

RUTGERS • THE STATE UNIVERSITY



*Summer School of
Alcohol Studies*

TWENTIETH ANNUAL SESSION

July 1–July 26

1962

CENTER OF ALCOHOL STUDIES

in cooperation with

University Extension Division

RUTGERS · THE STATE UNIVERSITY

Center of Alcohol Studies

Director: SELDEN D. BACON, PH.D.

SUMMER SCHOOL OF ALCOHOL STUDIES

Executive Director:

RAYMOND G. McCARTHY, A.M., ED.M.

Registrar: ESTHER W. HENDERSON

Coordinator: ROBERT COLLETT

CORRESPONDENCE

Address all communications concerning the School to:

Registrar
Summer School of Alcohol Studies
Rutgers · The State University
35 College Avenue
New Brunswick, New Jersey

THE Summer School of Alcohol Studies will hold its twentieth annual session at Rutgers · The State University in 1962. The session will be held during the 4-week period July 1-July 26 inclusive.

Since 1943, when the first session of the School was held at Yale University, 3,628 students from 50 states, the District of Columbia and Puerto Rico, from 10 Canadian provinces and from 24 other countries have attended.

The School is organized to meet the needs of a number of categories of professional and nonprofessional people. Professional workers presently active in the prevention or treatment of alcoholism, e.g., clergy, educators, physicians, nurses, case workers, psychologists, will have an opportunity to exchange experiences, review current literature and procedures and redefine some of the principles they observe in practice. Enforcement and correctional officers, leaders in municipal and state affairs, traffic supervisors, personnel officers and foremen in industry, and others whose work requires a knowledge of alcohol problems will acquire a background of understanding through attendance at the School. Private citizens who wish to explore problems of alcohol as they are related to community life and social change will find their experiences at the School stimulating and challenging.

There has been a consistent rise since 1943 in the proportion of students with professional background in attendance at the School. Physicians, psychologists, case workers, nurses and persons in various phases of rehabilitation work have formed a steadily increasing segment of the total student body. Educators representing all levels of school and college instruction have recently constituted the largest single group.

Many of the graduates of the Summer School have become affiliated with organizations dealing specifically with problems relating to alcohol. For example, in 32

states and 10 Canadian provinces graduates are active as members of boards or as executive personnel responsible for programs on alcoholism. In several states and provinces and in numerous county and city systems, the supervisor of instruction about alcohol has attended the School. Secretaries of 30 of the community information centers sponsored by the National Council on Alcoholism are also graduates.

It should be emphasized that the School does not offer a clinical program for individuals lacking adequate training who anticipate entering the field of rehabilitation of alcoholics. However, students who have a background of specialized skills appropriate for work in this field will find in the School opportunity to develop further and apply their techniques and experience. Assignments to seminars are made primarily on evidence of training, experience and current professional or occupational responsibilities.

THE CURRICULUM

The 1962 Summer School of Alcohol Studies, through a series of lectures and seminars, offers a systematic investigation of various aspects of the functions and problems of alcohol as they affect the individual and society. The program of the School is organized around a number of major topical areas.

TENTATIVE LECTURE SCHEDULE

Sunday, July 1

- 1:00 P.M.—6:00 P.M. Registration.
- 7:30 P.M. Welcome.
The Rutgers Center of Alcohol Studies.
- 8:00 P.M. Reception.

Monday, July 2

- 9:00 A.M. Orientation: Administration and Curriculum.
- 10:15 A.M. Nature of Social Problems.
- 1:45 P.M. Requirements for Academic Credit.
- 2:15 P.M. Nature of Responses to Social Problems.
- 3:15 P.M. Question Period.

Tuesday, July 3

- 9:00 A.M. Motivation and the Learning Process.
- 10:15 A.M. The Learning and Resolution of Conflicts.
- 1:45 P.M. The Metabolism of Alcohol.
- 3:00 P.M. Alcohol and Behavior: Traditional Views and Current Research.

Wednesday, July 4

- 9:00 A.M. Alcohol and the Central Nervous System.
- 10:00 A.M. Physiology of Alcohol.
Laboratory Demonstration.
- 1:45 P.M. Question Period.
- 2:45 P.M. Drinking as a Folkway.
- 7:15 P.M. Films.

Thursday, July 5

- 9:00 A.M. American Drinking: Measures and Rates.
- 10:15 A.M. American Attitudes Toward Drinking.
- 1:45 P.M. Nature of Alcohol Problems.
- 3:00 P.M. The Literature and Documentation of Alcohol Problems.

Friday, July 6

- 9:00 A.M. Alcoholism: An Introduction to the Problem.
- 10:30 A.M. Alcoholism: Measures and Rates.
- 1:45 P.M. Alcoholism: Traditional Attitudes and Practices.

Monday, July 9

- 9:00 A.M. Physiological Theories of Alcoholism.
- 9:45 A.M. Psychiatric Theories of Alcoholism.
- 10:40 A.M. The Alcoholic: A Sociologic Deviant.
- 1:45 P.M. Cultural Situations Conducive to Alcoholism.
- 3:00 P.M. Alcohol and the Skid Row Subculture.
- 7:15 P.M. Films.

Tuesday, July 10

- 9:00 A.M. Treatment of Alcoholism.
- 10:15 A.M. The Public Clinic Approach.
- 11:00 A.M. Group Discussion Sessions.
- 1:45 P.M. Theories of Causation and Treatment.
- 7:30 P.M. Alcoholics Anonymous Meeting.

Wednesday, July 11

- 9:00 A.M. A Sociologist Looks at Alcoholics Anonymous.
- 10:00 A.M. A Psychiatrist Looks at Alcoholics Anonymous.
- 11:00 A.M. The Community Agency and Alcoholics Anonymous.
- 1:45 P.M. Seminars.
- 7:15 P.M. Films.

Thursday, July 12

- 9:00 A.M. Alcoholism and the Family.
- 10:15 A.M. Group Discussion Sessions (on A.A.).
- 1:30 P.M. Class Picture.
- 2:00 P.M. Seminars.

Friday, July 13

- 9:00 A.M. Alcohol: Beliefs and Practices of Churches and Religious Movements.
- 10:30 A.M. Moral Theology and Beverage Alcohol.
- 1:45 P.M. Seminars.

Monday, July 16

- 9:00 A.M. Modifying Individual and Group Attitudes.
- 10:15 A.M. Community Responses to Alcoholism Education.
- 1:45 P.M. Seminars.

Tuesday, July 17

- 9:00 A.M. Teen-Age Drinking.
- 10:15 A.M. Education on Alcohol Problems.
- 1:45 P.M. Seminars.
- 7:15 P.M. Films.

Wednesday, July 18

- 9:00 A.M. Alcohol and Crime.
- 10:15 A.M. Rehabilitation of the Chronic Drunkenness Offender.
- 1:45 P.M. Seminars.

Thursday, July 19

- 9:00 A.M. Film.
- 10:15 A.M. Public Health Aspects of Alcoholism.
- 1:45 P.M. Seminars.
- 7:15 P.M. Films.

Friday, July 20

- 9:00 A.M. Driving Under the Influence. Demonstration of the Alcometer.
- 11:00 A.M. Alcoholism in Industry.
- 1:45 P.M. Seminars.

Monday, July 23

- 9:00 A.M. Seminars.
- 1:45 P.M. Seminars.

Tuesday, July 24

- 9:00 A.M. Community Mental Health and Alcoholism.
- 10:15 A.M. Professional Education on Alcoholism.
- 1:45 P.M. Seminars.

Wednesday, July 25

- 9:00 A.M. The Scientific Method.
- 10:15 A.M. Applied Research on Alcohol Problems.
- 1:30 P.M. Seminars.

Thursday, July 26

- 9:00 A.M. European Drinking Attitudes.
- 10:15 A.M. Alcohol, Science and Society. Presentation of Certificates.

LECTURES

The lecture program will be organized to present a systematic background of understanding necessary before evaluation of more specialized problems can be undertaken in the seminars. Lecturers will be drawn from universities and other research institutions. Specialists in various fields—medicine, religion, education, public health—will also address the student body.

SEMINARS

Starting in the second week of the School the afternoons will be devoted entirely to seminar meetings. The seminars are flexibly planned so that students with similar training and experience may explore problems arising in the course of their professional activities. A workshop plan is followed in some seminars; others may have a more formal organization. More than one section will be organized in several of the seminars in order that there may be maximum opportunity for individual student participation.

EDUCATION SEMINAR. Educators are encouraged to use the resources of the seminar to organize materials and procedures appropriate to their teaching interests and responsibilities. Administrators and supervisors may be particularly interested in the evaluation of existing techniques and programs in alcohol instruction. A workshop approach is followed as much as possible.

MINISTERS SEMINAR. The range of interests of clergy attending the School determines the direction the seminar will take.

THERAPY SEMINAR. The organization of treatment services and problems in diagnosis and therapy will be considered. Sections will meet according to the interests of special disciplines, although some joint meetings may be scheduled. Admission to the seminar is restricted to students qualified by professional training and experience.

Section I. Physicians. A survey of current medical and psychiatric practice in the care of the alcoholic patient is offered to a limited number of physicians. Observation of both inpatient and outpatient treatment procedures will be possible.

Section II. Social Workers. An evaluation will be made of the role of the caseworker in the alcoholism clinic team. Particular emphasis will be placed on the application of casework techniques in working with alcoholics and their families in agency situations other than specialized clinics. Participation in this section is restricted to graduates of schools of social work.

Section III. Nurses. Graduate nurses will have an opportunity through this seminar to consider nursing procedures with the alcoholic in a hospital setting and also on an outpatient basis. Consideration will be given to the function of the nurse in interpreting the problem of alcoholism to patients so that they may accept treatment beyond hospitalization for acute intoxication.

Section IV. Psychologists interested in clinical practice and in research on alcoholism will meet in a separate group.

COMMUNITY HEALTH EDUCATION SEMINAR. This seminar will be arranged for students concerned with the development of effective health education techniques in the field of alcoholism. Emphasis will be given to basic principles of communication. Analysis and evaluation will be made of the effectiveness of communication methods such as the use of the mass media, audiovisual techniques, printed materials, one-day conferences and institutes. The seminar will be of particular interest to students involved in educational programs at the local or state level or in industry.

REHABILITATION SEMINAR.

Section I. Students who have not received systematized training in casework or counseling but who are

formally engaged in rehabilitation work will meet in this section.

Section II. This seminar will consider problems of rehabilitation of that segment of the alcoholic population commonly referred to as the homeless man. It will be of particular interest to correctional personnel responsible for rehabilitation, Halfway House administrators and staff, institutional chaplains, mission directors and Salvation Army officers.

PUBLIC HEALTH SEMINAR. Representatives of the public health disciplines will meet in a separate seminar to consider the application of public health principles and practices to problems of alcoholism at the state and local levels. Particular attention will be given to alcoholism as an adult health problem, alcoholism and tuberculosis, the epidemiology of alcoholism, community mental health as a factor in prevention and administrative responsibilities of state and local health departments in relation to alcoholism treatment services.

INDUSTRY SEMINAR. This group will review existing programs on alcoholism in several industries, attempt to assess the responsibility of both management and labor and consider the introduction and structure of programs effective in various industrial settings.

ENFORCEMENT AND CORRECTIONS. Police, court and correctional officers will have an opportunity to explore problems associated with the chronic drunkenness offender.

SPECIAL STUDIES. Special-interest group discussions may be arranged outside of regularly scheduled hours on such topics as Alcoholism and Tuberculosis, Epidemiology of Alcoholism, particularly when visiting lecturers are available as consultants. By arrangement, opportunity will be provided for people holding advanced degrees in the biological and social sciences to formulate studies with faculty consultation and to participate, by invitation, in a Research Methods Seminar.

LIBRARY FACILITIES

The School is organized as a working session, not a conference. Reading and reference materials necessary

for participation in the seminars will be provided in the Summer School Library. The Library will be open daily for student use throughout the session.

ADMISSION

Qualifications. Teachers and school administrators, social workers, physicians, psychologists, clergymen and denominational workers, nurses, those in personnel and welfare work, public health, probation and parole, alcoholism education and therapy, law enforcement, and other men and women engaged professionally in activities in which a knowledge of the problems of alcohol would be of advantage, will be considered qualified for admission. All other applicants will be required to have a college education or equivalent experience.

Application. Application for admission must be made on the official application form.

Students for part courses will not be accepted, nor will visits to individual sessions be permitted except on special invitation from the administration.

All candidates for admission should write for application blanks to:

Registrar
Summer School of Alcohol Studies
Rutgers · The State University
35 College Avenue
New Brunswick, New Jersey

Closing Date for Applications. All applications for admission to the 1962 session must be submitted by April 15.

Notification of Admission. All applications are reviewed by a Committee on Admissions and its decision will be communicated to each applicant by the first week in May. Enrollment will be limited to 300 students.

COSTS AND ACCOMMODATIONS

Each student will pay a fee of \$300. The fee will cover University registration, tuition, room and board (excepting meals on Sundays). No fees can be accepted prior to notification of enrollment by the Committee on Admissions. All fees not paid previously must be paid at registration.

Rooms and Meals. Students will be housed in Douglass College dormitories. Blankets, bed linens, pillows and towels will be supplied. It is not possible to accom-

modate married couples in the same dormitory. Room assignments are made at registration.

Rooms will not be available before Sunday, July 1, at 1:00 P.M. The School cannot provide accommodations for family members who may accompany a student to New Brunswick.

Meals will be served in the dining hall six days a week (excluding Sunday), commencing Monday morning, July 2.

Students are expected to live in the University. Only under extraordinary circumstances will non-resident students be accepted; living off the campus has without exception proved to decrease significantly the educational effect of the program.

REGISTRATION AND SESSIONS

Registration will be held on Sunday, July 1, from 1 P.M. to 6 P.M. Accepted candidates will be notified, in advance, of the exact location of registration headquarters.

Other pertinent instructions, such as directions for receiving mail while at the University, will also be mailed to accepted students well in advance of their departure for New Brunswick.

The first session, as well as an introductory reception, will be held on Sunday evening, July 1.

ACADEMIC CREDIT

A limited number of qualified students in various fields may earn credit by fulfilling specific requirements. Further information may be secured by addressing the Registrar of the Summer School.

SCHOLARSHIP AID

The largest number of scholarships to the School in recent years has been made available by the state or provincial commissions on alcoholism. The commissions are offered special rates for groups of selected students whose expenses they underwrite.

Many Protestant Church groups have offered scholarship aid to ministers during the past five years. Clergymen should request information from the appropriate denominational official.

CERTIFICATION

Rutgers · The State University issues a Certificate of Attendance to those who attend and complete the entire session of the Summer School.

SUMMER SCHOOL STAFF

ADMINISTRATION

RAYMOND G. McCARTHY, *Executive Director.*

ESTHER W. HENDERSON, *Registrar.*

ROBERT COLLETT, *Coordinator.*

LECTURERS AND SEMINAR LEADERS

JOSEPH ADLESTEIN, M.D.

Director, Bureau of Community Mental Health Services, Pennsylvania Department of Public Welfare.

ROBERT S. ALBAHARY, M.D.

Physician in Charge, Alcoholism Treatment Service, New Jersey Neuro-Psychiatric Institute, Princeton.

DANIEL J. ANDERSON, M.A.

Consulting Clinical Psychologist; Executive Vice-President, Hazelden Foundation, St. Paul, Minnesota.

SELDEN D. BACON, PH.D.

Professor of Sociology and Director, Rutgers Center of Alcohol Studies.

MARGARET B. BAILEY, D.S.W.

Director of Research, National Council on Alcoholism.

TERRENCE J. BOYLE, M.S.S., LL.B.

Director, Alcoholism Unit, Department of Health, Ohio.

JOHN A. CARPENTER, PH.D.

Associate Professor of Psychology, Rutgers Center of Alcohol Studies.

BERNARD J. CLIFFORD, M.S.W.

Instructor, Department of Psychiatry, State University of New York, Downstate Medical Center; Administrator, State University Alcoholism Clinic, Brooklyn.

MIRIAM L. COOPER, M.S.S.

Supervisor, Social Services, Division of Alcoholism, Massachusetts State Department of Public Health.

RALPH E. DWORK, M.D., M.P.H.

Director, State Department of Health, Ohio.

VERA EFRON, M.A.

Assistant Research Specialist in Documentation, Rutgers Center of Alcohol Studies.

THE REVEREND JOHN C. FORD, S.J., LL.B., S.T.D.
Professor of Moral and Pastoral Theology, Catholic University, Washington, D.C.

ROBERT J. GIBBINS, PH.D.

Supervisor of Psychological Studies, Ontario Alcoholism and Drug Addiction Foundation.

LEON A. GREENBERG, PH.D.

Professor, Biochemistry and Physiology, and Executive Director, Laboratory Research, Rutgers Center of Alcohol Studies.

WILLIAM J. HARRIS, M.P.H.

Chief, Bureau of Alcoholism Control, New Jersey Department of Health.

THE REVEREND DOUGLAS E. JACKSON, PH.D.

Professor, Sociology of Religion, Southern Methodist University, Perkins School of Theology, Dallas.

E. M. JELLINEK, Sc.D.

Director, Yale Center of Alcohol Studies 1943-1950; Professor, Institute for The Study of Human Problems, Stanford University.

THE REVEREND JOHN E. KELLER

Chaplain, Lutheran Welfare Society, Minneapolis.

MARK KELLER

Research Specialist in Documentation, Rutgers Center of Alcohol Studies, and Editor, the *Quarterly Journal of Studies on Alcohol.*

BENJAMIN KISSEN, M.D.

Assistant Professor, Department of Psychiatry, State University of New York, Downstate Medical Center; Director, State University Alcoholism Clinic, Brooklyn.

THERESE M. LALANCETTE, R.N., M.A.

Mental Health Nurse Consultant, U.S.P.H.S., Regional Office I and II, New York.

DAVID LESTER, PH.D.

Professor, Biochemistry and Physiology, Rutgers Center of Alcohol Studies.

EDITH S. LISANSKY, PH.D.

Research Associate, Department of Psychology, Yale University.

GEORGE L. MADDOX, PH.D.

Associate Professor in Sociology, Department of Psychiatry, Duke University.

RAYMOND G. McCARTHY, A.M., Ed.M.
Executive Director, Summer School of Alcohol Studies, Rutgers Center of Alcohol Studies, and Executive Director, Division of Alcoholism, New York State Department of Mental Health.

JOHN M. MURTAGH, LL.B.
Chief Justice, Court of Special Sessions, City of New York.

JOHN J. PASCUTT, M.A.
Supervisor, Alcohol Education, Vermont State Department of Education.

ARNOLD Z. PFEFFER, M.D.
Formerly Associate Professor of Psychiatry, New York University School of Medicine.

THOMAS F. A. PLAUT, Ph.D., M.P.H.
Director, Alcoholism Program, Massachusetts Department of Public Health.

GLADYS M. PRICE, M.S.S.
Director, Psychiatric Casework, Washingtonian Hospital; Instructor, Boston University School of Social Work.

THE REVEREND THOMAS B. RICHARDS, M.A.
Executive Director, The Men's Service Center and Halfway House; Instructor, School of Nursing, Genesee Hospital, Rochester, New York.

MILTON J. ROSENBERG, Ph.D.
Associate Professor of Psychology, The Ohio State University.

EARL RUBINGTON, Ph.D.
Associate Professor of Sociology, Rutgers Center of Alcohol Studies.

ROBERT D. RUSSELL, Ed.D.
Assistant Professor, Health Education, Stanford University.

HARRY M. TIEBOUT, M.D.
Psychiatrist, Greenwich, Connecticut; Member of the Board, National Council on Alcoholism.

HARRISON M. TRICE, Ph.D.
Associate Professor of Sociology, School of Industrial and Labor Relations, Cornell University.

ALBERT ULLMAN, Ph.D.
Chairman, Department of Sociology, Tufts University.

Geographic Distribution of 3,628 Students, 1943-1961

UNITED STATES AND PUERTO RICO			
North Carolina	329	Iowa	35
New York	313	Tennessee	35
Michigan	199	Missouri	33
Connecticut	160	Vermont	29
Maryland	156	Arkansas	27
California	142	Oregon	27
Pennsylvania	139	Washington	25
Alabama	138	West Virginia	22
Ohio	129	Rhode Island	21
Texas	118	Kansas	20
Massachusetts	103	Oklahoma	20
New Jersey	103	Utah	16
Illinois	96	Nebraska	13
Florida	94	New Mexico	13
Mississippi	70	Colorado	12
Minnesota	69	South Dakota	12
Kentucky	68	North Dakota	11
Indiana	66	Montana	8
District of Columbia	60	Arizona	7
Georgia	57	Hawaii	6
Maine	57	Delaware	5
Louisiana	56	Nevada	5
South Carolina	45	Alaska	4
Virginia	44	Puerto Rico	3
New Hampshire	43	Idaho	2
Wisconsin	37	Wyoming	1
CANADA			
Ontario	135	Nova Scotia	11
Quebec	35	New Brunswick	6
Alberta	26	Prince Edward Island	3
Manitoba	23	Newfoundland	2
Saskatchewan	18	Northwest Territories	0
British Columbia	12	Yukon Territory	0
OTHER COUNTRIES			
Sweden	7	France	1
Finland	5	Greece	1
Chile	4	Holland	1
Argentina	3	Japan	1
Mexico	3	Netherlands Antilles	1
Bermuda	2	New Zealand	1
Brazil	2	Nicaragua	1
Norway	2	Northern Ireland	1
South Africa	2	Southern Rhodesia	1
China	1	Thailand	1
Cuba	1	Uruguay	1
Egypt	1	Venezuela	1