



**1973 SUMMER  
SCHOOL OF  
ALCOHOL STUDIES**

**JUNE 24 - JULY 13**

**RUTGERS UNIVERSITY**

The State University of New Jersey  
**THE CENTER OF ALCOHOL STUDIES**  
in cooperation with  
**UNIVERSITY EXTENSION DIVISION**  
New Brunswick, New Jersey

## ABOUT THE SCHOOL

The 1973 Summer School of Alcohol Studies will be the thirty-first annual session of the School which was founded at Yale University in 1943 and was moved to Rutgers in 1962.

Over the years, 7,027 students have attended. They have come from each of the 50 states, the 10 Canadian provinces, and 33 other countries. They include men and women who played pioneer roles in the establishment of programs of treatment, education, and research. Today, the alumni are found in even larger numbers on the staffs of most government and voluntary agencies concerned with alcohol problems.

The student body continues to be characterized by a broad geographic distribution and a wide range of backgrounds, experience, and interests. This diversity makes the *informal interaction* among the members of each year's student body such a unique and valued experience.

The emphasis in the School's present curriculum is upon the *specialized courses*, led by highly competent and experienced instructors. But the School also features a strong *general lecture program* to support and supplement the course work. In addition, students have access to the outstanding resources of the *Center of Alcohol Studies Library*, located in Smithers Hall.

## COURSES

Students are expected to register for *two* courses. The *basic* course should be in the student's special area of interest and qualification. The second, or *audit*, course is to be selected from among the other courses being offered. The student's work in the basic course will be evaluated. The requirements for the course and method of evaluation will be determined by the instructor. In the audit course, the work will not be evaluated but in all other respects the student may participate fully in the class.

Each course will meet formally 80 minutes each morning. The schedule will allow most but not all combinations of courses. Students are also expected to attend the afternoon *general lectures* and to participate in the small *interdisciplinary discussion groups* following the lectures.

### 1. MEDICAL ASPECTS OF ALCOHOLISM

(For holders of medical degrees. Medical students by special arrangement. No auditing by non-physicians. Instructors: WEISMAN, BELL, BISSELL, BLUME, GITLOW, LEEVY, LIEBER, MORGAN, OTTENBERG, TALBOTT.)

Selected aspects of the etiology of alcoholism, its clinical course, typology, and complications; detoxication procedures; long-term rehabilitation and the comprehensive use of community resources; discussion and evaluation of current modalities of treatment; also selected aspects of basic and clinical research on alcoholism. Direct clinical experience with alcoholics cannot be offered, but the class will have the benefit of the varied clinical experience of the instructional staff. The unique interdisciplinary value of the total School experience should also be emphasized. (Program is acceptable for 66 elective hours by the American Academy of General Practice.)

### 2. SOCIAL IMPLICATIONS OF ALCOHOL USE IN AMERICAN SOCIETY

(For primary, secondary, and college teachers, and for education directors of social agencies. Instructor: GRAY.)

The school's responsibility for organizing instruction in a controversial subject, alcohol use, involving the health and social practice of both adolescents and adults. Basic content, grade placement, and integration in subject fields. The preparation and personal qualifications of teachers. Community factors are considered with a view to coordinating school and community efforts in adult education, curriculum development, and youth activities.

### 3. SOCIAL WORK WITH ALCOHOLICS AND THEIR FAMILIES

(For holders of M.S.W. degree only. Cosponsored by the Rutgers Extension Center in Social Welfare. Instructor: PRICE.)

Study of social work skills and attitudes as they relate to a variety of modalities in the treatment of alcoholics and their families.

#### 4. COUNSELING IN ALCOHOLISM

(For professionals and nonprofessionals who have some responsibility in counseling alcoholics. Instructors: ANDERSON, COOPER, JOHNSON, KRIMMEL.)

Basic theories of the development of personality and of behavior disorders. Fundamental principles and methods used in counseling and casework. Etiological factors in the development of alcoholism(s) and their implications for counseling. Family and community adjustments to the alcoholic. Understanding alcoholics and the requirements for effective counseling. Specialized counseling techniques. Referring to and working with Alcoholics Anonymous and the community's other resources.

#### 5. FUNCTION AND STRUCTURE OF ALCOHOLISM SERVICES

(For physicians, nurses, clinical psychologists, social workers, and other qualified treatment personnel. Instructor: DIMAS.)

The clinic team; role of different disciplines; philosophy and goals of treatment in outpatient and inpatient settings; treatment modalities; data recording; problems of evaluation of service; relation of the agency to other community services. Critical analysis and review of the literature.

#### 6. ORGANIZING AND DEVELOPING ALCOHOLISM PROGRAMS IN A PUBLIC HEALTH SETTING

(For public health educators and administrators. Instructor: CROSS.)

The nature of community alcoholism problems. The role of the official health agency. An examination of current experience in organizing and promoting alcoholism education, and in organizing and developing overall programs for alcoholism control. The place of alcoholism programs in planning for total community health.

#### 7. ORGANIZING AND ADMINISTERING COMMUNITY PROGRAMS

(For those interested in community organization processes. Instructor: BOYLE.)

Understanding the historical background and cultural setting of community responses as they relate to the development of community alcoholism service programs. Basic principles of community organization. The planning of specific projects and programs. Interagency relations.

#### 8. NURSING SERVICES TO ALCOHOLIC PATIENTS

(For nurses. Instructor: BURTON.)

The nature of alcoholism: its patterns, phases, and symptoms. The role of the nurse in the care of the alcoholic patient in the hospital and the clinic. Understanding and relating to the alcoholic. Treatment and rehabilitation of the alcoholic. Interpreting and using referral sources.

#### 9. ALCOHOLISM AND PUBLIC HEALTH NURSING

(For public health nurses only. Instructor: BURTON.)

Patterns of alcoholism. Early recognition. Alcoholism in conjunction with other public health problems. Understanding, relating to, and counseling the alcoholic and his family; self-understanding as a factor. The nature of various treatment resources. Motivation and effective referral. Working relations with other disciplines. The public health nurse's role as a community leader.

#### 10. PROGRAMS FOR THE HOMELESS ALCOHOLIC

(In two sections, meeting separately. Section A for persons responsible for rehabilitation in institutional settings: rehabilitation counselors, chaplains, Salvation Army officers, etc. Section B, for halfway house administrators and staff. Instructor: RICHARDS.)

Study of the traditional approaches to the homeless alcoholic as seen in various types of institutionalized programs. A closer look at our changing skid-row subculture: rapid social change, impact of urban development, etc. Changes in the homeless male stereotype and consequent impact upon community programs, public and private. Service Centers catering to the casual, spot-job worker which attempt to meet subsistence level needs. The transitional, aftercare facility. The function of the halfway house in the rehabilitation of the male alcoholic. Halfway house promotion, planning, and programming. Custodial care or rehabilitation?

#### 11. ALCOHOL AND CORRECTIONS

(For police, court, and correction officers. Instructor: GOFF.)

Analysis of the impact of deviant drinking behavior on formal agencies of social control. Examination of the kinds of drinkers, their acts, and the problems they pose for agencies of law enforcement and correction, and the variety of correctional responses. Special attention to the handling of the alcoholic on probation and parole and to counseling and rehabilitative services operating in correctional settings.

## 12. PASTORAL COUNSELING WITH ALCOHOLICS AND THEIR FAMILIES\*

(For clergymen. Instructor: J. KELLER.)

Discussion of the various attitudes, feelings, and concepts in regard to beverage alcohol, drinking, non-drinking, and alcoholism. Understanding and counseling alcoholics and their spouses. Analysis of case histories. Awareness and utilization of other resources such as Alcoholics Anonymous, family service agencies, medical doctors, psychologists, local and state treatment centers.

\* Because of overlap, simultaneous enrollment in Course No. 4, "Counseling in Alcoholism," is not recommended.

## 13. ALCOHOLISM ON THE JOB: PROBLEMS AND APPROACHES

(For persons involved in development and operation of, or community coordination with, in-plant alcoholism programs. Instructor: PRESNALL.)

Nature and scope of the problem. Review of studies. Problems of early identification and motivation related to corporate policy, labor-management relations, disciplinary practices, absenteeism records and control, line-staff coordination, and the role of supervisors. Program designs for problem solution. Referral and use of community resources. Firsthand contact with labor and company personnel experienced in the field.

## 14. GROUP DYNAMICS IN ALCOHOLISM PROGRAMMING

(For persons of any discipline facing such problems as community education, in-service training, interagency relations. Enrollment limited to 30. No auditing. Instructor: WEISMAN.)

Not a course in group therapy but an examination of typical work situations and problems faced by class members. Analysis of the psychological and social forces associated with groups. Principles of effective communication and leadership in groups. Role playing, group decisions, observations, and feedback of the group process. The course will utilize not only didactic material and selected readings but also the group dynamics of the class itself. Personal involvement will be required.

## 15. ALCOHOLICS AND VOCATIONAL REHABILITATION

(For Vocational Rehabilitation Counselors and other persons who provide vocational evaluation and rehabilitation services to alcoholics; particularly designed for those who carry a caseload and coordinate client services to alcoholics. Instructor: STEVENS.)

Examination of the traps into which the vocation-oriented counselor is often led by dependent, manipulative, alcoholic clients. The productive role of the counselor who has value to the client not primarily as one who can buy things for him (tools, training, surgery, etc.) but as one who relates to the alcoholic client as a receptive, responding, stable "authority" who can help the client discover his real rather than his fancied needs. Both group and individual counseling techniques and processes will be explored.

## 16. LAW ENFORCEMENT AND ALCOHOL PROBLEMS

(For Police Training Academy instructors, alcohol-highway safety countermeasures personnel, researchers in highway safety, and for those concerned with administration, records, and development of policies dealing with alcohol problems. Instructor: ZYLMAN.)

Discussion of alcohol-related police problems such as public drunkenness, domestic calls, neighborhood disturbances, and serious traffic violations and collisions. Interrelatedness of the problems. Legal, psychological, and sociocultural aspects. Review of research and action programs to combat alcohol and traffic problems, including law enforcement and driver education. Consideration of policy development in terms of legislative needs, law enforcement, training, public relations, program evaluation, and interagency cooperation on alcohol-related problems.

## 17. THE CLERGYMAN, THE COMMUNITY, AND ALCOHOL PROBLEMS

(For clergymen in parish, seminary, and official positions. Instructor: HANCOCK.)

The clergyman's community leadership potential for action on a variety of alcohol problems. The range of ethical considerations with regard to the use and non-use of alcoholic beverages; the nature and variety of drinking norms in the community. Overcoming barriers to effective communication. Educating young people and adults about alcohol. Developing responsible attitudes and behavior. Utilizing the media. Helping to develop and coordinate community resources for rehabilitating alcoholics and their families. The overall emphasis will be on strategies for developing opinion, practices, and social policies, regarding alcohol and alcohol problems.

## 18. PROGRAM EVALUATION AND RESEARCH

(In two sections, meeting separately. Section A, for program directors and agency staff charged with program planning, assumes no prior research knowledge. Section B, for those whose major job is evaluation or applications research, will be a practicum with "basic" members presenting research problems to the class. Instructor: CLAY.)

Practical and useful ways of evaluating alcoholism education and recovery services. Ways of collecting and interpreting information about client or patient services, interaction with community resources, and operations within an organization. Ways of using evaluation and research for program improvement and reporting, and increased job satisfaction. Focus will be on the specific needs of class members in the general as well as the advanced section.

### 19. SPECIAL PROJECTS

(For the limited number of students who have a specific program of independent study to pursue in lieu of the audit course. Instructors: MAXWELL, CARPENTER.)

This course option is designed to meet the needs of the student who has a particular alcohol studies interest which he can profitably pursue while at the School. It may be a reading program in a special area or a research project to develop. The particular program must be submitted and approved in advance of the Summer School.

### QUALIFICATIONS FOR ADMISSIONS

Enrollment will be limited to 440. Applicants will be expected to meet the following *minimum* criteria for admission: (1) *have professional qualifications* such as those of a physician, nurse, social worker, clergyman, educator, public health worker; or (2) *be employed in some alcohol problems area at the time of application*; (3) in the case of a "recovered alcoholic," *a minimum of two years of continuous sobriety* prior to the opening of the School is also required. When a person does not qualify under either (1) or (2) above, admission may become possible if he or she is highly recommended and has attended one of the many regional, state, or provincial schools of alcohol studies in a previous calendar year.

### CERTIFICATION AND ACADEMIC CREDIT

Each student attending the School and completing the program will receive a *Certificate of Attendance*.

*Academic credit*, graduate or undergraduate, can usually be arranged. Most universities have been granting three semester hours of credit. Rutgers University also approves this amount of credit, but the credit is granted *only to SSAS students who are pursuing a degree at Rutgers*. In the case of all other SSAS students, Rutgers neither grants credit nor issues transcripts for SSAS work. Instead, the credit must be granted by the college or university in which the student is enrolled — or will be enrolled.

The prospective student interested in academic credit is advised to obtain the special academic "Approval-Certification Forms" from the SSAS and to approach the department and university in which he is enrolled to obtain official approval of credit for the SSAS work. This approval is best arranged in advance of his coming to the School. After the School, the SSAS will issue certification of

attendance and grade to the college or university which has approved such credit.

### COSTS AND ACCOMMODATIONS

The cost for the three-week program will be as follows:

Tuition and University Fees .....	\$246.25
Room .....	90.00
Meals .....	93.75
Total .....	430.00

*Rooms:* Students are housed in University dormitories with linen, towels, and maid service provided. Only one of the four dormitories used by the SSAS is air-conditioned and rooms in it are available on a *double-occupancy* basis only. Single rooms in the non-air-conditioned dormitories may be had at the same rate. (No university housing for spouses or family members.)

*Dining and Other Facilities:* The lecture auditorium, classrooms, libraries, the main lounge and the Student Center are, however, air-conditioned; also the University Commons where meals will be served Monday through Friday. Weekend meals are not provided, but suitable eating places are located nearby.

### SCHOLARSHIPS

The Summer School has no scholarship funds of its own. It does administer the *James S. Kemper Foundation Fellowships* for "teachers of nursing in the United States and Canada" and the *Christopher D. Smithers Foundation Fellowships* for "attorneys and law students." These cover tuition, room, and meals, but not travel. Application is to be made to the Summer School before *April 16, 1973*. *A. E. Bennett Foundation Fellowships* for physicians are also available but are administered by the American Medical Society on Alcoholism, 150 E. 52nd St., New York, N.Y. 10022.

Most students attend the School with scholarship assistance. The sources are varied. State and Provincial Alcoholism Programs are the primary sources. Support is often provided by the agency, hospital, department, or company of one's own employment. Some local affiliates of the National Council on Alcoholism provide assistance. Protestant clergymen are sometimes sponsored by their denominations.

To obtain training funds for police officers, departmental contact should be made with one's state Highway Safety Program Coordinator for funds under the Highway Safety Act of 1966; or the state Law Enforcement Planning Agency for federal funds under Title I of the Omnibus Crime Control and Safe Streets Act of 1968.

*Prospective students seeking scholarships are advised to explore possibilities with one or more of the above.* If further information or counsel is required, they should write to the Summer School.

## APPLICATION

The application deadline will be April 16, 1973. Early application is advised. Application is to be made on the official application form which may be obtained from:

Mrs. Marjorie L. Dreher, Secretary  
Summer School of Alcohol Studies  
Rutgers University  
New Brunswick, New Jersey 08903.  
Telephone: (201) 932-2190

## ADMINISTRATION

Executive Director: Milton A. Maxwell  
Assistant Director: Ronald L. Lester  
University Coordinator: Jack Faron  
Summer School Secretary: Mrs. Marjorie L. Dreher

## FACULTY AND STAFF

Daniel J. Anderson, Ph.D., Clinical Psychologist, President-Director, Hazelden Foundation, Center City, Minnesota  
Jane Armstrong, M.L.S., Librarian, Rutgers Center of Alcohol Studies  
Selden D. Bacon, Ph.D., Professor, Sociology; Director, Rutgers Center of Alcohol Studies  
R. Gordon Bell, M.D., President, The Donwood Institute, Toronto  
LeClair Bissell, M.D., Chief, Smithers Alcoholism Treatment & Training Center, Roosevelt Hospital, New York; Associate in Medicine, College of Physicians and Surgeons, Columbia University  
Sheila B. Blume, M.D., Chief, Alcoholism Unit, Central Islip State Hospital, Central Islip, New York  
Terrence J. Boyle, M.S.S., J.D., Chief, Alcoholism Program, Ohio Department of Health, Columbus  
Genevieve Burton, M.P.H., Ed.D., Director of Research, Institute for Alcoholism and Narcotic Addiction, Pennsylvania Department of Health, Philadelphia  
John Anthony Carpenter, Ph.D., Professor, Psychology, Rutgers Center of Alcohol Studies  
Margaret L. Clay, Ph.D., Associate Research Psychologist, Mental Health Research Institute, University of Michigan, Ann Arbor  
Miriam L. Cooper, M.S., R.N., A.C.S.W., School Adjustment Counselor, Falmouth School Department, Massachusetts  
Jay N. Cross, M.P.H., Research Specialist, Rutgers Center of Alcohol Studies and Lecturer in Community Medicine, Rutgers Medical School  
Fred T. Davis, Jr., NCA/NIAAA Project Consultant, National Council on Alcoholism, New York City  
George C. Dimas, M.Ed., Executive Director, National Council on Alcoholism, New York City  
Stanley E. Gitlow, M.D., Associate Clinical Professor, Medicine, New York Medical College and Mt. Sinai School of Medicine  
Donald H. Goff, General Secretary, The Correctional Association of New York, New York City  
Edith Lisansky Gomberg, Ph.D., Research Psychologist, Veterans Administration Hospital, Ann Arbor, Michigan

Robert H. Gray, Consultant on Alcohol and Drug Problems, Toronto, Ontario  
Leon A. Greenberg, Ph.D., Professor, Physiology; Executive Director, Laboratory Research, Rutgers Center of Alcohol Studies  
The Reverend David C. Hancock, D.D., President-Director, Lynnville, Inc., Jordan, Minnesota  
The Reverend Douglas E. Jackson, Ph.D., Professor, Sociology, Southern Methodist University, Dallas  
Rhoda B. Jackson, Research Associate and Business Manager of Publications, Rutgers Center of Alcohol Studies  
The Reverend Vernon E. Johnson, D.D., Director, The Johnson Institute, Minneapolis  
The Reverend John E. Keller, Administrative Director and Chaplain Supervisor, Alcoholism Rehabilitation Center, Lutheran General Hospital, Park Ridge, Illinois  
Mark Keller, Editor, *The Quarterly Journal of Studies on Alcohol*; Research Specialist in Documentation, Rutgers Center of Alcohol Studies  
Herman E. Krimmel, M.S.W., A.C.S.W., Director of Special Projects, Alcoholism and Drug Programs Association of North America, Washington  
Carroll M. Leevy, M.D., Professor of Medicine, College of Medicine and Dentistry of New Jersey, Newark  
Ronald L. Lester, M.A., M.P.H., Research Specialist, Rutgers Center of Alcohol Studies  
Charles S. Lieber, M.D., Professor, Medicine, Mt. Sinai School of Medicine; Chief, Section of Liver Diseases and Nutrition, V.A. Hospital, Bronx, N.Y.  
Milton A. Maxwell, Ph.D., Professor, Sociology, Rutgers Center of Alcohol Studies  
Joseph Mayer, Ph.D., Director, Washingtonian Center for Addictions, Boston; Director of Training, Drug Treatment Unit, Boston State Hospital  
Robert Morgan, M.D., Medical Director, Manhattan Bowery Corp., New York City  
Donald J. Ottenberg, M.D., Medical Director, Eagleville Hospital and Rehabilitation Center, Eagleville, Pennsylvania  
Lewis F. Presnall, B.D., Manager, Corporate Alcoholism Control Services, National Loss Control Service Corporation, Chicago  
Gladys M. Price, M.S.S.A., A.C.S.W., Assistant Director, Washingtonian Center for Addictions, Boston  
The Reverend Thomas B. Richards, B.D., D.D., Executive Director, The Men's Service Center and Halfway House; Counselor, School of Nursing, Genesee Hospital, Rochester; Lecturer, University of Rochester  
Ernest A. Shepherd, M.A., S.T.B., Commissioner, Connecticut Department of Mental Health, Hartford  
Robert L. Stevens, B.D., Director, Rehabilitation Services, Apple Valley Center for Rehabilitation, Ellijay, Georgia  
G. Douglas Talbott, M.D., Director, Baltimore Public Inebriate Program; Associate Professor, Medicine, University of Maryland Medical School  
Maxwell N. Weisman, M.D., Director, Community Psychiatric Services and Director, Division of Alcoholism Control, Maryland Department of Health and Mental Hygiene, Baltimore  
Richard Zylman, Research Specialist, Rutgers Center of Alcohol Studies