



1972 SUMMER SCHOOL OF ALCOHOL STUDIES

JUNE 25-JULY 14

RUTGERS UNIVERSITY

The State University of New Jersey

THE CENTER OF ALCOHOL STUDIES

in cooperation with

UNIVERSITY EXTENSION DIVISION

New Brunswick, New Jersey

ABOUT THE SCHOOL

The 1972 Summer School of Alcohol Studies will be the thirtieth annual session of the School which was founded at Yale University in 1943 and was moved to Rutgers in 1962.

Over the years, 6,584 students have attended. They have come from each of the 50 states, the 10 Canadian provinces, and 33 other countries. They include men and women who played pioneer roles in the establishment of programs of treatment, education, and research. Today, the alumni are found in even larger numbers on the staffs of most government and voluntary agencies concerned with alcohol problems.

The student body continues to be characterized by a broad geographic distribution and a wide range of backgrounds, experience, and interests. This diversity makes the *informal interaction* among the members of each year's student body such a unique and valued experience.

The emphasis in the School's present curriculum is upon the *specialized courses*, led by highly competent and experienced instructors. But the School also features a strong *general lecture program* to support and supplement the course work. In addition, students have access to the outstanding resources of the *Center of Alcohol Studies Library*, located in Smithers Hall.

COURSES

Students are expected to register for *two* courses. The *basic* course should be in the student's special area of interest and qualification. The second, or *audit*, course is to be selected from among the other courses being offered. The student's work in the basic course will be evaluated. The requirements for the course and method of evaluation will be determined by the instructor. In the audit course, the work will not be evaluated but in all other respects the student may participate fully in the class.

Each course will meet formally 80 minutes each morning. The schedule will allow most but not all combinations of courses. Students are also expected to attend the afternoon *general lectures* and to participate in the small *interdisciplinary discussion groups* following the lectures.

1. MEDICAL ASPECTS OF ALCOHOLISM

(For holders of medical degrees. Medical students by special arrangement. No auditing by non-physicians. Instructors: HOFF, GITLOW, BISSELL, MAYER, WEISMAN.)

Selected aspects of the etiology of alcoholism, its clinical course, typology, and complications; detoxication procedures; long-term rehabilitation and the comprehensive use of community resources; discussion and evaluation of current modalities of treatment; also selected aspects of basic and clinical research on alcoholism. Direct clinical experience with alcoholics cannot be offered, but the class will have the benefit of the varied clinical experience of the instructional staff. The unique interdisciplinary value of the total School experience should also be emphasized. (Program is acceptable for 66 elective hours by the American Academy of General Practice.)

2. SOCIAL IMPLICATIONS OF ALCOHOL USE IN AMERICAN SOCIETY

(For primary, secondary, and college teachers, and for education directors of social agencies. Instructor: GRAY.)

The school's responsibility for organizing instruction in a controversial subject, alcohol use, involving the health and social practice of both adolescents and adults. Basic content, grade placement, and integration in subject fields. The preparation and personal qualifications of teachers. Community factors are considered with a view to coordinating school and community efforts in adult education, curriculum development, and youth activities.

3. SOCIAL WORK WITH ALCOHOLICS AND THEIR FAMILIES

(For holders of M.S.W. degree only. Cosponsored by the Rutgers Extension Center in Social Welfare. Instructor: PRICE.)

Study of social work skills and attitudes as they relate to a variety of modalities in the treatment of alcoholics and their families.

4. COUNSELING IN ALCOHOLISM

(For professionals and nonprofessionals who have some responsibility in counseling alcoholics. Instructors: ANDERSON, COOPER, JOHNSON, KRIMMEL.)

Basic theories of the development of personality and of behavior disorders. Fundamental principles and methods used in counseling and casework. Etiological factors in the development of alcoholism(s) and their implications for counseling. Family and community adjustments to the alcoholic. Understanding alcoholics and the requirements for effective counseling. Specialized counseling techniques. Referring to and working with Alcoholics Anonymous and the community's other resources.

5. FUNCTION AND STRUCTURE OF ALCOHOLISM SERVICES

(For physicians, nurses, clinical psychologists, social workers, and other qualified treatment personnel. Instructor: DIMAS.)

The clinic team; role of different disciplines; philosophy and goals of treatment in outpatient and inpatient settings; treatment modalities; data recording; problems of evaluation of service; relation of the agency to other community services. Critical analysis and review of the literature.

6. ORGANIZING AND DEVELOPING ALCOHOLISM PROGRAMS IN A PUBLIC HEALTH SETTING

(For public health educators and administrators. Instructor: CROSS.)

The nature of community alcoholism problems. The role of the official health agency. An examination of current experience in organizing and promoting alcoholism education, and in organizing and developing over-all programs for alcoholism control. The place of alcoholism programs in planning for total community health.

7. ORGANIZING AND ADMINISTERING COMMUNITY PROGRAMS

(For those interested in community organization processes. Instructor: BOYLE.)

Understanding the historical background and cultural setting of community responses as they relate to the development of community alcoholism service programs. Basic principles of community organization. The planning of specific projects and programs. Interagency relations.

8. NURSING SERVICES TO ALCOHOLIC PATIENTS

(For nurses. Instructor: JAMES.)

The nature of alcoholism: its patterns, phases, and symptoms. The role of the nurse in the care of the alcoholic patient in the hospital and the clinic. Understanding and relating to the alcoholic. Treatment and rehabilitation of the alcoholic. Interpreting and using referral sources.

9. ALCOHOLISM AND PUBLIC HEALTH NURSING

(For public health nurses only. Instructor: BURTON.)

Patterns of alcoholism. Early recognition. Alcoholism in conjunction with other public health problems. Understanding, relating to, and counseling the alcoholic and his family; self-understanding as a factor. The nature of various treatment resources. Motivation and effective referral. Working relations with other disciplines. The public health nurses's role as a community leader.

10. PROGRAMS FOR THE HOMELESS ALCOHOLIC

(In two sections, meeting separately. Section A for persons responsible for rehabilitation in institutional settings: rehabilitation counselors, chaplains, Salvation Army officers, etc. Section B, for halfway house administrators and staff. Instructor: RICHARDS.)

Study of the traditional approaches to the homeless alcoholic as seen in various types of institutionalized programs. A closer look at our changing skid-row subculture: rapid social change, impact of urban redevelopment, etc. Changes in the homeless male stereotype and consequent impact upon community programs, public and private. Service Centers catering to the casual, spot-job worker which attempt to meet subsistence level needs. The transitional, aftercare facility. The function of the halfway house in the rehabilitation of the male alcoholic. Halfway house promotion, planning, and programming. Custodial care or rehabilitation?

11. ALCOHOL AND CORRECTIONS

(For police, court, and correction officers. Instructor: GOFF.)

Analysis of the impact of deviant drinking behavior on formal agencies of social control. Examination of the kinds of drinkers, their acts, and the problems they pose for agencies of law enforcement and correction, and the variety of correctional responses. Special attention to the handling of the alcoholic on probation and parole and to counseling and rehabilitative services operating in correctional settings.

12. PASTORAL COUNSELING WITH
ALCOHOLICS AND THEIR FAMILIES*
(For clergymen. Instructor: DOMINICK.)

Discussion of the various attitudes, feelings and concepts in regard to beverage alcohol, drinking, non-drinking, and alcoholism. Understanding and counseling alcoholics and their spouses. Analysis of case histories. Awareness and utilization of other resources such as Alcoholics Anonymous, family service agencies, medical doctors, psychologists, local and state treatment centers.

*Because of overlap, simultaneous enrollment in Course No. 4, "Counseling in Alcoholism," is not recommended.

13. ALCOHOLISM ON THE JOB:
PROBLEMS AND APPROACHES

(For persons involved in development and operation of, or community coordination with, in-plant alcoholism programs. Instructor: PRESNALL.)

Nature and scope of the problem. Review of studies. Problems of early identification and motivation related to corporate policy, labor-management relations, disciplinary practices, absenteeism records and control, line-staff coordination, and the role of supervisors. Program designs for problem solution. Referral and use of community resources. Firsthand contact with labor and company personnel experienced in the field.

14. GROUP DYNAMICS IN ALCOHOLISM
PROGRAMMING

(For persons of any discipline facing such problems as community education, in-service training, interagency relations. Enrollment limited to 30. No auditing. Instructor: WEISMAN.)

Not a course in group therapy but an examination of typical work situations and problems faced by class members. Analysis of the psychological and social forces associated with groups. Principles of effective communication and leadership in groups. Role playing, group decisions, observations, and feedback of the group process. The course will utilize not only didactic material and selected readings but also the group dynamics of the class itself. Personal involvement will be required.

15. ALCOHOLICS AND VOCATIONAL
REHABILITATION

(For Vocational Rehabilitation personnel, particularly those with responsibility for program planning, special projects, and for training or supervising Vocational Rehabilitation counselors. Instructor: STEVENS.)

Evaluation of potential for rehabilitation services. Referral to treatment services. Integration of vocational rehabilitation services and treatment services. Special considerations in training the alcoholic, job placement, and follow-up.

16. LAW ENFORCEMENT AND ALCOHOL
PROBLEMS

(For Police Training Academy instructors, alcohol-high-way safety countermeasures personnel, and for those concerned with administration, records, and development of policies dealing with alcohol problems. Instructor: ZYLMAN.)

Discussion of alcohol-related police problems such as public drunkenness, domestic calls, neighborhood disturbances, and serious traffic violations and collisions. Interrelatedness of the problems. Legal, psychological, and sociocultural aspects. Review of research and action programs to combat alcohol and traffic problems, including law enforcement and driver education. Consideration of policy development in terms of legislative needs, law enforcement, training, public relations, program evaluation, and interagency cooperation on alcohol-related problems.

17. THE CLERGYMAN, THE COMMUNITY,
AND ALCOHOL PROBLEMS

(For clergymen in parish, seminary, and official positions. Instructor: HANCOCK.)

The clergyman's community leadership potential for action on a variety of alcohol problems. The range of ethical considerations with regard to the use and non-use of alcoholic beverages; the nature and variety of drinking norms in the community. Overcoming barriers to effective communication. Educating young people and adults about alcohol. Developing responsible attitudes and behavior. Utilizing the media. Helping to develop and coordinate community resources for rehabilitating alcoholics and their families. The overall emphasis will be on strategies for developing opinion, practices, and social policies, regarding alcohol and alcohol problems.

18. PROGRAM EVALUATION AND RESEARCH

(For directors, researchers, and agency staff charged with program planning and evaluating. Instructor: CLAY.)

Practical and useful ways of evaluating alcoholism education and recovery services. Ways of collecting and interpreting information about client or patient services, interaction with community resources, and operations within an organization. Ways of using evaluation and research for program improvement and reporting, and increased job satisfaction. Focus will be on the specific needs of class members.

19. SPECIAL PROJECTS

(For the limited number of students who have a specific program of independent study to pursue in lieu of the audit course. Instructors: JONES, CARPENTER.)

This course option is designed to meet the needs of the student who has a particular alcohol studies interest

which he can profitably pursue while at the School. It may be a reading program in a special area or a research project to develop. The particular program must be submitted and approved *in advance* of the Summer School.

QUALIFICATIONS FOR ADMISSIONS

Applicants will be expected to meet the following minimum criteria for admission: (1) *have professional qualifications* such as those of a physician, nurse, social worker, clergyman, educator, public health worker; or (2) *be employed in some alcohol problems area*. In the case of a "recovered alcoholic," (3) *a minimum of two years of continuous sobriety* prior to the opening of the School is required. In the case of a person not qualifying under either (1) or (2) above, special consideration will be given if he or she is highly recommended and has attended a one-week school or institute of alcohol studies in a previous calendar year.

CERTIFICATION AND ACADEMIC CREDIT

Each student attending the School and completing the program will receive a *Certificate of Attendance*.

Academic credit, graduate or undergraduate, can usually be arranged. Most universities will grant three semester hours of credit. Rutgers will do the same, but *only* for students who are pursuing a degree at Rutgers. Because enrollment in the SSAS does not constitute such an enrollment, Rutgers can neither grant credit nor issue transcripts for SSAS work. Instead, the credit must be granted by the college or university in which the student is enrolled, or will be enrolled.

The prospective student interested in academic credit is advised to write the SSAS for its special academic credit forms and to approach the department and university in which he is enrolled to obtain official approval of credit for the SSAS work. This approval is most easily arranged in advance of his coming to the School.

COSTS AND ACCOMODATIONS

The cost for the three-week program will be as follows:

Tuition and University Fees.....	\$196.25
Room	90.00
Meals	93.75
Total	380.00

Rooms: Students are housed in University dormitories with linen, towels, and maid service provided. Air-conditioned dormitory rooms are very limited in number and are available on a *double-occupancy* basis only. Single rooms may be had in non-airconditioned dormitories at the same rate. (No University housing for spouses or family members.)

Dining and Other Facilities: The lecture auditorium, classrooms, libraries, and main lounge are all air-conditioned; also the University Commons where meals will be served, Monday through Friday. Students will be responsible for meals on weekends. Suitable eating places are located nearby.

SCHOLARSHIPS

The Summer School has no scholarship funds of its own. It does administer the James S. Kemper Foundation Fellowships for "teachers of nursing in the United States and Canada" and the Christopher D. Smithers Foundation Fellowships for "attorneys and law students." These cover tuition, room, and meals, but not travel. Application is to be made to the Summer School before April 15, 1972. A. E. Bennett Foundation Fellowships for physicians are also available but are administered by the American Medical Society on Alcoholism, Suite 1720, Two Park Avenue, New York, N.Y. 10016.

Most students attend the School with scholarship assistance. The sources are varied. State and Provincial Alcoholism Programs are the primary sources. Support is often provided by the agency, hospital, department, or company of one's own employment. Some local affiliates of the National Council on Alcoholism provide assistance. Protestant clergymen are frequently sponsored by their denomination.

To obtain training funds for police officers, departmental contact should be made with one's state Highway Safety Program Coordinator for funds under the Highway Safety Act of 1966; or the state Law Enforcement Planning Agency for federal funds under Title 1 of the Omnibus Crime Control and Safe Streets Act of 1968.

Prospective students seeking scholarships are advised to explore possibilities with one or more of the above. If further information or counsel is required, they should write to the Summer School.

APPLICATION

The application deadline will be May 15. Early application is advised, for the enrollment will be limited to 400. Application is to be made on the official application form which may be obtained from:

Mrs. Marjorie L. Dreher, Secretary
 Summer School of Alcohol Studies
 Rutgers University
 New Brunswick, New Jersey 08903.

Telephone: (201) 932-2190

ADMINISTRATION

Executive Director: Milton A. Maxwell
University Coordinator: Jack Faron
Summer School Secretary: Mrs. Marjorie L. Dreher

FACULTY AND STAFF

- Daniel J. Anderson, Ph.D., Clinical Psychologist, Executive Vice-President, Hazelden Foundation, Center City, Minnesota
- Jane Armstrong, M.L.S., Librarian, Rutgers Center of Alcohol Studies
- Selden D. Bacon, Ph.D., Professor, Sociology; Director, Rutgers Center of Alcohol Studies
- R. Gordon Bell, M.D., President, The Donwood Institute, Toronto
- LeClair Bissell, M.D., Coordinator of Alcoholism Services, Roosevelt Hospital, New York; Instructor, Medicine, College of Physicians and Surgeons, Columbia University
- Terrence J. Boyle, M.S.S., J.D., Chief, Alcoholism Program, Ohio Department of Health, Columbus
- Genevieve Burton, M.P.H., Ed.D., Director of Research, Institute for Alcoholism and Narcotic Addiction, Pennsylvania Department of Health, Philadelphia
- John Anthony Carpenter, Ph.D., Professor, Psychology, Rutgers Center of Alcohol Studies
- Margaret L. Clay, Ph.D., Associate Research Psychologist and Assistant Director, Mental Health Research Institute, University of Michigan, Ann Arbor
- Miriam L. Cooper, M.S., R.N., A.C.S.W., School Adjustment Counselor, Falmouth School Department, Massachusetts
- Jay N. Cross, M.P.H., Research Specialist, Rutgers Center of Alcohol Studies and Lecturer in Community Medicine, Rutgers Medical School
- George C. Dimas, M.Ed., Executive Director, Alcohol and Drug Section, Mental Health Division, State of Oregon, Portland
- The Reverend George P. Dominick, B.D., Chief Clinical Chaplain, Georgian Clinic Division, Georgia Mental Health Institute, Atlanta
- Stanley E. Gitlow, M.D., Associate Clinical Professor, Medicine, New York Medical College and Mt. Sinai School of Medicine
- Donald H. Goff, General Secretary, The Correctional Association of New York, New York City
- Edith Lisansky Gomberg, Ph.D., Psychologist, Ann Arbor, Michigan
- Robert H. Gray, Director of Courses, Addictions Research Foundation, Toronto
- Leon A. Greenberg, Ph.D., Professor, Physiology; Executive Director, Laboratory Research, Rutgers Center of Alcohol Studies
- The Reverend David C. Hancock, B.D., President-Director, Lynnvillle, Inc., Jordan, Minnesota
- Ebbe C. Hoff, Ph.D., M.D., Medical Director, Bureau of Alcohol Studies and Rehabilitation, Virginia State Health Department; Professor of Psychiatry and Physiology, Medical College of Virginia, Richmond
- The Reverend Douglas E. Jackson, Ph.D., Professor, Sociology of Religion, Perkins School of Theology, Southern Methodist University, Dallas
- Rhoda B. Jackson, Research Associate and Business Manager of Publications, Rutgers Center of Alcohol Studies
- Betty James, R.N., M.N., Assistant Coordinator, Community Alcoholism and Drug Abuse Programs, Georgia Department of Public Health, Atlanta
- The Reverend Vernon E. Johnson, D.D., Director, The Johnson Institute, Minneapolis
- Robert W. Jones, M.A., Associate Director, Rutgers Center of Alcohol Studies
- Mark Keller, Editor, *The Quarterly Journal of Studies on Alcohol*; Research Specialist in Documentation, Rutgers Center of Alcohol Studies
- Herman E. Krimmel, M.S.W., A.C.S.W., Director, The Cleveland Center on Alcoholism, Cleveland
- Ronald L. Lester, M.A., M.P.H., Research Specialist, Rutgers Center of Alcohol Studies
- Milton A. Maxwell, Ph.D., Professor, Sociology, Rutgers Center of Alcohol Studies
- Joseph Mayer, Ph.D., Director, Washingtonian Center for Addictions, Boston; Director of Training, Drug Treatment Unit, Boston State Hospital
- Malcolm M. McDonnell, Ph.D., Associate Professor, Psychology, Rutgers Center of Alcohol Studies
- Lewis F. Presnall, B.D., Manager, Corporate Alcoholism Control Services, National Loss Control Service Corporation, Chicago
- Gladys M. Price, M.S.S.A., A.C.S.W., Assistant Director, Washingtonian Center for Addictions, Boston
- The Reverend Thomas B. Richards, B.D., D.D., Executive Director, The Men's Service Center and Halfway House; Counselor, School of Nursing, Genesee Hospital, Rochester; Lecturer, University of Rochester
- Ernest A. Shepherd, M.A., S.T.B., Commissioner, Connecticut Department of Mental Health, Hartford
- Robert L. Stevens, B.D., Director, Rehabilitation Services, Apple Valley Center for Rehabilitation, Ellijay, Georgia
- Maxwell N. Weisman, M.D., Director, Community Psychiatric Services and Director, Division of Alcoholism Control, Maryland Department of Health and Mental Hygiene, Baltimore
- Richard Zylman, Research Specialist, Rutgers Center of Alcohol Studies

ALUMNI INSTITUTE

The triennial "refresher course" for alumni of the Summer School of Alcohol Studies will be held at Rutgers University immediately after the Summer School, July 16-20, 1972. The total fee will be \$95.00.