



**1970 SUMMER
SCHOOL OF
ALCOHOL STUDIES**

JUNE 28-JULY 17

RUTGERS UNIVERSITY

The State University of New Jersey
THE CENTER OF ALCOHOL STUDIES
in cooperation with
UNIVERSITY EXTENSION DIVISION
New Brunswick, New Jersey

ABOUT THE SCHOOL

The 1970 Summer School of Alcohol Studies will be the twenty-eighth annual session of the School which was founded at Yale University in 1943 and was moved to Rutgers University in 1962.

Over the years, 5,772 students have attended. They have come from each of the 50 states, the 10 Canadian provinces, and 28 other countries. They include the men and women who played pioneer roles in the establishment of programs of treatment, education, and research. Today, the alumni are found in even larger numbers on the staffs of most government and voluntary agencies concerned with alcohol problems.

The student body continues to be characterized by a broad geographic distribution and a wide range of backgrounds, experience, and interests. This diversity makes the *informal interaction* among the members of each year's student body such a unique and valued experience.

The emphasis in the School's present curriculum is upon the *specialized courses*, led by highly competent and experienced instructors. But the School also features a strong *general lecture program* to support and supplement the course work. In addition, students have access to the outstanding resources of the *Center of Alcohol Studies Library*, located in Smithers Hall.

COURSES

Students are expected to register for *two* courses. The *basic* course should be in the student's special area of interest and qualification. The second, or *audit*, course is to be selected from among the other courses being offered. The student's work in the basic course will be evaluated. The requirements for the course and method of evaluation will be determined by the instructor. In the audit course, the work will not be evaluated but in all other respects the student may participate fully in the class.

Each course will meet formally 80 minutes each morning. The schedule will allow most combinations of courses. Students are also expected to attend the afternoon general lectures and to participate in the small interdisciplinary discussion groups following the lectures.

1. MEDICAL ASPECTS OF ALCOHOLISM

(For holders of medical degrees. Medical students by special arrangement. No auditing by non-physicians. Instructor: HOFF.)

So that physicians may obtain the full general and interdisciplinary values of the School, the medical course will no longer be offered as a somewhat separate two-week Physicians Institute. Instead, it will be a regular part of the full three-week program. Physicians will take a second course of their choice, attend the general lectures, and take part in the small interdisciplinary discussion groups.

"Medical Aspects of Alcoholism" will cover selected aspects of the etiology of alcoholism, its clinical course, typology, and complications; detoxification procedures; long-term rehabilitation and the comprehensive use of community resources; discussion of group therapy and other selected modalities of treatment; also selected aspects of basic and clinical re-

search on alcoholism. Direct clinical experience with alcoholics cannot be offered, but the class will have the benefit of the substantial clinical experience of the instructor and a variety of visiting physicians.

2. SOCIAL IMPLICATIONS OF ALCOHOL USE IN AMERICAN SOCIETY

(For primary, secondary, and college teachers, and for education directors of social agencies. Instructor: PSCIUTTI.)

The school's responsibility for organizing instruction in a controversial subject, alcohol use, involving the health and social practice of both adolescents and adults. Basic content, grade placement, and integration in subject fields. The preparation and personal qualifications of teachers. Community factors are considered with a view to coordinating school and community efforts in adult education, curriculum development, and youth activities.

3. SOCIAL CASEWORK WITH ALCOHOLICS AND THEIR FAMILIES

(For holders of M.S.W. degree only. Cosponsored by the Rutgers Extension Center in Social Welfare. Instructor: PRICE.)

Through readings, written assignments, and class discussion, the course aims at enabling the student to bring to bear his knowledge of advanced casework skills upon the social and psychological problems peculiar to the alcoholic and his family for the purpose of making effective the caseworker's practice in alcoholism.

4. COUNSELING IN ALCOHOLISM

(For professionals and nonprofessionals who have some responsibility in counseling alcoholics. Instructors: ANDERSON, COOPER, KRIMMEL.)

Basic theories of the development of personality and of behavior disorders. Fundamental principles and methods used in counseling and casework. Etiological factors in the development of alcoholism(s) and their implications for counseling. Family and community adjustments to the alcoholic. Understanding alcoholics and the requirements for effective counseling. Specialized counseling techniques. Referring to and working with

Alcoholics Anonymous and the community's other resources.

5. FUNCTION AND STRUCTURE OF ALCOHOLISM SERVICES

(For physicians, nurses, clinical psychologists, social workers, and other qualified treatment personnel. Instructor: DIMAS.)

The clinic team; role of different disciplines; philosophy and goals of treatment in outpatient and inpatient settings; treatment modalities; data recording; problems of evaluation of service; relation of the agency to other community services. Critical analysis and review of the literature.

6. ORGANIZING AND DEVELOPING ALCOHOLISM PROGRAMS IN A PUBLIC HEALTH SETTING

(For public health educators and administrators. Instructor: CROSS.)

The nature of community alcoholism problems. The role of the official health agency. An examination of current experience in organizing and promoting alcoholism education, and in organizing and developing over-all programs for alcoholism control. The place of alcoholism programs in planning for total community health.

7. ORGANIZING AND ADMINISTERING COMMUNITY PROGRAMS

(For those interested in community organization processes. Instructor: BOYLE.)

Understanding the historical background and cultural setting of community responses as they relate to the development of community alcoholism service programs. Basic principles of community organization. The planning of specific projects and programs. Interagency relations.

8. NURSING SERVICES TO ALCOHOLIC PATIENTS

(For nurses. Instructor: JAMES.)

The nature of alcoholism: its patterns, phases, and symptoms. The role of the nurse in the care of the alcoholic patient in the hospital and the clinic. Understanding and relating to the alcoholic. Treatment and rehabilitation of the alcoholic. Interpreting and using referral sources.

9. ALCOHOLISM AND PUBLIC HEALTH NURSING

(For public health nurses only. Instructor: BURTON.)

Patterns of alcoholism. Early recognition. Alcoholism in conjunction with other public health problems. Understanding, relating to, and counseling the alcoholic and his family; self-understanding as a factor. The nature of various treatment resources. Motivation and effective referral. Working relations with other disciplines. The public health nurse's role as a community leader.

10. PROGRAMS FOR THE HOMELESS ALCOHOLIC

(In two sections, meeting separately. Section A for halfway house administrators and staff. Section B, for persons responsible for rehabilitation in institutional settings: rehabilitation counselors, chaplains, Salvation Army officers, etc. Instructor: RICHARDS.)

Study of the traditional approaches to the homeless alcoholic as seen in various types of institutionalized programs. A closer look at our changing skid-row subculture: rapid social change, impact of urban redevelopment, etc. Changes in the homeless male stereotype and consequent impact upon community programs, public and private. Service Centers catering to the casual, spot-job worker which attempt to meet subsistence level needs. The transitional, aftercare facility. The function of the halfway house in the rehabilitation of the male alcoholic. Halfway house promotion, planning, and programming. Custodial care or rehabilitation?

11. ALCOHOL AND CORRECTIONS

(For police, court, and correctional officers. Instructor: GOFF.)

Analysis of the impact of deviant drinking behavior on formal agencies of social control. Examination of the kinds of drinkers, their acts, and the problems they pose for agencies of law enforcement and correction, and the variety of correctional responses. Special attention to the handling of the alcoholic on probation and parole and to counseling and rehabilitative services operating in correctional settings.

12. PASTORAL COUNSELING WITH ALCOHOLICS AND THEIR FAMILIES

(For clergymen. Instructor: DOMINICK.)

Discussion of the various attitudes, feelings, and concepts in regard to beverage alcohol, drinking, nondrinking, and alcoholism. Understanding and counseling alcoholics and their spouses. Analysis of case histories. Awareness and utilization of other resources such as Alcoholics Anonymous, family service agencies, medical doctors, psychologists, local and state treatment centers. Exploration of ways in which attitudes toward alcohol and alcoholics might be modified in congregation and community.

13. ALCOHOLISM ON THE JOB: PROBLEMS AND APPROACHES

(For persons involved in development and operation of, or community coordination with, in-plant alcoholism programs. Instructor: PRESNALL.)

Nature and scope of the problem. Review of studies. Problems of early identification and motivation related to corporate policy, labor-management relations, disciplinary practices, absenteeism records and control, line-staff coordination, and the role of supervisors. Program designs for problem solution. Referral and use of community resources. Firsthand contact with labor and company personnel experienced in the field.

14. GROUP DYNAMICS IN ALCOHOLISM PROGRAMMING

(For persons of any discipline facing such problems as community education, in-service training, interagency relations. Enrollment limited to 30. No auditing. Instructor: WEISMAN.)

Not a course in group therapy but an examination of typical work situations and problems faced by class members. Analysis of the psychological and social forces associated with groups. Principles of effective communication and leadership in groups. Role playing, group decisions, observations, and feedback of the group process. The course will utilize not only didactic material and selected readings but also the group dynamics of the class itself. Personal involvement will be required.

15. ALCOHOLICS AND VOCATIONAL REHABILITATION

(For Vocational Rehabilitation personnel, particularly those with responsibility for program planning, special projects, and for training or supervising Vocational Rehabilitation counselors. Instructor: STEVENS.)

Evaluation of potential for rehabilitation services. Referral to treatment services. Integration of vocational rehabilitation services and treatment services. Special considerations in training the alcoholic, job placement, and follow-up.

16. LAW ENFORCEMENT AND ALCOHOL PROBLEMS

(For Police Training Academy directors and instructors, and for those concerned with administration, records, development of policies dealing with alcohol problems. Instructor: ZYLMAN.)

Analysis of alcohol-related police problems such as public drunkenness, domestic calls, neighborhood disturbances and serious traffic violations and collisions. Interrelatedness of the problems. Biochemical, psychological, and sociocultural aspects. Review of programs to combat alcohol and traffic problems, including law enforcement and driver education. Consideration of policy development in terms of legislative needs, law enforcement, training, public relations, program evaluation, and the interconnectedness of alcohol-related problems.

17. THE CLERGYMAN, THE COMMUNITY, AND ALCOHOL PROBLEMS

(For clergymen in parish, seminary, and official positions. Instructor: HANCOCK.)

The clergyman's community leadership role potential for action on a variety of alcohol problems. Understanding the range of ethical considerations with regard to the use and non-use of alcoholic beverages; the nature and variety of drinking norms in the community. Overcoming barriers to effective communication about alcohol and alcohol problems. Educating young people and adults about alcohol. The potential roles of church, school, and family in developing responsible attitudes and

behavior. Utilizing the media. Possible action on drinking and driving problems and other alcohol problems in the community. Helping to develop and coordinate community resources for rehabilitating alcoholics and their families. The overall emphasis will be on strategies for developing opinion, practices, and social policies regarding alcohol and alcohol problems.

18. SPECIAL PROJECTS

(For the limited number of students who have a specific program of independent study to pursue in lieu of the audit course. Instructors: JONES and CARPENTER.)

This course option is designed to meet the needs of the student who has a particular alcohol studies interest which he can profitably pursue while at the School. It may be a reading program in a special area or a research project to develop. The particular program must be submitted and approved in advance of the Summer School.

QUALIFICATIONS FOR ADMISSIONS

Applicants will be expected to meet the following minimum criteria for admission: (1) have professional qualifications such as those of a physician, nurse, social worker, clergyman, educator, public health worker; or (2) be employed in some alcohol problems area. In the case of a "recovered alcoholic," (3) a minimum of two years of continuous sobriety prior to the opening of the School is required. In the case of a person not qualifying under either (1) or (2) above, special consideration will be given if he or she is highly recommended and has attended a one-week school or institute of alcohol studies in a previous calendar year.

CERTIFICATION AND ACADEMIC CREDIT

Each student attending the School and completing the program will receive a *Certificate of Attendance*.

Academic credit, graduate or undergraduate, usually can be arranged. However, *the credit must be granted by the college or university in which the student is enrolled*. Most universities, including Rutgers for its own regularly enrolled students, have granted three

semester hours of credit. This credit is for the School's total three-week program which, for each student, consists of *two* 22-hour courses plus 22 hours of general lectures.

A student currently pursuing a degree or certificate program should obtain approval of credit from his college or university *in advance*. A form for this purpose is provided by the School and certification of grade will be made upon completion of the Summer School.

COSTS AND ACCOMMODATIONS

The cost for the three-week program will be as follows:

Tuition and University Fees	\$194.75
Room	69.00
Meals	86.25
Total	\$350.00

Rooms: Students are housed in University dormitories with linen, towels, and maid service provided. Air-conditioned dormitory rooms are very limited in number and are available on a *double-occupancy* basis only. Single rooms may be had in non-air-conditioned dormitories at the same rate. (No University housing for spouses or family members.)

Dining and Other Facilities: The lecture auditorium, classrooms, libraries, and main lounge are all air-conditioned; also the University Commons where meals will be served, Monday through Friday. Students will be responsible for meals on weekends. Suitable eating places are located nearby.

SCHOLARSHIPS

The Summer School has no scholarship funds of its own. It does administer the James S. Kemper Foundation Fellowships for "teachers of nursing in the United States and Canada" and the new Christopher D. Smithers Foundation Fellowships for "attorneys and law students." These cover tuition, room, and meals, but not travel. Application is to be made to the Summer School before April 30, 1970.

Most students attend the School with scholarship assistance. The sources are varied. State and Provincial Alcoholism Programs are the primary source. Support is often provided by the agency, hospital, department, or company of one's own employment. Some local affiliates

of the National Council on Alcoholism provide assistance. Protestant clergymen are frequently sponsored by their denomination or by the National Council of Churches.

To obtain training funds for police officers, departmental contact should be made with one's State Law Enforcement Planning Agency for federal funds under Title I of the Omnibus Crime Control and Safe Streets Act of 1968; or the State Highway Safety Program Coordinator for funds under the Highway Safety Act of 1966.

Prospective students seeking scholarships are advised to explore possibilities with one or more of the above. If further information or counsel is required, they should write to the Summer School.

APPLICATION

Application is to be made on the official application form which may be obtained from:

Mrs. Marjorie L. Dreher, Secretary
Summer School of Alcohol Studies
Rutgers University
New Brunswick, New Jersey 08903.

FACULTY AND STAFF

- Daniel J. Anderson, Ph.D., Clinical Psychologist, Executive Vice-President, Hazelden Foundation, Center City, Minnesota
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- Terrence J. Boyle, M.S.S., J.D., Chief, Alcoholism Program, Ohio Department of Health, Columbus
- Nelson Bradley, M.D., Director of Alcoholism Rehabilitation Services, Lutheran General Hospital, Park Ridge, Illinois
- Genevieve Burton, M.P.H., Ed.D., Director of Research, Institute for Alcoholism and Narcotic Addiction, Pennsylvania Department of Health, Philadelphia
- John Anthony Carpenter, Ph.D., Professor, Psychology, Rutgers Center of Alcohol Studies
- Ronald J. Catanzaro, M.D., Associate Professor, Psychiatry, University of Florida, Gainesville; Private practice, West Palm Beach
- Miriam L. Cooper, M.S., R.N., A.C.S.W., School Adjustment Counselor, Falmouth School Department, Massachusetts
- Jay N. Cross, M.P.H., Research Specialist, Rutgers Center of Alcohol Studies and Lecturer in Community Medicine, Rutgers Medical School
- George C. Dimas, Executive Director, Alcohol and Drug Section, Mental Health Division, State of Oregon, Portland
- The Reverend George P. Dominick, B.D., Chief Clinical Chaplain, Georgian Clinic Division, Georgia Mental Health Institute, Atlanta

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