMMER SCHOOL OF ALCOHOL STUDIES
Director: Selden D. Bacon, Ph.D.

Associate Director:
Raymond G. McCarthy, A.M., Ed.M.
Registrar: Esther W. Henderson

THE Summer School of Alcohol Studies of the Laboratory of Applied Biodynamics, Yale University, will hold its fifteenth annual session in 1957. The regular session will be held during the 4-week period June 30–July 25 inclusive.

Since 1943, when the first session of the School was held, 2,249 students from 47 states, the District of Columbia and one territory, from 9 Canadian provinces and from 21 other countries have attended.

The School is organized to meet the needs of a number of categories of professional and nonprofessional people. Professional workers presently active in the prevention or treatment of alcoholism, e.g., clergy, educators, physicians, case workers, psychologists, will have an opportunity to exchange experiences, review current literature and procedures and redefine some of the principles they observe in practice. Enforcement and correctional officers, leaders in municipal and state affairs, traffic supervisors, personnel officers and foremen in industry, and others whose work requires a knowledge of alcohol problems will acquire a background of understanding through attendance at the School. Private citizens who wish to explore problems of alcohol as they are related to community life and social change will find their experiences at the School stimulating and challenging.

There has been a consistent rise since 1943 in the proportion of students with professional background in attendance at the School. Physicians, psychologists, case workers and persons in various phases of rehabilitation work have formed a steadily increasing segment of the total student body. Educators representing all levels of school and college instruction have recently constituted the largest single group. State departments of education have had representatives in all but the first two sessions.

Many of the students of the Summer School have become affiliated with organizations dealing specifically
with problems relating to alcohol. For example, in 27 states and 5 Canadian provinces graduates are active as members of boards or as executive personnel responsible for programs on alcoholism. In 20 states and provinces and in numerous county and city systems, the supervisor of instruction about alcohol has attended the School. Secretaries of most of the community information centers sponsored by the National Committee on Alcoholism are also graduates.

It should be understood that the School does not offer a program of clinical training in preparation for work in the field of rehabilitation of alcoholics. However, students who have a background of specialized skills appropriate for work in this field will find in the School opportunity to develop further some of their understandings and skills.

THE CURRICULUM

The 1957 Summer School of Alcohol Studies, through a series of lectures and seminars, offers a systematic investigation of various aspects of the functions and problems of alcohol as they affect the individual and society. The program of the School is organized around a number of major topical areas.

TENTATIVE LECTURE SCHEDULE

Sunday, June 30

1:00 P.M.—6:00 P.M. Registration.
7:30 P.M. Welcome.
8:00 P.M. Reception.

Monday, July 1

9:00 A.M. Orientation.
11:00 A.M. Scientific Method—Biological Science.
2:00 P.M. Scientific Method—Social Science.

Tuesday, July 2

9:00 A.M. Metabolism of Alcohol.
10:35 A.M. Physiology of Alcohol.
2:00 P.M. Laboratory Demonstration.
3:00 P.M. Film. Alcohol in the Human Body.
3:35 P.M. Question Period.

Wednesday, July 3

9:00 A.M. The Learning Process and Motivation.
10:00 A.M. The Development of Personality.
11:00 A.M. The Deviant Personality.
2:00 P.M. Psychological Effects of Alcohol.

Thursday, July 4

9:00 A.M. Drinking as a Folkway.
10:25 A.M. Drinking Customs in Different Societies.
2:00 P.M. American Drinking: Measures and Rates.
3:00 P.M. American Attitudes Toward Drinking.

Friday, July 5

9:00 A.M. Discussion Sessions.
10:30 A.M. Integration of Definitions and Concepts Developed During Preceding Lectures.
11:15 A.M. Introduction to Seminars.

Monday, July 8

9:00 A.M. Alcoholism: Nature of the Problem.
10:30 A.M. Alcoholism: Measures and Rates.
2:00 P.M. The Alcoholic.
7:30 P.M. Films.

Tuesday, July 9

9:00 A.M. Profile of the Alcoholic.
10:20 A.M. Psychological Theories of Alcoholism.
11:10 A.M. Social Pathology of Alcoholic Drinking.
2:00 P.M. Public Clinic Approach to Alcoholism.

Wednesday, July 10

9:00 A.M. The Alcohol Literature.
10:00 A.M. Treatment of Alcoholism.
11:10 A.M. Discussion—Four Groups.
1:30 P.M. Class Picture.
2:00 P.M. Seminars.
7:30 P.M. Alcoholics Anonymous Meeting.

Thursday, July 11

9:00 A.M. A Sociologist Looks at Alcoholics Anonymous.
11:00 A.M. The Community Agency and Alcoholics Anonymous.
2:00 P.M. Seminars.

Friday, July 12

9:00 A.M. Discussion Groups (on A.A.).
10:10 A.M. Theories of Causation and Treatment in Alcoholism—Summary.
11:00 A.M. Changing Emphasis in the Treatment of Alcoholism.
2:00 P.M. Seminars.
Saturday, July 13
8:30 A.M. Field Trip (excluding Therapy Seminars).

Monday, July 15
9:00 A.M. Alcohol, the Churches and the Temperance Movement.
10:30 A.M. Moral Theology and Beverage Alcohol.
2:00 P.M. Seminars.

Tuesday, July 16
9:00 A.M. Research and Alcoholism Programs.
10:00 A.M. Trends in Health Education.
11:00 A.M. Instruction about Alcohol in Public School Systems.
2:00 P.M. Seminars.

Wednesday, July 17
9:00 A.M. Alcohol and Crime.
10:00 A.M. The Chronic Drunkenness Offender.
11:00 A.M. Rehabilitation in a Penal System.
2:00 P.M. Seminars.
7:30 P.M. Films.

Thursday, July 18
9:00 A.M. Public Responses to Social Problems.
10:15 A.M. Alcoholism in Industry.
2:00 P.M. Seminars. Blue Hills Field Trip for Therapy Seminars.

Friday, July 19
9:00 A.M. State-Supported Treatment Programs.
10:00 A.M. Problems and Issues in State Programs.
11:00 A.M. Discussion—Four Groups.
2:00 P.M. Seminars.

Monday, July 22
9:00 A.M. Seminars.
2:00 P.M. Seminars.
7:30 P.M. Films.

Tuesday, July 23
9:00 A.M. The Wet–Dry Controversy.
10:00 A.M. Driving Under the Influence. Demonstration of Alcometer.
2:00 P.M. Seminars.

Wednesday, July 24
9:00 A.M. Modifying Individual and Group Attitudes.
10:15 A.M. Problems in Evaluation of Community Programs.
2:00 P.M. Seminars.

Thursday, July 25
9:00 A.M. To be announced.
10:00 A.M. Alcohol, Science and Society. Presentation of Certificates.

Lectures

Lecturers will be drawn from the Yale University faculty and from other institutions. Specialists in various fields—medicine, religion, education, public health—will also address the student body. The lecture program will be organized to present a systematic background of understanding necessary before evaluation of more specialized problems can be explored in the seminars.

Seminars

Starting in the second week of the School the afternoons will be devoted entirely to seminar meetings. The seminars are flexibly planned so that students with similar training and experience may explore problems arising in the course of their occupational activities. A workshop plan is followed in some seminars; others may have a more formal organization. More than one section will be organized in several of the seminars in order that there may be maximum opportunity for individual student participation. Students interested in earning academic credit for work done in a seminar may secure information concerning the requirements by addressing the Registrar, Summer School of Alcohol Studies, 52 Hillhouse Avenue, Yale Station, New Haven.

Education Seminar. Educators are encouraged to use the resources of the seminar to organize materials and procedures appropriate to their teaching interests and responsibilities. Administrators and supervisors may be particularly interested in the evaluation of existing techniques and programs in alcohol instruction. A workshop approach is followed as much as possible.

Ministers Seminar. The range of interests of clergy attending the School determines the direction the seminar will take.

Therapy Seminar. The organization of treatment services and problems in diagnosis and therapy will be considered. Sections will meet according to the interests of special disciplines, although some joint meetings may be scheduled. Admission to the seminar is restricted to students qualified by professional training and experience.
SECTION I. PHYSICIANS. A survey of current medical and psychiatric practice in the care of the alcoholic patient is offered to a limited number of physicians. Observation of both inpatient and outpatient treatment procedures will be possible through the cooperation of the Connecticut Commission on Alcoholism.

SECTION II. SOCIAL WORKERS. An evaluation will be made of the role of the caseworker in the alcoholism clinic team. Particular emphasis will be placed on the application of casework techniques in working with alcoholics and their families in agency situations other than specialized clinics. Participation in this section is restricted to graduates of schools of social work.

SECTION III. NURSES. Graduate nurses will have an opportunity through this seminar to consider nursing procedures with the alcoholic in a hospital setting and also on an outpatient basis. Consideration will be given to the function of the nurse in interpreting the problem of alcoholism to patients so that they may accept treatment beyond hospitalization for acute intoxication.

SECTION IV. Psychologists, rehabilitation officers and other professional workers whose interests do not lie specifically in Sections I–III will meet as separate groups.

Organization and Administration of Alcoholism Programs. This Seminar is arranged for students planning to work or already participating in treatment and educational programs at the local or state level. Administrators, health educators, board members and other interested individuals will explore and evaluate resources and techniques relating to the prevention and alleviation of problems of alcohol and alcoholism. The seminar will subdivide for investigation of special topics. Members of the faculty will be available for work with small groups.

LIBRARY FACILITIES

Special reading and reference materials necessary for participation in the seminars will be on-reserve in the Silliman College Library. The Library will be open for student use throughout the Summer School session.

ADMISSION

Qualifications. Teachers and school administrators, social workers, physicians, psychologists, clergymen and denominational workers, nurses, those in personnel and welfare work, public health, probation and parole, alcoholism education and therapy, law enforcement, and other men and women engaged professionally in activities in which a knowledge of the problems of alcohol would be of advantage, will be considered qualified for admission. All other applicants will be required to have a college education or equivalent experience.

Application. Application for general admission must be made on the official application form. Students for part courses will not be accepted, nor will visits to individual sessions be permitted except on special invitation from the administration.

All candidates for admission except Protestant clergymen should write for application blanks to:

Registrar
Summer School of Alcohol Studies
52 Hillhouse Avenue, Yale Station
New Haven, Conn.

Protestant clergymen of all denominations should write for application blanks to:

Department of Pastoral Services
National Council of Churches
287 Fourth Ave., New York 10, N.Y.

Closing Date for Applications. All applications for admission to the 1937 session must be submitted by April 15.

Notification of Admission. All applications are reviewed by a Committee on Admissions and their decision will be communicated to each applicant by the first week in May.

COSTS AND ACCOMMODATIONS

Each student will pay a fee of $250. The fee will cover University registration, tuition, room and board (18 meals weekly). No fees can be accepted prior to notification of enrollment by the Committee on Admissions. All fees not paid previously must be paid at registration.

Rooms and Meals. Students will be housed in Silliman College of Yale University. Blankets, bed linens, pillows and towels will be supplied. It is not possible to accommodate married couples in the same dormitory. Room assignments are made at registration.
Meals will be served in the Silliman College dining hall six days a week (excluding Sunday), commencing Monday morning, July 1.

Students are expected to live in the University. Only under extraordinary circumstances will non-resident students be accepted; living off the campus has without exception proved to decrease significantly the educational effect of the program.

The administration cannot assist in locating quarters for families of students; arrangements for this purpose should be made well in advance by the student as facilities in the New Haven area are limited.

REGISTRATION AND SESSIONS

Registration will be held on Sunday, June 30, from 1 P.M. to 6 P.M. Accepted candidates will be notified, in advance, of the exact location of registration headquarters.

Other pertinent instructions, such as directions for receiving mail while at the University, will likewise be mailed to accepted students well in advance of their departure for New Haven.

The first session, as well as an introductory reception, will be held on Sunday evening, June 30.

ACADEMIC CREDIT

A limited number of qualified students in various fields may earn academic credit by fulfilling specific requirements. Further information may be secured by addressing the Registrar of the Summer School.

CERTIFICATION

Yale University issues a Certificate of Attendance to those who attend and complete the entire session of the Summer School.

LECTURERS AND ADMINISTRATIVE STAFF

GENERAL SESSION AND SEMINARS

H. DAVID ARCHIBALD, M.S.W.
Director, Alcoholism Research Foundation, Ontario; Vice President, North American Association of Alcoholism Programs.

SELDEN D. BACON, Ph.D.
Professor, Sociology, Yale University; Director, Yale Center of Alcohol Studies; Chairman, Connecticut Commission on Alcoholism.

JOHN A. CARPENTER, Ph.D.
Research Assistant (Psychology), Laboratory of Applied Biodynamics, Yale University.

MIRIAM L. COOPER, M.S.S.
Supervisor, Social Services, Division of Alcoholism, Massachusetts State Department of Public Health.

LEONARD W. DOEB, Ph.D.
Professor, Psychology, Yale University.

VERA EFRON, M.A.
Archivist, Yale Center of Alcohol Studies.

THE REV. JOHN C. FORD, S.J., LL.B.
Professor, Moral and Pastoral Theology, Weston College.

FRANCES GOECKLER
Librarian, Summer School of Alcohol Studies.

LEON A. GREENBERG, Ph.D.
Associate Professor, Applied Biodynamics, Yale University; Director, Laboratory of Applied Biodynamics, Yale University.

H. ROBERT GREENHOUSE, M.D.
Research Assistant, Applied Biodynamics, Yale University; Physician-in-charge, New Haven Clinic, Connecticut Commission on Alcoholism.

ESTHER W. HENDERSON
Registrar, Summer School of Alcohol Studies.

RALPH M. HENDERSON, LL.B.
Industrial Consultant, Yale Center of Alcohol Studies.

JOHN W. HIGGINS, M.D.
Assistant Clinical Professor, Psychiatry, Yale University; Chief, Psychiatric Section 7, Veterans Administration Hospital, West Haven.

REUBEN A. HOLDEN, Ph.D.
Secretary of Yale University.
IRVING L. JANIS, Ph.D.
Associate Professor, Psychology, Yale University.

MARK KELLER
Editor, Publications Division, Yale Center of Alcohol Studies.

DAVID LESTER, Ph.D.
Research Associate, Applied Biodynamics, Yale University.

EDITH S. LISANSKY, Ph.D.
Research Assistant (Psychology), Laboratory of Applied Biodynamics, Yale University.

ELIZABETH S. McCARTHY
Assistant Librarian, Summer School of Alcohol Studies.

RAYMOND G. McCARTHY, A.M., Ed.M.
Associate Professor, Health Education, Yale University.

JEAN MARKHAM, M.S.S.
Senior Mental Hygienist, Connecticut Commission on Alcoholism, New Haven.

DUDLEY P. MILLER, Ph.D.
Lecturer, Applied Biodynamics, Yale University; Executive Director, Connecticut Commission on Alcoholism; President, North American Association of Alcoholism Programs.

JOHN M. MURPHY, LL.B.
Chief City Magistrate, City of New York.

ALICE McI. O'BRIEN
Director, Silliman College Dining Hall.

DAVID PITTMAN, Ph.D.
Assistant Professor, Sociology, University of Rochester.

FRANK H. POTTS, M.A.
Chief Psychologist, Ontario Department of Reform Institutions, Canada.

GLADYS M. PRICE, M.S.S.
Director, Social Service, Washingtonian Hospital, Boston; Instructor, Boston University School of Social Work.

S. KINTON PROCTOR
Executive Director, North Carolina Alcoholic Rehabilitation Program.

THE REV. OTIS R. RICE
Religious Director, St. Luke's Hospital, New York; Executive Director, Department of Pastoral Services, National Council of Churches.

J. D. ROSENFIELD, M.D.

EARL RUBINGTON, Ph.D.
Sociologist, Connecticut Commission on Alcoholism.

JEAN V. SAPIR, M.A., M.S.S.

MILTON J. E. SENN, M.D.
Director, Child Study Center; Sterling Professor of Pediatrics and Psychiatry, Yale University.

ERNST M. SHEPHERD, A.M., S.T.B.
Administrator, Florida Alcoholic Rehabilitation Program, Avon Park.

CHARLES R. SNYDER, Ph.D.
Assistant Professor, Sociology, Yale University.

M. ELIZABETH TENNANT, R.N., M.A.
Associate Professor of Nursing (Public Health), Yale University.

HARRY M. TIEBOUT, M.D.
Psychiatrist, Greenwich; Member of the Board, National Committee on Alcoholism; Vice-chairman, Connecticut Commission on Alcoholism.

JAMES TITCHENER, M.D.
Psychiatrist, University of Cincinnati Medical School.

HARRY M. TRICE, Ph.D.
Assistant Professor, New York State School of Industrial and Labor Relations, Cornell University, Ithaca.

CHARLES C. WILSON, M.D.
Professor of Education and Public Health, Yale University.

ISRAEL ZWERLING, M.D., Ph.D.
Assistant Professor, Psychiatry, Albert Einstein College of Medicine.
### Geographic Distribution of 2,249 Students, 1943–1956

#### United States

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