

**RUTGERS**

*Education and Training Division • Center of Alcohol Studies*

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**School of Alcohol  
and Drug Studies**

**2011**

**July 17–22**

**NOTE:** Detailed information about the 2010 SADS is available on the Center of Alcohol Studies website ([alcoholstudies.rutgers.edu](http://alcoholstudies.rutgers.edu)).

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## ADMISSION

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The School offers specialized courses relating to alcohol and other drug issues; enrollment is open to professionals and laypersons with an interest in these areas.

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## APPLICATION DEADLINE AND DEPOSIT

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Applications will be accepted until **June 24, 2011** for those who require housing; the application deadline for commuters is July 1, 2011. A non-refundable deposit of \$125 which will be applied toward the tuition, must accompany the application form. The official SADS application form, found in the back of this catalog, must be completed and sent to:

Mary Remm, SADS Program Coordinator  
Center of Alcohol Studies  
Rutgers, The State University of New Jersey  
607 Allison Road  
Piscataway, New Jersey 08854-8001  
Telephone: (732) 445-4317 • FAX: (732) 445-3500 • E-mail: [mremm@rci.rutgers.edu](mailto:mremm@rci.rutgers.edu)

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## COSTS

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The cost breakdown for the one-week program is as follows:

Tuition	\$ 865.00
Housing/Meal Plan	\$ 525.00
Total	\$1,390.00

For students staying on campus, two housing options are available on a first come, first served basis: (1) an air-conditioned single occupancy room with private bath (Stonier Hall); and (2) an air-conditioned two-person apartment (i.e., private bedroom with shared bath in University Center). Linen, towels, and maid service are provided in both housing options. Each housing option includes a meal plan that begins with Sunday dinner and ends with Friday lunch. University housing is not available for unregistered individuals.

**Enrollment in one or two courses:** Arrangements can be made for students who wish to take only one or two courses and not participate in the full program (i.e., three courses, lectures, and mini courses). The enrollment deadline to register for one or two courses is July 1, 2011. The certificate received by an individual who is taking one course will be 1.2 CEUs (12 hours); an individual who completes two courses will receive a certificate for 2.4 CEUs (24 hours). The cost for one course is \$300.00 and for two courses is \$545.00. A four-hour per day course is considered a 24 hour two session course. (Housing accommodations are not available to students taking this option.)

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## SCHOLARSHIPS

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The School has no scholarship funds of its own. However, it does assist in the administration of the following scholarships: (1) full scholarships through the Alumni Association that cover tuition and the room/meal plan, but not travel; (2) full medical student fellowships through the Scaife Family Foundation that cover tuition, the room/meal plan, and a stipend to assist with travel; and (3) tuition support awards through the Robert N. and Jeanette Cooper Scholarship and the New Jersey Department of Human Services, Division of Addiction Services. Note: Tuition awards do not include the room/meal plan or travel. Applicants can apply for one of the scholarships listed above.

**NOTE:** Detailed information on the scholarships is available on the Center of Alcohol Studies website ([alcoholstudies.rutgers.edu](http://alcoholstudies.rutgers.edu)).

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## CERTIFICATE

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The School's participants may opt to receive one, two, or three certificates upon successful completion of the attendance requirements for each. Certificates can be applied toward alcoholism and substance abuse counselor certification/recertification in most states. Please note that sign-in is required for all three of the following certificates:

- School Certificate for 3.6 CEUs (equivalent to 36 hours); the three courses are conducted Monday – Friday for 2 hours each day.
- Mini-course Certificate for .6 CEUs (equivalent to 6 hours); mini courses are conducted Monday – Thursday from 3:45 to 5:15 P.M. and are included in the tuition.
- Sunday Lecture Series Certificate for .6 CEUs (equivalent to 6 hours) is included in the tuition; the lectures begin at 12:30 P.M. and conclude at 8:30 P.M. with short breaks and an hour for dinner.



The School of Alcohol and Drug Studies has been approved by the National Association of Alcoholism and Drug Abuse Counselors.

The Daily Time Schedule for SADS is available on the Center of Alcohol Studies website ([alcoholstudies.rutgers.edu](http://alcoholstudies.rutgers.edu)).

Course titles and their instructors by time period follows.

Full course descriptions are posted on [alcoholstudies.rutgers.edu](http://alcoholstudies.rutgers.edu)

**NB:** Participants need to register for all three time periods (i.e., 8:00 AM - 10:00 AM, 10:15 AM – 12:15 PM and 1:30 PM – 3:30 PM)

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**8:00 AM – 10:00 AM, 10:15 AM – 12:15 PM, and 1:30 PM – 3:30 PM**

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The following full courses (i.e., 6 hours per day) are taken during all three time sessions:

- #1 **Clinical Supervision: Skills for the Future**  
*Instructor: Alan Lyme, LCSW*
  - #2 **Criminal Justice**  
*Instructors: Ellen Egan, M.A., Richard Talty, M.A., Patricia Fowler, M.S.W., CJC, and William P. Hample, B.S., LCADC, CJC*
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**8:00 AM – 10:00 AM and 10:15 AM – 12:15 PM.**

The following courses (i.e., 4 hours per day) are taken during both time sessions:

- #3 **Assessment, Treatment Planning, Case Management and Discharge Planning for Consumers with Co-Occurring Disorders Using the Biopsychosocial-Spiritual Model**  
*Instructors: Karen Kahn, LCSW and Veronika Williams, M.A.*
  - #4 **Brief Interventions in Addiction Treatment: Using Cognitive-Behavioral, Solution-Focused, and Motivational Interviewing**  
*Instructor: Claudia Blackburn, Psy.D.*
  - #5 **Providing Quality Treatment and Enhancing Outcomes Through Client Driven Care Utilizing the ASAM PPC-2R and Other Advanced Assessment Procedures and Care Coordination Systems**  
*Instructor: Robert Lynn, Ed.D.*
  - #6 **Motivational Interviewing**  
*Instructor: Jane Nakken, Ed.D.*
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**10:15 AM – 12:15 PM and 1:30 PM – 3:30 PM**

The following courses (i.e., 4 hours per day) are taken during both time sessions:

- #25 **The Diagnosis and Treatment of Chemical Dependency Disorders**  
*Instructor: Mark C. Wallen, M.D.*
  - #26 **Where Do I Go From Here: A Search for Authenticity**  
*Instructor: Gregory McBride, M.Ed.*
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**8:00 AM – 10:00 AM**

The following courses (i.e., 2 hours per day) are offered:

- #7 **Neurobiological Aspects of Alcohol**  
*Instructor: Larissa Pohorecky, Ph.D.*
  - #8 **Substance Abuse Literacy: Pharmacology of The Biopsychosocial Disease Model**  
*Instructor: Edward J. Flynn, Ph.D.*
  - #9 **Crisis Intervention with Children, Adult Children and Spouses of Alcoholics**  
*Instructor: Melvin Sandler, M.S.W.*
  - #10 **Exploring Addiction Treatment and Personality Disorders**  
*Instructor: Diane Rullo, Ph.D.*
  - #11 **Acute and Post-Traumatic Stress Disorders: The Co-Morbid Relationship between Trauma and Addiction**  
*Instructor: Megan Sullivan, M.Ed.*
  - #12 **Ethics in Addiction Treatment Practice**  
*Instructor: Chuck Rice, J.D., LADC*
  - #13 **Cognitive-Affective-Behavioral Counseling Strategies for Relapse Prevention**  
*Instructor: Jack Schibik, Ph.D.*
  - #14 **Perspectives on Happiness: Positive Psychology in Addiction Focused Counseling**  
*Instructor: Nancy Violette, Ph.D.*
  - #15 **Rocket Into the Fourth Dimension: A Cognitive Behavioral Therapy (CBT) Approach**  
*Instructor: Calvin Chatlos, M.D.*
  - #16 **The Practice of Rational Emotive Therapy (RET) in Relapse Prevention**  
*Instructor: Edward McDonnell, M.S.*
  - #17 **Understanding the Issues Gay/Lesbian Clients Face**  
*Instructor: Joni Whelan, M.A.*
  - #18 **Campus Drug and Alcohol Abuse Strategies: Shared Responsibilities for Meaningful Approaches**  
*Instructor: David Anderson, Ph.D.*
  - #19 **Spirituality vs. Religion: An Obstacle to Recovery**  
*Instructor: Alvin Taylor, M.Div.*
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| #20 | Compulsive Gambling and Other Behavior Addictions<br><i>Instructor: Thomas Legere, Ph.D.</i>                                     |
| #21 | Living with Greater Intention to Achieve Outstanding Results<br><i>Instructor: John Kriger, M.S.M.</i>                           |
| #22 | Managing Stress in the Workplace: Why am I Going in Circles?<br><i>Instructor: Craig Nakken, M.S.W. and Kathryn Bedard, M.A.</i> |
| #23 | Advancing Community Education About the Prevention of ATOD Problems<br><i>Instructor: Thomas Griffin, Ph.D.</i>                  |
| #24 | Music Therapy in Drug and Alcohol Counseling<br><i>Instructor: Sara Wallace Lyme, SACIT</i>                                      |

**10:15 AM – 12:15 PM**

The following courses (i.e., 2 hours per day) are offered:

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|-----|---|
| #27 | Neurobiological Aspects of Alcohol<br><i>Instructor: Larissa Pohorecky, Ph.D.</i>   |
| #28 | Addiction Medicine for Counselors<br><i>Instructor: John Wolfe, M.D.</i>  |
| #29 | Screening, Intake, Orientation and Assessment of Alcohol- and Drug-Abusing Patients<br><i>Instructor: Edward McDonnell, M.S.</i>                        |
| #30 | Integrated Dual Diagnosis Treatment (IDDT) – The Drive for Integrity<br><i>Instructor: Calvin Chatlos, M.D.</i>   |
| #31 | Treatment Approaches with Children, Adult Children and Spouses of Alcoholics<br><i>Instructor: Melvin Sandler, M.S.W.</i>                               |
| #32 | Healing the Wounded Child: ATOD Prevention with Children of Substance Abusers<br><i>Instructor: Joni Whelan, M.A.</i>                                   |
| #33 | Healing Through Emotions: A Different Journey to Recovery<br><i>Instructor: Diane Rullo, Ph.D.</i>  |
| #34 | Intervention Techniques for Combat and Disaster Victims: Prevent Long-Term PTSD and Substance Use Disorders<br><i>Instructor: Megan Sullivan, M.Ed.</i> |
| #35 | Addiction and Spirituality<br><i>Instructor: Craig Nakken, M.S.W.</i>   |
| #36 | Working with the Unconscious in Relapse Prevention<br><i>Instructor: Thomas Legere, Ph.D.</i>   |
| #37 | Counseling for the Non-dependent Problem Drinker<br><i>Instructor: Jack Schibik, Ph.D.</i>  |
| #38 | Legal Aspects of Alcohol Counseling and Program Administration<br><i>Instructor: William Kane, J.D.</i>   |
| #39 | Traumatology: Dynamics and Recovery for Counselors<br><i>Instructor: Raymond Dreitlein, Ph.D.</i>   |
| #40 | Professional Ethics<br><i>Instructor: John Kriger, M.S.M.</i>   |
| #41 | What To Do About HIV/AIDS<br><i>Instructor: Paula Toynton, M.Ed.</i>  |
| #42 | Taking the Mystery Out of Mental Illness: Best Practices for Co-Occurring Disorders Treatment<br><i>Instructor: Kathryn Bedard, M.A.</i>                |
| #43 | Communicating for Results: Using the Media for Our Advantage<br><i>Instructor: David Anderson, Ph.D.</i>  |
| #44 | Prevention Program Evaluation<br><i>Instructor: Thomas Griffin, Ph.D.</i>   |

**1:30 PM – 3:30 PM**

The following courses (i.e., 2 hours per day) are offered:

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|-----|---|
| #45 | Addiction Medicine for Counselors<br><i>Instructor: John Wolfe, M.D.</i>        |
| #46 | Alcohol, Sedative and Hallucinogens<br><i>Instructor: Suchismita Ray, Ph.D.</i> |

#47	<b>The Addictive Process</b> <i>Instructor: Craig Nakken, M.S.W.</i>
#48	<b>From Abuse to Dependency: Understanding the Process</b> <i>Instructor: Thomas Legere, Ph.D.</i>
#49	<b>Blending Approaches: Using Acceptance and Commitment Therapy (ACT), Cognitive-Behavioral Therapy (CBT), and Psychodrama to Treat Substance Use Disorders</b> <i>Instructor: Claudia Blackburn, Psy.D.</i>
#50	<b>Group Counseling</b> <i>Instructor: Jack Schibik, Ph.D.</i>
#51	<b>Motivational Counseling and Addiction</b> <i>Instructor: Diane Rullo, Ph.D.</i>
#52	<b>Family Therapy for Addiction Counselors</b> <i>Instructor: Robert Lynn, Ed.D.</i>
#53	<b>The Art and Psychology of Humor in Addiction Recovery</b> <i>Instructor: Raymond Dreitlein, Ph.D.</i>
#54	<b>Compulsive Gambling as a Relapse Factor for Drugs and Alcohol</b> <i>Instructor: Terrance Elman, M.A. and Jeffrey Beck, J.D.</i>
#55	<b>Psychological and Client Education Lab</b> <i>Instructor: Paula Toynton, M.Ed.</i>
#56	<b>Introduction to the Program of Alcoholics Anonymous for the Non-Recovering Professionals in Alcohol and Drug Counseling</b> <i>Instructor: Edward McDonnell, M.S.</i>
#57	<b>Spirituality: African Americans in Recovery</b> <i>Instructor: Alvin Taylor, M.Div.</i>
#58	<b>The Secret to Stress Management: The Body-Mind-Spirit Connection</b> <i>Instructor: Kathryn Bedard, M.A.</i>
#59	<b>Ethics and Boundary Issues for Counselors</b> <i>Instructor: William Kane, J.D.</i>
#60	<b>Substance Use and Abuse by College Students: Campus-Based Approaches to Prevention and Treatment</b> <i>Instructor: Barbara Kachur, M.S.W.</i>
#61	<b>Evaluation and Accountability: Documenting What Difference Your Program Makes</b> <i>Instructor: David Anderson, Ph.D.</i>
#62	<b>Helping Clients to Develop and Maintain a Health and Alcohol/Drug Free Sexuality</b> <i>Instructor: Philip McCabe, CSW</i>
#63	<b>Sex, Technology and Addiction</b> <i>Instructors: John Kriger, M.S.M.</i>

**Please Note:**

Mini-courses for a total of six hours are offered from 3:45 pm – 5:15 pm on Monday through Thursday; only one mini-course can be taken by an individual. Participants can enroll in a mini-course when they arrive at SADS.

**Housing/Meal Plan Reservation Form**  
**(Deadline: June 24, 2011 for SADS)**

For students staying on campus, two housing options are available on a first come, first served basis: Option 1: an air-conditioned single occupancy room with private bath (Stonier Hall); Option 2: an air-conditioned two-person apartment (i.e., private bedroom with shared bath in University Center).

A request for the housing/meal plan must be accompanied by a non-refundable \$50.00 deposit. The housing deposit may be included with your tuition deposit of \$125.00. (Note: Housing must be reserved in advance; rooms will not be assigned during registration on Sunday.) If you are a student with a disability requiring special housing arrangements, please attach a doctor's note to this form.

The program is charged by the University for the numbers of students who sign up for the housing/meal plan through this reservation form. Notice of cancellation of the housing/meal plan must be received in writing three weeks prior to the program; otherwise, the student will be charged the full amount for the housing/meal plan.

Note: Special arrangements for housing on the Saturday prior to the program may be made; the additional cost is \$60.00. Pre-program housing arrangement must be made with the office by July 1, 2011 and these attendees will be housed in University Center.

Indicate your housing preference by checking off one of the following:

Male	<input type="checkbox"/>
Female	<input type="checkbox"/>

Name of Applicant \_\_\_\_\_

No, I do not want the housing/meal plan. (I will not reside on campus.)

Yes, I want the housing/meal plan; my preference is checked off below:

\_\_\_\_\_ Option 1. Single occupancy a/c room (Stonier Hall w/private bath).

\_\_\_\_\_ Option 2.\* Double occupancy a/c apartment (University Center – private bedroom w/shared bath).

\*Roommate Preferred \_\_\_\_\_ (If no name indicated, SADS will assign a roommate of same gender for you.)

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Deposit Note: A minimum non-refundable housing deposit of \$50.00 must be included with this housing reservation form; this deposit will be applied toward the total housing/meal plan cost.

I am enclosing my check/money order in the amount of \$ \_\_\_\_\_ (drawn on a U.S. bank).

I authorize you to charge my MasterCard/Visa in the amount of \$ \_\_\_\_\_ for the housing/meal plan.

A/C Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**SADS**  
Application Deadline:  
June 24, 2011

Education and Training Division  
Center of Alcohol Studies  
Rutgers, The State University of NJ  
607 Allison Road  
Piscataway, NJ 08854-8001  
Telephone: (732) 445-4317 • FAX: (732) 445-3500

**SADS**  
Application Deadline:  
June 24, 2011

**GENERAL APPLICATION FOR**  
School of Alcohol And Drug Studies, July 17-22, 2011

Last Name		First	Middle	
Home Address		Street	City	State Zip
Home Phone ( )		Business Phone ( )		FAX No. ( )
Certification (Alcohol/Substance Abuse Counselor): Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, which state:				E-mail:
Years of College	Highest Degree Awarded	College Attended		Dates
Name of Employer (Note: This address will be listed on roster)		Your Position		Work Hours
Business Address		Street	City	State Zip
Describe your Present Duties (continue on other side if needed):				
Previous attendance at a School, Institute or Conference on Alcohol/Drugs: Year(s) of attendance:				
Courses in which you wish to register (considerations of class size and scheduling conflicts make it important to list 3 choices for 8:00 A.M., 3 choices for 10:15 A.M. and 3 choices for 1:45 P.M., in order of preference).				
<b>SESSION 1</b> 8:00 A.M. - 10:00 A.M. CHOICES 1. # Title _____ 2. # Title _____ 3. # Title _____		<b>SESSION 2</b> 10:15 A.M. - 12:15 P.M. CHOICES 1. # Title _____ 2. # Title _____ 3. # Title _____		<b>SESSION 3</b> 1:30 P.M. - 3:30 P.M. CHOICES 1. # Title _____ 2. # Title _____ 3. # Title _____
<input type="checkbox"/> Enclosed is my check for the \$125.00 non-refundable deposit drawn on a U.S. bank and payable to Rutgers, The State University of N.J. Signature _____ Date _____				
<input type="checkbox"/> Please charge my MasterCard/Visa account for the \$125.00 non-refundable deposit: A/C No. _____ Expiration Date _____ Signature _____ Date _____				
<b>RESERVATION FOR HOUSING/MEAL PLAN.</b> On the back of this application, please fill in your name and check off whether or not you require the housing/meal plan. For applicants who want to sign up for the housing/meal plan, please read the information on the form and then check off the appropriate responses. This will be the only notification for housing/meal plan registration.				

(OVER)