

**1969
SUMMER SCHOOL
of
ALCOHOL STUDIES**

June 29 – July 18



**RUTGERS
UNIVERSITY**

The State University of New Jersey

The Center of Alcohol Studies
in cooperation with
University Extension Division
New Brunswick, New Jersey

ABOUT THE SCHOOL

The 1969 Summer School of Alcohol Studies will be the twenty-seventh annual session of the School which was founded at Yale University in 1943 and was moved to Rutgers University in 1962.

Over the years, 5,441 students have attended. They have come from each of the 50 states, the 10 Canadian provinces, and 27 other countries. They include the men and women who played pioneer roles in the establishment of programs of treatment, education and research. Today, the alumni are found in even larger numbers on the staffs of most governmental and voluntary agencies concerned with alcohol problems.

The student body continues to be characterized by a broad geographic distribution and a wide range of backgrounds, experience and interests. This diversity makes the *informal interaction* among the members of each year's student body such a unique and valued experience.

The emphasis in the School's present curriculum is upon the *specialized courses*, led by highly competent and experienced instructors. But the School also features a strong *general lecture program* to support and supplement the course work. In addition, students have access to the outstanding resources of the *Center of Alcohol Studies Library*, located in Smithers Hall.

PHYSICIANS INSTITUTE

June 29 - July 11

MEDICAL ASPECTS OF ALCOHOLISM

(For holders of medical degrees and medical students by special arrangement. Instructor: Hoff.)

The course includes lectures and discussion sessions on selected medical topics in the field of alcoholism such as: the etiology and clinical course of alcoholism, treatment of the acute stages as well as long-term rehabilitation, some of the major approaches to therapy, and various issues in program planning of alcoholism treatment facilities. Attention will also be given to basic and clinical research in the field of alcoholism, drawing upon Rutgers Center scientists to discuss physiological, biochemical and psychological studies.

In the discussion sessions, physicians attending the Institute will share their own clinical and other experiences; and have the opportunity to familiarize themselves with recent literature on alcoholism through use of the *Classified Abstract Archive of the Alcohol Literature* at the Center Library. Physicians may also elect to prepare a paper of special interest to themselves. Members of the staff will be available to assist and advise in such work.

(Program is acceptable for 44 Elective hours by the American Academy of General Practice.)

COURSE PROGRAM

June 29 - July 18

Students are expected to register for *two* courses. The *basic* course should be in the student's special area of interest and qualification. The second, or *audit*, course may be selected from among the other courses being offered. The student's work in the basic course will be evaluated. The requirements for the course and method of evaluation will be determined by the instructor. In the audit course, the work will not be evaluated but in all other respects the student may participate fully in the class.

Each course will meet formally 80 minutes each morning. The schedule will allow most combinations of courses. In addition, students are expected to attend the afternoon general lectures.

1. FUNCTION AND STRUCTURE OF ALCOHOLISM SERVICES

(For physicians, nurses, clinical psychologists, social workers, and other qualified treatment personnel. Instructor: DIMAS.)

The clinic team; role of different disciplines; philosophy and goals of treatment in outpatient and inpatient settings; treatment modalities; data recording; problems of evaluation of service; relation of the agency to other community services. Critical analysis and review of the literature.

2. SOCIAL IMPLICATIONS OF ALCOHOL USE IN AMERICAN SOCIETY

(For primary, secondary, and college teachers, and for education directors of social agencies. Instructor: PASCETTI.)

The school's responsibility for organizing instruction in a controversial subject, alcohol use, involving the health and social practice of both adolescents and adults. Basic content, grade placement, and integration in subject

fields. The preparation and personal qualifications of teachers. Community factors are considered with a view to coordinating school and community efforts in adult education, curriculum development, and youth activities.

3. SOCIAL CASEWORK WITH ALCOHOLICS AND THEIR FAMILIES

(For holders of M.S.W. degree only. Cosponsored by the Rutgers Extension Center in Social Welfare. Instructor: PRICE.)

Through readings, written assignments, and class discussion, the course aims at enabling the student to bring to bear his knowledge of advanced casework skills upon the social and psychological problems peculiar to the alcoholic and his family for the purpose of making effective the caseworker's practice in alcoholism.

4. COUNSELING IN ALCOHOLISM

(For professionals and nonprofessionals who have some responsibility in counseling alcoholics. Instructors: ANDERSON, COOPER, KRIMMEL.)

Basic theories of the development of personality and of behavior disorders. Fundamental principles and methods used in counseling and casework. Etiological factors in the development of alcoholism(s) and their implications for counseling. Family and community adjustments to the alcoholic. Understanding alcoholics and the requirements for effective counseling. Specialized counseling techniques. Referring to and working with Alcoholics Anonymous and the community's other resources.

5. PROBLEMS OF DRINKING AND DRIVING

(For those concerned with administration, training, research, and the development of programs in the alcohol-traffic accident field. Instructors: ZYLMAN, BACON, and Center staff members.)

Analysis of drinking and driving, separately and in combination, from biochemical, psychological and sociocultural viewpoints. Review of programs to combat accidents and violations of this nature. Consideration of policy development in terms of legislation, law enforcement, formal education, public

relations, program evaluation, and relationships to programs dealing with other traffic problems and other alcohol problems.

6. ORGANIZING AND DEVELOPING ALCOHOLISM PROGRAMS IN A PUBLIC HEALTH SETTING

(For public health educators and administrators. Instructor: CROSS.)

The nature of community alcoholism problems. The role of the official health agency. An examination of current experience in organizing and promoting alcoholism education, and in organizing and developing over-all programs for alcoholism control. The place of alcoholism programs in planning for total community health.

7. ORGANIZING AND ADMINISTERING COMMUNITY PROGRAMS

(For those interested in community organization processes. Instructor: BOYLE.)

Understanding the historical background and cultural setting of community responses as they relate to the development of community alcoholism service programs. Basic principles of community organization. The planning of specific projects and programs. Interagency relations.

8. NURSING SERVICES TO ALCOHOLIC PATIENTS

(For nurses. Instructor: JAMES.)

The nature of alcoholism: its patterns, phases, and symptoms. The role of the nurse in the care of the alcoholic patient in the hospital and the clinic. Understanding and relating to the alcoholic. Treatment and rehabilitation of the alcoholic. Interpreting and using referral sources.

9. ALCOHOLISM AND PUBLIC HEALTH NURSING

(For public health nurses only. Instructor: BURTON.)

Patterns of alcoholism. Early recognition. Alcoholism in conjunction with other public health problems. Understanding, relating to, and counseling the alcoholic and his family; self-understanding as a factor. The nature of various treatment resources. Motivation and effective referral. Working relations with other

disciplines. The public health nurse's role as a community leader.

10. INSTITUTIONAL PROGRAMS FOR THE HOMELESS ALCOHOLIC

(For students responsible for rehabilitation, halfway house administrators and staff, institutional chaplains, Salvation Army officers, etc. Instructor: RICHARDS.)

Study of the traditional approaches to the homeless alcoholic as seen in various types of institutionalized programs. A closer look at our changing skid-row subculture: rapid social change, impact of urban redevelopment, etc. Changes in the homeless male stereotype and consequent impact upon community programs, public and private. Service Centers catering to the casual, spot-job worker which attempt to meet subsistence level needs. The transitional, aftercare facility. The function of the halfway house in the rehabilitation of the male alcoholic. Halfway house promotion, planning, and programming. Custodial care or rehabilitation?

11. ALCOHOL AND CORRECTIONS

(For police, court, and correctional officers. Instructor: RUBINGTON.)

Analysis of the impact of deviant drinking behavior on formal agencies of social control. Examination of the kinds of drinkers, their acts and the problems they pose for agencies of law enforcement and correction, and the variety of correctional responses. Special attention to the handling of the alcoholic on probation and parole and to counseling and rehabilitative services operating in correctional settings.

12. PASTORAL COUNSELING WITH ALCOHOLICS AND THEIR FAMILIES

(For clergymen. Instructor: DOMINICK.)

Discussion of the various attitudes, feelings, and concepts in regard to beverage alcohol, drinking, nondrinking, and alcoholism. Understanding and counseling alcoholics and their spouses. Analysis of case histories. Awareness and utilization of other resources such as Alcoholics Anonymous, family service agencies, medical doctors, psychologists, local and state treatment centers. Exploration of ways in which attitudes toward alcohol and alcoholics

might be modified in congregation and community.

13. ALCOHOLISM ON THE JOB: PROBLEMS AND APPROACHES

(For persons involved in development and operation of, or community coordination with, in-plant alcoholism programs. Instructor: PRESNALL.)

Nature and scope of the problem. Review of studies. Problems of early identification and motivation related to corporate policy, labor-management relations, disciplinary practices, absenteeism records and control, line-staff coordination, and the role of supervisors. Program designs for problem solution. Referral and use of community resources. Firsthand contact with labor and company personnel experienced in the field.

14. GROUP DYNAMICS IN ALCOHOLISM PROGRAMMING

(For persons of any discipline facing such problems as community education, in-service training, interagency relations. Enrollment limited to 35. Instructor: WEISMAN.)

Not a course in group therapy but an examination of typical work situations and problems faced by class members. Analysis of the psychological and social forces associated with groups. Principles of effective communication and leadership in groups. Role playing, group decisions, observations, and feedback of the group process. The course will utilize not only didactic material and selected readings but also the group dynamics of the class itself.

15. ALCOHOLICS AND VOCATIONAL REHABILITATION

(For Vocational Rehabilitation personnel, particularly those with responsibility for program planning, special projects, and for training or supervising Vocational Rehabilitation counselors. Instructor: NELSON.)

Evaluation of potential for rehabilitation services. Referral to treatment services. Integration of vocational rehabilitation services and treatment services. Special considerations in training the alcoholic, job placement and follow-up.

16. SPECIAL PROJECTS

(For the limited number of students who have a specific program of independent study to pursue in lieu of the audit course. Instructors: JONES and CARPENTER.)

This course option is designed to meet the needs of the student who has a particular alcohol studies interest which he can profitably pursue while at the School. It may be a reading program in a special area or a research project to develop. The particular program must be submitted and approved in advance of the Summer School.



COSTS AND ACCOMMODATIONS

COURSE PROGRAM (June 29-July 18)

Tuition and University Fees.....	\$169.75
Room	69.00
Board	86.25
Total.....	\$325.00

PHYSICIANS INSTITUTE (June 29-July 11)

Tuition and University Fees.....	\$221.50
Room	46.00
Board	57.50
Total.....	\$325.00

Room: Air-conditioned dormitory rooms are very limited in number and are available on a *double occupancy* basis only. Single rooms may be had in a non-air-conditioned dormitory at the same rate. Linen, towels, and maid service are provided.

Dining Facilities: Meals are served, Monday through Friday, in the air-conditioned University Commons. Students will be responsible for meals on weekends. Suitable restaurants are located near the dormitories.



SCHOLARSHIPS

U.S.P.H.S. traineeships may be available for public health administrators, educators, nurses, and certain other qualified personnel in the field of public health. Kemper Foundation Fellowships for "teachers of nursing in the United States and Canada" will be available. The traineeships and fellowships cover tuition, room and meals, but not travel. Application is to be made to the Summer School before April 30, 1969.

Apart from awarding the above, the Summer School has no scholarship funds of its own. Scholarships are often

provided by State and Provincial Alcoholism Programs; and by the hospital, department, agency or company of one's own employment. Some local Councils on Alcoholism provide assistance. Protestant clergymen are frequently sponsored by their denomination or by the National Council of Churches. *Prospective students seeking scholarships are advised to explore possibilities with one or more of the above.* If they require further information or counsel, they should write to the Summer School.

QUALIFICATIONS FOR ADMISSION

Students applying will be expected (1) *to have professional qualifications*, such as physician, nurse, caseworker, clergyman, educator, public health worker, whether presently active in the field of alcohol problems or not; or (2) *to be employed in some alcohol problems area.* Lacking either of the above qualifications, special consideration will be given to highly recommended persons who have attended a one-week school or institute of alcohol studies in a previous calendar year. In the case of "recovered alcoholics," the School requires a minimum of two years of continuous sobriety prior to the opening of the School.

APPLICATION

Application is to be made on the official application form which may be obtained from:

Summer School of Alcohol Studies
Rutgers University
New Brunswick, New Jersey 08903.

At the time of application, each student designates his choice of a *basic* course in his area of special interest and qualification. For his second or *audit* course, he is asked to list three choices in order of preference. Class size and scheduling considerations make the latter flexibility necessary.

CERTIFICATION AND ACADEMIC CREDIT

All students attending the School and completing either the regular Course Program or the Physicians Institute will receive a *Certificate of Attendance*.

Academic credit, graduate or undergraduate, usually can be arranged. However, the credit must be granted by the college or university in which the student is enrolled. Most universities, including Rutgers for its own regularly enrolled students, have granted three semester hours of credit. This credit is for the School's total three-week program which, for each student, consists of *two* 22-hour courses plus 20 hours of general lectures.

A student currently pursuing a degree or certificate program should obtain approval of credit from his college or university *in advance*. A form for this purpose is provided by the School and certification of grade will be made upon completion of the Summer School.

ADMINISTRATION

Executive Director: MILTON A. MAXWELL
Coordinator: ROBERT COLLETT
Librarian: ADELINE I. TALLAU
Administrative Assistant: MRS. LUCILLE M. HYNDA
Summer School Secretary: MRS. MARJORIE L. DREHER

FACULTY AND STAFF

Daniel J. Anderson, Ph.D., Clinical Psychologist, Executive Vice-President, Hazelden Foundation, Center City, Minnesota
Selden D. Bacon, Ph.D., Professor, Sociology; Director, Rutgers Center of Alcohol Studies
R. GORDON BELL, M.D., Medical Director, The Donwood Foundation, Toronto
Terrence J. Boyle, M.S.S., LL.B., Chief, Alcoholism Program, Ohio Department of Health, Columbus
Genevieve Burton, M.P.H., Ed.D., Director of Research, Institute for Alcoholism and Narcotic Addiction, Pennsylvania Department of Health, Philadelphia
John Anthony Carpenter, Ph.D., Professor, Psychology, Rutgers Center of Alcohol Studies
Miriam L. Cooper, M.S., R.N., A.C.S.W., School Adjustment Counselor, Falmouth School Department, Massachusetts
Jay N. Cross, M.P.H., Research Specialist, Rutgers Center of Alcohol Studies and Lecturer in Community Medicine, Rutgers Medical School
George C. Dimas, Executive Director, Alcohol and Drug Section, Mental Health Division, State of Oregon, Portland
George P. Dominick, B.D., Chief Clinical Chaplain, Georgian Clinic Division, Georgia Mental Health Institute, Atlanta
Joseph L. Fuchs, M.S.L.S., Chief of Documentation, Rutgers Center of Alcohol Studies
Edith Lisansky Gomberg, Ph.D., Lecturer, Department of Psychology, University of Puerto Rico
Leon A. Greenberg, Ph.D., Professor, Physiology; Executive Director, Laboratory Research, Rutgers Center of Alcohol Studies
Ebbe C. Hoff, Ph.D., M.D., Medical Director, Bureau of Alcohol Studies and Rehabilitation, Virginia State Health Department; Professor of Psychiatry and Physiology, Medical College of Virginia, Richmond
The Reverend Douglas E. Jackson, Ph.D., Professor, Sociology of Religion, Perkins School of Theology, Southern Methodist University, Dallas
Rhoda B. Jackson, Research Associate and Business Manager of Publications, Rutgers Center of Alcohol Studies
Betty James, R.N., M.N., Assistant Coordinator, Community Alcoholism Programs, Georgia Dept. of Public Health, Atlanta
Robert W. Jones, M.A., Associate Director, Rutgers Center of Alcohol Studies

Mark Keller, Editor, *The Quarterly Journal of Studies on Alcohol*;
 Research Specialist in Documentation, Rutgers Center of Alcohol
 Studies

Herman E. Krimmel, M.S.W., A.C.S.W., Director, The Cleveland
 Center on Alcoholism, Cleveland

David Lester, Ph.D., Professor, Biochemistry, Rutgers Center of
 Alcohol Studies

Berwyn F. Mattison, M.D., Executive Director, American Public
 Health Association, New York

Milton A. Maxwell, Ph.D., Professor, Sociology, Rutgers Center of
 Alcohol Studies

Marlene Nelson, M.A., Chief of Psychiatric Services, Illinois Division
 of Vocational Rehabilitation, Chicago

John J. Pasciutti, M.A., Consultant and Lecturer, Venice, Florida

Thomas F. A. Plaut, Ph.D., Assistant Chief, National Center for Con-
 trol and Prevention of Alcoholism, National Institute of Mental
 Health, Bethesda

Lewis F. Presnall, Industrial Consultant on Alcoholism Programming,
 New York City

Gladys M. Price, M.S.S.A., A.C.S.W., Director, Social Work, Wash-
 ingtonian Hospital, Boston

The Reverend Dr. Thomas B. Richards, Executive Director, The
 Men's Service Center and Halfway House; Counselor, School of
 Nursing, Genesee Hospital, Rochester; Lecturer, University of
 Rochester

Earl Rubington, Ph.D., Associate Professor, Sociology, Rutgers Center
 of Alcohol Studies

Adeline I. Tallau, M.L.S., Librarian, Rutgers Center of Alcohol
 Studies

Maxwell N. Weisman, M.D., Director, Community Psychiatric Serv-
 ices and Director of Alcoholism Programs, Maryland Department
 of Mental Hygiene, Baltimore.

Richard Zylman, Research Specialist, Rutgers Center of Alcohol Studies.



RELATED PROGRAMS

Northeast Institute of Alcohol Studies

A one-week orientation course for those without special training or experience in the field will be offered by Rutgers University and the official alcoholism programs of Connecticut, Maine, Maryland, New Jersey, New Hampshire, New York, Pennsylvania, Rhode Island, and Vermont. The Northeast Institute will be held on the Rutgers campus, June 22-27, 1969. A descriptive brochure and an application form are available from:

Northeast Institute of Alcohol Studies
 Rutgers University
 New Brunswick, New Jersey 08903

ALUMNI INSTITUTE

The triennial "refresher course" for alumni of the Summer School of Alcohol Studies will be held at Rutgers University, July 20-24, 1969.