

1968  
*Summer School of  
Alcohol Studies*

JUNE 30 - JULY 19



**RUTGERS • THE STATE UNIVERSITY**

The Center of Alcohol Studies

*in cooperation with*

University Extension Division

New Brunswick, New Jersey

The twenty-sixth annual session of the SUMMER SCHOOL OF ALCOHOL STUDIES will be held on the campus of Rutgers - The State University, New Brunswick, New Jersey, June 30 to July 19, 1968. Both the regular COURSE PROGRAM and the two-week PHYSICIANS INSTITUTE will be offered.

Since the School was founded at Yale University in 1943, over 5,100 students have attended. They have come from the 50 states, the 10 Canadian provinces, and 27 other countries. It is this wide geographic distribution, the wide range of backgrounds, experience, and interests which make the *informal interaction* among the members of each year's student body a highly valued experience in itself.

The School also features a strong *general lecture program* to supplement the course work, and access to the outstanding resources of the *Center of Alcohol Studies Library* located in Smithers Hall.

## PHYSICIANS INSTITUTE

June 30 - July 12

### MEDICAL ASPECTS OF ALCOHOLISM

(For holders of medical degrees and medical students by special arrangement. Instructor: HOFF.)

The etiology of alcoholism, its clinical course, typology and complications. Treatment of the alcoholic in the intoxicated state and during the withdrawal period; long-range management of the sober alcoholic as a chronically ill person. A review of various treatment modalities such as psychotherapy, group therapy, drug therapy, aversion treatment, hypnotherapy, and psychodrama. Various approaches in program planning—outpatient, inpatient, partial hospitalization, state hospital program, general hospital participation, and specialized treatment centers. Administrative problems and the public health approach. Research on alcoholism—basic, clinical and evaluations of treatment modalities.

Physicians will attend the general lectures and may audit one of the 11:00 A.M. courses.

## COURSE PROGRAM

June 30 - July 19

Students are expected to register for *two* courses. The *basic* course should be in the student's special area of interest and qualification. The second, or *audit*, course may be selected from among the other courses being offered. The student's work in the basic course will be evaluated. The requirements for the course and method of evaluation will be determined by the instructor. In the audit course, the work will not be evaluated but in all other respects the student will participate fully in the class.

Each course will meet formally 80 minutes each morning. The schedule will allow most combinations of courses. In addition, students are expected to attend the afternoon general lectures.

### 1. FUNCTION AND STRUCTURE OF ALCOHOLISM SERVICES

(For physicians, nurses, clinical psychologists, social workers, and other qualified treatment personnel. Instructor: DIMAS.)

The clinic team; role of the different disciplines; philosophy and goals of treatment in outpatient and inpatient settings; treatment modalities; data recording; problems of evaluation of service; relation of the agency to other community services. Critical analysis and review of the literature.

### 2. SOCIAL IMPLICATIONS OF ALCOHOL USE IN AMERICAN SOCIETY

(For primary, secondary, and college teachers, and for education directors of social agencies. Instructor: PASCUTTI.)

The school's responsibility for organizing instruction in a controversial subject, alcohol use, involving the health and social practice of both adolescents and adults. Basic content, grade placement, and integration in subject fields. The preparation and personal qualifications of teachers. Community factors are considered with a view to coordinating school and community efforts in adult education, curriculum development, and youth activities.

### 3. SOCIAL CASEWORK WITH ALCOHOLICS AND THEIR FAMILIES

(For holders of M.S.W. degree only. Instructor: PRICE.)

Through readings, written assignments, and class discussion, the course aims at enabling the student to bring to bear his knowledge of advanced casework skills upon the social and psychological problems peculiar to the alcoholic and his family for the purpose of making effective the caseworker's practice in alcoholism.

#### 4. COUNSELING IN ALCOHOLISM

*(For professionals and nonprofessionals who have some responsibility in counseling alcoholics. Instructors: ANDERSON, COOPER, KRIMMEL.)*

Basic theories of the development of personality and of behavior disorders. Fundamental principles and methods used in counseling and casework. Etiological factors in the development of alcoholism(s) and their implications for counseling. Family and community adjustments to the alcoholic. Understanding alcoholics and the requirements for effective counseling. Specialized counseling techniques. Referring to and working with Alcoholics Anonymous and the community's other resources.

#### 5. PROBLEMS OF DRINKING AND DRIVING

*(For those concerned with administration, training, research, and the development of programs in the alcohol-traffic accident field. Instructors: BACON, ZYLMAN, and Center staff members.)*

Analysis of drinking and driving, separately and in combination, from biochemical, psychologic and sociocultural viewpoints. Review of programs to combat accidents and violations of this nature. Consideration of policy development in terms of legislation, law enforcement, formal education, public relations, program evaluation, and relationships to programs dealing with other traffic problems and other alcohol problems.

#### 6. ORGANIZING AND DEVELOPING ALCOHOLISM PROGRAMS IN A PUBLIC HEALTH SETTING

*(For public health educators and administrators. Instructor: CROSS.)*

The nature of community alcoholism problems. The role of the official health agency. An examination of current experience in organizing and promoting alcoholism education, and in organizing and developing over-all programs for alcoholism control. The place of alcoholism programs in planning for total community health.

#### 7. ORGANIZING AND ADMINISTERING COMMUNITY PROGRAMS

*(For those interested in community organization processes. Instructor: BOYLE.)*

Understanding the historical background and cultural setting of community responses as they relate to the development of community alcoholism service programs. Basic principles of community organization. The planning of specific projects and programs. Interagency relations.

#### 8. NURSING SERVICES TO ALCOHOLIC PATIENTS

*(For nurses. Instructor: JAMES.)*

The nature of alcoholism: its patterns, phases, and symptoms. The role of the nurse in the care of the alcoholic patient in the hospital and the clinic. Understanding and relating to the alcoholic. Treatment and rehabilitation of the alcoholic. Interpreting and using referral sources.

#### 9. ALCOHOLISM AND PUBLIC HEALTH NURSING

*(For public health nurses only. Instructor: BURTON.)*

Patterns of alcoholism. Early recognition. Alcoholism in conjunction with other public health problems. Understanding, relat-

ing to, and counseling the alcoholic and his family; self-understanding as a factor. The nature of various treatment resources. Motivation and effective referral. Working relations with other disciplines. The public health nurse's role as a community leader.

#### 10. INSTITUTIONAL PROGRAMS FOR THE HOMELESS ALCOHOLIC

*(For students responsible for rehabilitation, halfway house administrators and staff, institutional chaplains, Salvation Army officers, etc. Instructor: RICHARDS.)*

Study of the traditional approaches to the homeless alcoholic as seen in various types of institutionalized programs. A closer look at our changing skid row subculture: rapid social change, impact of urban redevelopment, etc. Changes in the homeless male stereotype and consequent impact upon community programs, public and private. Service Centers catering to the casual, spot-job worker which attempt to meet subsistence level needs. The transitional, aftercare facility. The function of the halfway house in the rehabilitation of the male alcoholic. Halfway house promotion, planning, and programming. Custodial care or rehabilitation?

#### 11. ALCOHOL AND CORRECTIONS

*(For police, court, and correctional officers. Instructor: RUBINGTON.)*

Analysis of the impact of deviant drinking behavior on formal agencies of social control. Examination of the kinds of drinkers, their acts and the problems they pose for agencies of law enforcement and correction, and the variety of correctional responses. Special attention to the handling of the alcoholic on probation and parole and to counseling and rehabilitative services operating in correctional settings.

#### 12. PASTORAL COUNSELING WITH ALCOHOLICS AND THEIR FAMILIES

*(For clergymen. Instructor: KELLER, J.)*

Discussion of the various attitudes, feelings, and concepts in regard to beverage alcohol, drinking, nondrinking, and alcoholism. Understanding and counseling alcoholics and their spouses. Analysis of case histories. Awareness and utilization of other resources such as Alcoholics Anonymous, family service agencies, medical doctors, psychologists, local and state treatment centers. Exploration of ways in which attitudes toward alcohol and alcoholics might be modified in congregation and community.

#### 13. LABOR-MANAGEMENT APPROACHES TO ALCOHOLISM

*(For labor and management personnel involved in the development of industrial programs. Instructor: PRESNALL.)*

Nature and scope of the problem in business and industry. Review of studies. Newer management policies and their benefits to both labor and management. Early identification. Motivation. Role of the supervisor. Program coordination. Referral and use of community resources. First-hand contact with administrators of company alcoholism programs.

#### 14. GROUP DYNAMICS IN ALCOHOLISM PROGRAMMING

*(For persons of any discipline facing such problems as community education, in-service training, interagency relations. Instructor: WEISMAN.)*

Not a course in group therapy but an examination of typical work situations and problems faced by class members. Analysis of the psychological and social forces associated with groups. Principles of effective communication and leadership in groups. Role playing, group decisions, observation, and feedback of group process. The course will utilize not only didactic material and selected readings but also the group dynamics of the class itself.

#### 15. ALCOHOLICS AND VOCATIONAL REHABILITATION

*(For Vocational Rehabilitation personnel, particularly those with responsibility for program planning, special projects, and for training or supervising Vocational Rehabilitation counselors. Instructor: STEVENS.)*

Evaluation of potential for rehabilitation services. Referral to treatment services. Integration of vocational rehabilitation services and treatment services. Special considerations in training the alcoholic. Job placement and follow-up.

#### 16. SPECIAL PROJECTS

*(For the limited number of students who have a specific program of independent study to pursue in lieu of the audit course. Instructors: JONES and CARPENTER.)*

This course option is designed to meet the needs of the student who has a particular alcohol studies interest which he can profitably pursue while at the School. It may be a reading program in a special area or a research project to develop. The particular program must be submitted and approved *in advance* of the Summer School.

## APPLICATION

Application must be made on the official application form which may be obtained from:

Summer School of Alcohol Studies  
Rutgers - The State University  
New Brunswick, New Jersey 08903

Students applying will be expected (1) to have professional qualifications, such as physician, caseworker, clergyman, psychologist, educator, public health worker, whether active in the field of alcohol problems or not; or (2) to be employed in some alcohol problems area. Lacking either of the above qualifications, special consideration will be given to those who have attended one of the many one-week schools or institutes of alcohol studies in a previous calendar year.

At the time of application, each student will designate his choice of a *basic* course in his area of special interest and qualification. For his *audit* course, he will be asked to list three choices in order of preference. Class size and scheduling considerations make this flexibility necessary.

## CERTIFICATION AND ACADEMIC CREDIT

All students attending the School and completing either the regular Course Program or the Physicians Institute will receive a *Certificate of Attendance*.

*Academic credit*, graduate or undergraduate, usually can be arranged. However, the credit must be granted by the college or university in which the student is enrolled. Most universities, including Rutgers for its own regularly enrolled students, have granted three semester hours of credit. This credit is for the School's total three-week program which, for each student, consists of *two* 22-hour courses plus 20 hours of general lectures.

A student currently pursuing a degree or certificate program should obtain approval of credit from his college or university *in advance*. A form for this purpose is provided by the School and certification of grade will be made upon completion of the Summer School.

## COSTS AND ACCOMMODATIONS

### COURSE PROGRAM (June 30-July 19)

|                                  |          |
|----------------------------------|----------|
| Tuition and University Fees..... | \$169.75 |
| Room .....                       | 69.00    |
| Board .....                      | 86.25    |
| Total.....                       | \$325.00 |

### PHYSICIANS INSTITUTE (June 30-July 12)

|                                  |          |
|----------------------------------|----------|
| Tuition and University Fees..... | \$221.50 |
| Room .....                       | 46.00    |
| Board .....                      | 57.50    |
| Total.....                       | \$325.00 |

Room: Air-conditioned dormitory rooms are quite limited in number and are available on a *double occupancy* basis only. Single rooms may be had in a non-air-conditioned dormitory at the same rate. Linen, towels, and maid service are provided.

Dining Facilities: Meals are served, Monday through Friday, in the air-conditioned University Commons. Students will be responsible for meals on weekends. Suitable restaurants are located near the dormitories.

## SCHOLARSHIPS

U.S.P.H.S. traineeships may be available for public health administrators, educators, nurses, and certain other qualified personnel in the field of public health. Kemper Foundation Fellowships for "teachers in schools of nursing in the United States and Canada" are also available. The traineeships and fellowships cover tuition, room and meals, but not travel. Application is to be made to the Summer School before April 30, 1968.

Apart from awarding the above, the Summer School has no scholarship funds of its own. Scholarships are often provided by State and Provincial Alcoholism Programs, and by the hospital, department, agency or company of one's own employment. Some local Councils on Alcoholism provide assistance. Protestant clergymen are frequently sponsored by their denomination or by the National Council of Churches. *Prospective students seeking scholarships are advised to explore possibilities with one or more of the above*. If they require further information or counsel, they should write to the Summer School.

## ADMINISTRATION

Executive Director: MILTON A. MAXWELL  
Assistant Director: ROBERT W. JONES  
Coordinator: ROBERT COLLETT  
Librarian: ADELINE I. TALLAU  
Administrative Assistant: MRS. LUCILLE M. HYNDA  
Summer School Secretary: MRS. MARJORIE L. DREHER

## FACULTY

Daniel J. Anderson, Ph.D., Consulting Clinical Psychologist, Executive Vice-President, Hazelden Foundation, Center City, Minnesota  
Selden D. Bacon, Ph.D., Professor, Sociology; Director, Rutgers Center of Alcohol Studies  
Terrence J. Boyle, M.S.S., LL.B., Chief, Alcoholism Program, Ohio Department of Health, Columbus  
Genevieve Burton, M.P.H., D.Ed., Director of Research, Institute for Alcoholism, Narcotics Addiction and Compulsive Gambling, Pennsylvania Department of Health, Philadelphia  
John Anthony Carpenter, Ph.D., Associate Professor, Psychology, Rutgers Center of Alcohol Studies  
Miriam L. Cooper, M.S., R.N., A.C.S.W., School Adjustment Counselor, Falmouth School Department; Instructor, Psychology, Cape Cod Community College, Hyannis  
Jay N. Cross, M.P.H., American Public Health Association and Rutgers Center of Alcohol Studies  
George C. Dimas, Executive Director, Alcohol and Drug Section, Mental Health Division, State of Oregon, Portland  
Vera Efron, M.A., Associate Research Specialist in Documentation, Rutgers Center of Alcohol Studies  
Vernelle Fox, M.D., Medical Director, Georgian Clinic and Rehabilitation Center, Division of Mental Health, Georgia Department of Public Health, Atlanta  
Edith Lisansky Gomberg, Ph.D., Lecturer, Department of Psychology, University of Puerto Rico  
Leon A. Greenberg, Ph.D., Professor, Physiology; Executive Director, Laboratory Research, Rutgers Center of Alcohol Studies  
Ebbe C. Hoff, Ph.D., M.D., Medical Director, Division of Alcohol Studies and Rehabilitation, Virginia State Health Department, Richmond  
Peter Barton Hutt, Attorney, Washington, D. C.  
The Reverend Douglas E. Jackson, Ph.D., Professor, Sociology of Religion, Perkins School of Theology, Southern Methodist University, Dallas  
Betty James, R.N., M.N., Instructor, School of Nursing, Emory University, Atlanta  
Robert W. Jones, M.A., Associate Director, Rutgers Center of Alcohol Studies  
The Reverend John E. Keller, Chaplain, Lutheran General Hospital, Park Ridge, Illinois  
Mark Keller, Editor, *The Quarterly Journal of Studies on Alcohol*; Research Specialist in Documentation, Rutgers Center of Alcohol Studies  
Herman E. Krimmel, M.S.W., A.C.S.W., Director, The Cleveland Center on Alcoholism, Cleveland  
David Lester, Ph.D., Professor, Biochemistry, Rutgers Center of Alcohol Studies

George L. Maddox, Ph.D., Professor, Sociology and Medical Sociology, Departments of Sociology and of Psychiatry, Duke University, Durham  
Milton A. Maxwell, Ph.D., Professor, Sociology, Rutgers Center of Alcohol Studies  
John J. Pasciutti, M.A., Consultant in Educational Planning, Plainfield, Vermont  
Thomas F. A. Plaut, Ph.D., Assistant Chief, National Center for Prevention and Control of Alcoholism, National Institute Mental Health, Bethesda  
Lewis F. Presnall, Director, Industrial Services, The National Council on Alcoholism, Inc., New York  
Gladys M. Price, M.S.S.A., A.C.S.W., Director, Social Work, Washingtonian Hospital, Boston  
The Reverend Dr. Thomas B. Richards, Executive Director, The Men's Service Center and Halfway House; Counselor, School of Nursing, Genesee Hospital, Rochester; Lecturer, University of Rochester  
Earl Rubington, Ph.D., Associate Professor, Sociology, Rutgers Center of Alcohol Studies  
Edward S. Sands, M.P.H., Executive Secretary, The Health, Education, and Welfare Secretary's Committee on Alcoholism; The National Center for the Prevention and Control of Alcoholism, National Institute of Mental Health, Bethesda  
Robert L. Stevens, Specialist, Georgia Division of Vocational Rehabilitation; Vocational Rehabilitation Counselor, Georgian Clinic, Atlanta  
Adeline I. Tallau, M.L.S., Librarian, Rutgers Center of Alcohol Studies  
Maxwell N. Weisman, M.D., Director, Community Mental Health Services and Director of Alcoholism Programs, Maryland Department of Mental Hygiene, Baltimore

## RELATED PROGRAM

### *Northeast Institute of Alcohol Studies*

A one-week orientation course for those without special training or experience in the field will be offered by Rutgers - The State University and the official alcoholism programs of Connecticut, Maine, Maryland, New Jersey, New Hampshire, New York, Pennsylvania, Rhode Island, and Vermont. The Northeast Institute will be held on the Rutgers campus, June 23-28, 1968. A descriptive brochure and an application form are available from:

Northeast Institute of Alcohol Studies  
Rutgers - The State University  
New Brunswick, New Jersey 08903