

**THE SUMMER SCHOOL OF
ALCOHOL STUDIES**

TWENTY-THIRD ANNUAL SESSION

June 27 - July 16

1965



RUTGERS • THE STATE UNIVERSITY

The Center of Alcohol Studies

in co-operation with

University Extension Division

New Brunswick, New Jersey

The twenty-third annual session of the SUMMER SCHOOL OF ALCOHOL STUDIES will be held on the campus of Rutgers - The State University, New Brunswick, New Jersey, June 27 to July 16, 1965.

Two programs are offered:

PHYSICIANS INSTITUTE

June 27 to July 9—For physicians who wish to be informed about current research knowledge and clinical practice in alcoholism.

TRAINING COURSES

June 27 to July 16—Specialized courses for health, education, welfare, law enforcement and pastoral workers, and for those responsible for systems of control of alcohol use and abuse.

Since the School was founded at Yale University in 1943, over 4,300 students of many disciplines from the 50 states and 26 other countries have attended. Because of the increase in the number of treatment organizations and the development of conferences, institutes, and short summer sessions in various parts of the country since 1943, the characteristics of the students have changed. More professionally qualified persons with experience in the field are applying to attend the School and demanding a critical analysis of current issues. In response to these changes, the School now offers, for the second year, a series of intensive specialized courses for professionally qualified persons and for experienced workers in this field. Alumni of previous Summer Schools held at Yale and Rutgers are invited to enroll in the Training Courses or the Physicians Institute.

OTHER COURSES

Rutgers - The State University also offers the Northeast Institute (July 18-23), an orientation course for those without special training or experience in the field of alcohol or alcoholism. A brochure describing the Institute is available from:

Northeast Institute of Alcohol Studies
Rutgers - The State University, Box 554
New Brunswick, New Jersey 08903

PHYSICIANS INSTITUTE

June 27 to July 9

PRINCIPLES AND PRACTICES OF COMPREHENSIVE TREATMENT OF ALCOHOLICS

(For holders of medical degrees and medical students by arrangement. Instructor: HOFF.)

Motivation and intake of patients and their families into treatment. Diagnosis: medical, psychiatric, and social. Treatment expectations, goals, and prognosis. The concept of the therapeutic community. Management of acute states; hospital and day care; outpatient care; long term rehabilitation procedures. Treatment modalities and devices, e.g., psychotherapy, group therapy, drug therapy, and medical care. Use of professional and lay resources. Alcoholics Anonymous. Evaluation of therapy. Demonstration and discussion of treatment principles through sessions with patients.

Physicians may audit one of the Training Courses during their two-week Institute.

TRAINING COURSES

June 27 to July 16

Students are expected to register for *two* courses. The first course must be in the field in which the student is professionally qualified. In this course his work will be evaluated. The second course may be chosen among any of the other Training Courses being offered; he will audit the second course but will not be evaluated.

Each course will meet formally for 80 minutes. The Schedule will be flexible enough to allow most combinations of courses. A course will not be given if less than 10 applications are received for that course. In addition to the courses, there will be a number of general lectures for all students.

1. FUNCTION AND STRUCTURE OF ALCOHOLISM SERVICES

(For physicians, nurses, clinical psychologists, social workers, and other qualified treatment personnel. Instructor: ADLESTEIN.)

The clinic team; role of the different disciplines; philosophy and goals of treatment in outpatient and inpatient settings; treatment modalities; data recording; problems of evaluation of service; relation of the agency to other community services. Critical analysis and review of the literature.

2. SOCIAL IMPLICATIONS OF ALCOHOL USE IN AMERICAN SOCIETY

(For primary, secondary, and college teachers, and for education directors of social agencies. Instructor: PASCUTTIL.)

The institutional responsibility of the School in organizing instruction in a controversial subject, alcohol use, involving issues of health and social practice for both adolescents and adults, will be discussed. Questions of basic content, grade placement and integration in subject fields will be considered in addition to the preparation and personal qualifications of teachers. Community factors which influence children's behavior in relation to drinking are considered with a view to coordinating school and community efforts in adult education, curriculum development and youth activities.

3. SOCIAL CASEWORK WITH ALCOHOLICS AND THEIR FAMILIES

(For holders of M.S.W. degree only. Instructor: PRICE.)

Through readings, written assignments and class discussion, the course aims at enabling the student to bring to bear his knowledge of basic casework skills upon the social and psychological problems peculiar to the alcoholic and his family for the purpose of enriching the caseworker's practice in alcoholism.

4. INTRODUCTION TO COUNSELING

(For those who have some responsibility in counseling alcoholics. Instructor: ANDERSON.)

General introduction to current conceptions of personality development, theories of behavior-pathology, mechanisms of defense, and adjustment techniques. Current nosological and etiological conceptions of alcoholism(s). Additional alcohol problems. Adjustment of family and community to alcoholism. General introduction to principles and practices of alcoholism counseling; ethical considerations, specialized counseling techniques, prognostic considerations. Special critique of structure and function of Alcoholics Anonymous and other self-help groups. Specialized resources critiques.

5. COUNSELING IN ALCOHOLISM

(For those who have experience and training in counseling in related areas of behavior. Instructor: COOPER.)

Brief review of theories of personality development; review of techniques, procedures and principles in counseling; methods of intervention using diverse case material and discussion. Role playing and sociodrama. Impact on family members including children—and role of the counselor in relation to family adjustment. Problems of alcohol (other than alcoholism) and response to the community.

6. ORGANIZING PUBLIC HEALTH RESOURCES

(For public health personnel. Instructor: HARRIS.)

A review of community alcohol problems, with an emphasis on the responsibility of the official health agency. The organization and development of programs for control will be discussed. Consideration will be given to the role of the official and voluntary agency and place of alcoholism programs in planning for total community health.

7. ORGANIZING VOLUNTARY AGENCY RESOURCES

(For community organization workers. Instructor: BOYLE.)

A review of cultural influences relating to drinking practices, an examination of community alcohol problems and responsive approaches, including the organization and development of programs for remedial action, with emphasis on voluntary agencies.

8. LABOR-MANAGEMENT APPROACHES TO ALCOHOLISM

(For labor and management personnel involved in the development of industrial programs. Instructor: MAXWELL.)

Nature and scope of the problem in business and industry. Review of studies. Newer medical-personnel policies and their benefits to labor and management. Early identification. Referral and use of community resources. Supervisor training. First-hand contact with administrators of company alcoholism programs.

9. NURSING SERVICES TO ALCOHOLIC PATIENTS AND THEIR FAMILIES

(For nurses. Instructor: CASHMAN.)

Examination of the medical, sociopsychiatric and mental health implications of nursing the alcoholic patient and nursing in families with an alcohol problem. An operational framework for nursing will be developed within the group including the preventive, supportive, and rehabilitative aspects of the nursing service. Both individual and group approaches will be examined. Attention will be given to working relationships with other disciplines in the community and to the sociocultural aspects of the use of alcohol.

10. INSTITUTIONAL PROGRAMS FOR THE HOMELESS ALCOHOLIC

(For students responsible for rehabilitation, halfway house administrators and staff, institutional chaplains, mission directors, and Salvation Army Officers. Instructor: RICHARDS.)

Study of the traditional approaches to the homeless alcoholic as seen in various types of institutionalized programs. Changes in the homeless man stereotype and con-

sequent impact upon community programs, public and private. The illness concept of alcoholism. Service Centers; Halfway Houses; working with homeless alcoholics; success and failure; new perspectives.

11. PROBLEMS IN CORRECTIONAL RESPONSES TO DRINKING BEHAVIOR

(For police, court, and correctional officers.
Instructor: RUBINGTON.)

Analysis of the impact of deviant drinking behavior on formal agencies of social control. Examination of the kinds of drinkers, their acts and the problems they pose for agencies of law enforcement and correction, and the variety of correctional responses. Special attention to the handling of the alcoholic on probation and parole and to counseling and rehabilitative services operating in correctional settings.

12. PASTORAL COUNSELING WITH ALCOHOLICS AND THEIR FAMILIES

(For clergymen. Instructor: KELLER, J.)

Discussion of the various attitudes, feelings and concepts in regard to beverage alcohol, drinking, nondrinking and alcoholism. Understanding and counseling alcoholics and their spouses. Analysis of case histories. Awareness and utilization of other resources such as Alcoholics Anonymous, family service agencies, medical doctors, psychologists, local and state treatment centers. Exploration of ways in which attitudes toward alcohol and alcoholics might be modified in congregation and community.

13. PROBLEMS OF DRINKING AND DRIVING

(Admission only by permission of instructors.)

Instructors: BACON and GREENBERG.)

A review of the interpretation of these problems, of the available data, and of policies and procedures in legislation, arrest, trial, penalties, and public education. Customs and attitudes about drinking and about driving; types of drinkers and types of drivers. Public reaction toward governmental controls. Role of alcoholism in these problems. Exploration of research, training, data collection, and community education needs.

APPLICATION

Application must be made on the official application form which may be obtained from:

Summer School of Alcohol Studies
Rutgers - The State University, Box 554
New Brunswick, New Jersey 08903

Students applying will be expected (1) to have professional qualifications, such as physician, caseworker, clergyman, psychologist, educator, public health worker, whether active in the field of alcohol problems or not; or

(2) to have had actual experience in some area of problems of alcohol; or (3) to have attended one of the many one-week schools of alcohol studies now available throughout North America.

At the time of application, each student will designate the course in which he will work for a grade and in which he is professionally qualified. The requirements for the course and method of evaluation will be determined by the instructor. In his second course the student will not be evaluated, although in all other respects he will participate fully in that course.

The above regulations do not apply to physicians enrolled in the Physicians Institute; however, a doctor may audit a Training Course.

CERTIFICATION AND ACADEMIC CREDIT

All students completing a Training Course or the Physicians Institute will receive a certificate of attendance. Academic Credit both at the graduate and undergraduate levels will be available for students qualified to obtain academic credit. Before registering for academic credit at the Summer School of Alcohol Studies it will be necessary for the student to present evidence that he is currently enrolled in a degree or certificate granting program of an accredited university or college. Such evidence can be supplied either by means of a letter from the student's faculty advisor or by a transcript from his academic institution.

COSTS AND ACCOMMODATIONS

TRAINING COURSES (June 27-July 16)

Tuition and University Fees.....	\$165.00
Room	60.00
Board	75.00

Total\$300.00

PHYSICIANS INSTITUTE (June 27-July 9)

Tuition and University Fees	\$210.00
Room	40.00
Board	50.00

Total\$300.00

Room: *Double occupancy* in an air-conditioned room with private bath. Linens, towels, and maid service are provided. If a student should desire a single room this will be provided at the same rate in a non-air-conditioned dormitory.

Dining Facilities: Meals are served, Monday through Friday, in the air-conditioned University Commons. Students will be responsible for meals on week-ends (Saturday and Sunday) on which they are in residence. Suitable restaurants are located near the dormitories.

SCHOLARSHIPS

A number of scholarships to the School have been made available by governmental and voluntary alcoholism agencies and by many church groups. Information on such sources of assistance may be obtained from the School.

ADMINISTRATION

Executive Director: MILTON A. MAXWELL

Assistant Director: ROBERT W. JONES

Librarian: ADELINE TALLAU

Co-ordinator: ROBERT COLLETT

LECTURERS AND STAFF

- Joseph Adlestein, M.D., Director, Eastern State School and Hospital, Trevese, Pennsylvania
- Carl Anderson, Ph.D., Consultant, Alcoholism Program Services, Research Utilization Branch, National Institute of Mental Health, Bethesda
- Daniel J. Anderson, M.A., Consulting Clinical Psychologist; Executive Vice-President, Hazelden Foundation, St. Paul
- Selden D. Bacon, Ph.D., Professor, Sociology; Director, Rutgers Center of Alcohol Studies
- Margaret B. Bailey, D.S.W., Director of Research, National Council on Alcoholism, New York
- Terrence J. Boyle, M.S.S., LL.B., Director, Alcoholism Unit, Ohio Department of Health, Columbus
- Rose Cashman, M.A., R.N., Senior Coordinator of Nursing Service, Division of Mental Health, Georgia Department of Public Health, Atlanta
- Miriam L. Cooper, M.S.S., Supervisor, Social Services, Division of Alcoholism, Massachusetts State Department of Public Health
- Vera Efron, M.A., Assistant Research Specialist in Documentation, Rutgers Center of Alcohol Studies
- The Reverend John C. Ford, S.J., Carroll House, Washington, D. C.
- Ellen Gordon, Ph.D., Assistant Research Specialist, Biochemistry, Rutgers Center of Alcohol Studies
- Leon A. Greenberg, Ph.D., Professor, Physiology; Executive Director, Laboratory Research, Rutgers Center of Alcohol Studies
- William J. Harris, M.P.H., Chief, Alcoholism Control Program, New Jersey State Department of Health, Trenton
- Ebbs C. Hoff, Ph.D., M.D., Medical Director, Division of Alcohol Studies and Rehabilitation, Virginia State Health Department, Richmond
- The Reverend Douglas E. Jackson, Ph.D., Professor, Sociology of Religion, Southern Methodist University
- Robert W. Jones, M.A., Assistant Director, Rutgers Center of Alcohol Studies
- The Reverend John E. Keller, Chaplain, Foundation for Human Ecology, Park Ridge, Illinois
- Mark Keller, Editor, The Quarterly Journal of Studies on Alcohol; Research Specialist in Documentation, Rutgers Center of Alcohol Studies
- David Lester, Ph.D., Professor, Biochemistry, Rutgers Center of Alcohol Studies
- Edith S. Lisansky, Ph.D., Research Associate, Department of Psychology, Rutgers - The State University; Research Consultant, Alcoholism Division, Connecticut State Department of Mental Health
- George L. Maddox, Ph.D., Associate Professor of Sociology and Medical Sociology, Duke University Medical Center
- Milton A. Maxwell, Ph.D., Professor, Sociology; Executive Director, Rutgers Summer School of Alcohol Studies
- John J. Pasciutti, M.A., Supervisor, Alcohol Education, Vermont State Department of Education, Montpelier
- Gladys M. Price, A.C.S.W., Director, Social Work, Washingtonian Hospital, Boston
- Rev. Dr. Thomas B. Richards, Executive Director, The Men's Service Center and Halfway House; Counsellor, School of Nursing, Genesee Hospital, Rochester
- Earl Rubington, Ph.D., Associate Professor, Sociology, Rutgers Center of Alcohol Studies